

FOR VETERANS, ACTIVE MILITARY AND THEIR FAMILIES

# NC4VETS

## RESOURCE GUIDE

WWW.NC4VETS.COM 844.NC4.VETS NC4VETS @NC4VETS



POWERED BY:

**NCServes**

A PUBLIC, PRIVATE, AND NON-PROFIT PARTNERSHIP OF ORGANIZATIONS WORKING TOGETHER TO SERVE VETERANS, TRANSITIONING SERVICE-MEMBERS, AND THEIR FAMILIES

## DID YOU KNOW?

LAST YEAR, VETERANS CONTRIBUTED OVER

**\$8.2B**

TO NORTH CAROLINA'S ECONOMY

EMPLOYMENT

HEALTH CARE

VA BENEFITS

HOMELESS TO HOUSING

PERSONAL SERVICES

EDUCATION

WOMEN'S SERVICES

ACTIVE MILITARY

REV 0816

# 2015 North Carolina Veterans Annual Report

▶ available online at [www.milvets.nc.gov](http://www.milvets.nc.gov)

## NATION LEADING STATE & COUNTY VETERAN SERVICES

**70%** Growth in North Carolina Veteran Service Locations (since 2014)

**\$1 Billion** Increase in Compensation Awards to North Carolina Veterans (since 2013)

## BECOMING MORE VETERAN-FRIENDLY MEANS:

**#2** NATIONALLY  
in Most Improved  
Rate of Servicing  
Veterans

**#8** NATIONALLY  
in Veteran  
Population.  
(1st Time Ever)

**#4** NATIONALLY  
in Successful  
Claims Awards for  
NC Veterans

**#9** NATIONALLY  
in Overall  
Population

**2015 Focus:** Customer Service, Training,  
and Veterans Claims Processing

57% - Fully Developed Claims submitted to Winston-Salem Veterans Affairs Regional Office held NCDVA POA

Reduced claims processing times for veterans by as much as 50% from 2014

Established In-State Tuition for Veterans at all UNC Campuses and NC Junior Colleges.

produced by



[www.milvets.nc.gov](http://www.milvets.nc.gov)

**THIS RESOURCE GUIDE IS PRODUCED AND PUBLISHED** BY THE NORTH CAROLINA DEPARTMENT OF MILITARY & VETERANS AFFAIRS, IN CONJUNCTION WITH THE NC DEPARTMENT OF HEALTH AND HUMAN SERVICES AND THE NC DEPARTMENT OF COMMERCE, TO ASSIST AND EDUCATE VETERANS ABOUT STATE AND FEDERAL VETERAN BENEFITS. ALL OF THIS INFORMATION CAN BE FOUND ONLINE AT:  
**WWW.MILVETS.NC.GOV**  
**WWW.NC4VETS.COM**



**On behalf of the men and women of the North Carolina Department of Military and Veterans Affairs** (NCDMVA), and our partner Veteran Service Officers in 100 counties, I want to thank you for your service, and also for your interest in helping our veterans, military members, and their families. I also want to thank the agencies and staff whose hard work and unprecedented collaboration is making North Carolina more military and veteran friendly every day.

– **Secretary Cornell Wilson, Jr.**  
*Major General (R), USMC*  
*NC Dept. of Military & Veterans Affairs*

## General Disclaimer

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REVISED 0816



# FROM THE GOVERNOR

## THANK YOU FOR YOUR SERVICE

“My cousin Paul, a U.S. Marine, fought in Vietnam. As a youngster, I was sickened to see the way that he was treated when he came home. I swore, as many of you did too, that such treatment of our vets would never happen again. **Not on my watch.**”

North Carolina loves her veterans, her active military, and their families. As your Governor, I want to make sure that you have all of the tools that you need to succeed. I also want to make sure our state government is walking with you every step of the way.

I created a new cabinet level Department of Military & Veterans Affairs helmed by Marine General Cornell Wilson, with the express purpose of coordinating all the agencies across the state and federal government together with their non-profit and volunteer partners to better serve you.

Across the colleges and departments such as Commerce, Health, Transportation, Public Safety and Military & Veterans Affairs, my goal is a united team, a “one-stop-shop,” where all of a veteran’s questions, concerns and needs can be solved in one place. From jobs and education to health care and benefits, this Resource Guide is part of our NC4VETS initiative “to make North Carolina the most Military & Veteran Friendly State in America,” and it doesn’t stop here.

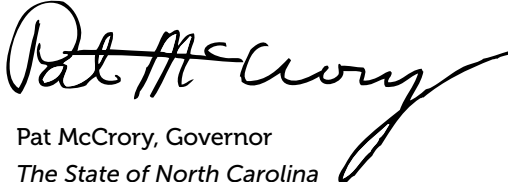
Call us at (844) NC4-VETS, or visit us online at NC4VETS.com for the latest updates, and share them with fellow Veterans on Facebook, Twitter, and Instagram, too.

We’ve worked hard to break down the barriers and make government work for you. You deserve it.

If you are a friend or family member, please share this guide with a veteran, guardsmen, or reservist you love. And if you are still on Active Duty, we’ve added a new section for you. So hold onto this guide, you may need it when you make this great state your home!

Join me in making sure that every veteran knows that when North Carolina says “Welcome Home” we mean it.

Welcome Home Heroes, and may God continue to bless America!

  
Pat McCrory, Governor  
The State of North Carolina

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## EMPLOYMENT

North Carolina offers a variety of employment services and benefits to veterans who are unemployed or seeking employment.

37



## VA BENEFITS

Veterans and their dependents may be eligible for various benefits administered by the VA.

53



## HEALTHCARE

NC4VETS serves as the hub for referrals to Federal VA, State and Local health care resources.

NC4VETS programs also include 4 State Veterans Homes across North Carolina to serve our veterans requiring long-term care.

81



## EDUCATION

As a veteran, there are education benefits available which you may use for a wide variety of approved education and training programs, including: apprenticeship and on-the-job training, college degree and certificate programs, flight training, and correspondence courses.

If there is a Service out there for our Veterans,  
we want to connect you to it, fulfilling our pledge of...

“Making North Carolina the **Most Veteran Friendly State** in America”

93

EXPANDED CONTENT



## HOMELESS TO HOUSING

Through partnerships with Federal, State and Local providers, NC4VETS is your one-stop-shop to ensure that all veterans and their families are aware of the many options available to fulfill all of their emergency or home ownership needs.

105

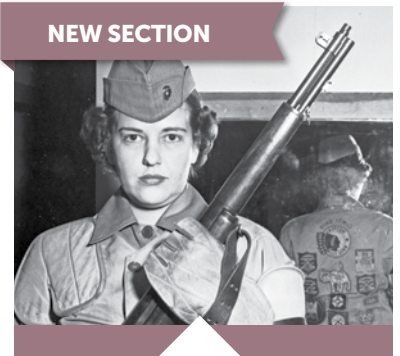


## PERSONAL SERVICES

We provide benefits counseling and referral services to veterans and their families in order to provide them with accurate information on the entire range of issues associated with veterans' benefits, entitlements, and State services.

115

NEW SECTION



## WOMEN'S SERVICES

Women veterans are a vital part of the North Carolina veteran community.

121

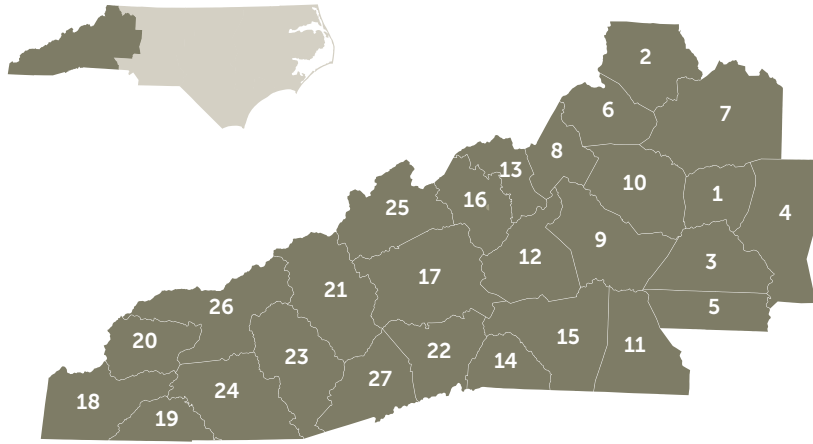
NEW SECTION



## ACTIVE MILITARY

North Carolina is home to the 4th largest military population in the United States.

**MOUNTAIN REGION**



- 1) ALEXANDER
- 2) ASHE
- 3) CATAWBA
- 4) IREDELL
- 5) LINCOLN
- 6) WATAUGA
- 7) WILKES
- 8) AVERY
- 9) BURKE
- 10) CALDWELL
- 11) CLEVELAND
- 12) MCDOWELL
- 13) MITCHELL
- 14) POLK
- 15) RUTHERFORD
- 16) YANCEY
- 17) BUNCOMBE
- 18) CHEROKEE
- 19) CLAY
- 20) GRAHAM
- 21) HAYWOOD
- 22) HENDERSON
- 23) JACKSON
- 24) MACON
- 25) MADISON
- 26) SWAIN
- 27) TRANSYLVANIA



**1/ ALEXANDER COUNTY**

604 7th St., SW.  
Taylorsville, NC 28681  
(828) 632-4631

**2/ ASHE COUNTY**

626 Ashe Central School Rd.  
Unit 5  
Jefferson, NC 28640  
(336) 982-5627

**3/ CATAWBA COUNTY**

3301 Hwy. 70 SE.  
Newton, NC 28658  
(828) 466-5535

**4/ IREDELL COUNTY**

133 Island Ford Road  
Statesville, NC 28625  
(704) 878-4241

**4/ IREDELL COUNTY**

532 Patterson Ave. Ste. 170  
 Mooresville, NC 28115  
(704) 360-8067

**5/ LINCOLN COUNTY**

529 North Aspen St.  
Lincolnton, NC 28092  
(704) 735-8035

**6/ WATAUGA COUNTY**

130 Poplar Grove Conn.  
Boone, NC 28607  
(828) 265-5385

**7/ WILKES COUNTY**

103 Call St. Ext  
Wilkesboro, NC 28697  
(336) 838-5164

**8/ AVERY COUNTY**

428 Pineola St.  
Newland, NC 28659  
(828) 737-5419

**9/ BURKE COUNTY**

720 East Union  
Morganton, NC 28655  
(828) 438-6161

**10/ CALDWELL COUNTY**

1909 Hickory Blvd.  
Lenoir, NC 28645  
(828) 759-4680

**11/ CLEVELAND COUNTY**

404 East Marion St.  
Shelby, NC 28150  
(704) 480-5414

**12/ MCDOWELL COUNTY**

316 Baldwin Ave.  
Marion, NC 28752  
(828) 652-7131

**13/ MITCHELL COUNTY**

200 Mayland Drive  
Spruce Pine, NC 28777  
(828) 766-1195

**15/ RUTHERFORD COUNTY**

233 Charlotte Rd.  
Rutherfordton, NC 28139  
(828) 286-3042

**16/ YANCEY COUNTY**

1040-L East US Hwy. 19E  
Suite 2  
Burnsville, NC 28714  
(828) 682-6618

**17/ BUNCOMBE COUNTY**

48 Grove St.  
Asheville, NC 28801  
(828) 251-6200

**18/ CHEROKEE COUNTY**

800 US Hwy. 64  
Murphy, NC 28906  
(828) 837-7407

**20/ GRAHAM COUNTY**

347 Rodney Orr Bypass  
Robbinsville, NC 28771  
(828) 479-3376

**21/ HAYWOOD COUNTY**

1170 North Main St.  
Waynesville, NC 28786  
(828) 456-6061

**22/ HENDERSON COUNTY**

180 West Campus Drive  
Flat Rock, NC 28043  
Job Links # (828) 694-1755

**23/ JACKSON COUNTY**

26 Ridgeway St.  
Suite 2  
Sylva, NC 28779  
(828) 586-4063

**24/ MACON COUNTY**

5 W. Main St.  
Courthouse Annex  
Franklin, NC 28734  
(828) 494-2521

**25/ MADISON COUNTY**

**AB TECH**  
4646 US Highway 25-70  
Marshall, NC 28753  
(828) 782-2632

**26/ SWAIN COUNTY**

50 Main St.  
Bryson City, NC 28713  
(828) 488-2149

**27/ TRANSYLVANIA**

45 Oak Park Drive  
Brevard, NC 28712  
(828) 883-2550



**1/ ALEXANDER COUNTY**

621 Liledoun Road  
Taylorsville, NC 28681  
(828) 632-5411

**1/ ALEXANDER COUNTY**

Bethlehem Office  
45 Rink Dam Road  
Hickory, NC 28601  
(828) 495-1050

**2/ ASHE COUNTY**

150 Government Circle  
Suite 2100  
Jefferson, NC 28640  
(336) 846-5575

**3/ HICKORY VSC**

1985 Tate Blvd. S.E.  
Suite 113  
Hickory, NC 28602  
(828) 322-6616



# BLACK MOUNTAIN STATE VETERANS HOME

LEARN MORE ON PAGE 78

**62 LAKE EDEN ROAD  
BLACK MOUNTAIN, NC  
28711  
828-257-6800**



**3/ CATAWBA COUNTY**

100-A SW Blvd.  
Newton, NC 28658  
(828) 465-8255

**4/ IREDELL COUNTY**

202 S. Center St.  
Statesville, NC 28677  
(M,T,TH,F)  
(704) 878-3135

**4/ IREDELL COUNTY**

610 E Center Ave.  
 Mooresville, NC 28115  
(704) 664-3869 (W only)  
Statesville office  
(704) 878-3136 (M,T,TH,F)

**5/ LINCOLN COUNTY**

206 Gamble Drive  
Suite A  
Lincolnton, NC 28092  
(704) 736-8506

**6/ WATAUGA COUNTY**

331 Queen St., Suite C.  
Boone, NC 28607  
(828) 265-8065

**7/ WILKES COUNTY**

108 North St.  
Wilkesboro, NC 28697  
(336) 651-7327

**8/ AVERY COUNTY**

175 Linville St.  
Newland, NC 28657  
(828) 733-8211

**9/ MORGANTON VSC**

301 East Meeting St.  
Suite 2  
Morganton, NC 28655  
(828) 430-7136

**9/ BURKE COUNTY**

501 North Green St.  
Morganton, NC 28655  
(828) 439-4376

**10/ CALDWELL COUNTY**

905 West Ave. NW  
Lenoir, NC 28645  
(828) 757-1345

**11/ CLEVELAND COUNTY**

County Admin. Bldg.  
311 E. Marion St.  
Shelby, NC 28150  
(704) 484-4803

**12/ MCDOWELL COUNTY**

100 Spaulding Road  
Marion, NC 28752  
(828) 659-0821

**13/ MITCHELL COUNTY**

130 Forest Service Dr.  
Suite C  
Bakersville, NC 28705  
(828) 688-2200

**14/ POLK COUNTY**

75 Carmel Lane  
Columbus, NC 28722  
(828) 894-0003

**15/ RUTHERFORD COUNTY**

303 Fairground Rd.  
Spindale, NC 28160  
(828) 287-6185

**16/ YANCEY COUNTY**

110 Town Square Drive  
Room 12  
Burnsville, NC 28714  
(828) 682-1514

**17/ ASHEVILLE VAMC VSC**

1100 Tunnel Rd.  
Asheville, NC 28805  
(828) 298-7911 Ext 5331

**17/ BUNCOMBE COUNTY**

199 College St.  
Asheville, NC 28802  
(828) 250-5726

**17/ CANTON VSC**

120 Main St.  
Canton, NC 28716  
(828) 646-6937

**18/ CHEROKEE COUNTY**

75 Peachtree St.  
Murphy, NC 28906  
(828) 835-8663

**19/ CLAY COUNTY**

54 Church St.  
Hayesville, NC 28904  
(828) 389-3355

**20/ GRAHAM COUNTY**

12 North Main St.  
Robbinsville, NC 28771  
(828) 479-6208

**21/ HAYWOOD COUNTY**

215 N. Main St.  
Waynesville, NC 28786  
(828) 452-6634

**22/ HENDERSON COUNTY**

1200 Spartanburg Hwy.  
Suite 200  
Hendersonville, NC 28792  
(828) 697-4817

**23/ JACKSON COUNTY**

100 County Services Park  
Sylva, NC 28779  
(828) 631-2231

**24/ MACON COUNTY**

104 E. Main St.  
Suite 5  
Franklin, NC 28734  
(828) 349-2151

**25/ MADISON COUNTY**

4646 US Hwy 25-70  
Marshall, NC 28753  
(828) 782-2634

**26/ SWAIN COUNTY**

101 Mitchell St.  
Bryson City, NC 28713  
(828) 488-9273 Ext. 2205

**27/ TRANSYLVANIA COUNTY**

98 E. Morgan St.  
Room 237  
Brevard, NC 28712  
(828) 884-3276  
Fax: (828) 966-5052



## MEDICAL FACILITIES

**10/ HICKORY CBOC**

2440 Century Place SE,  
Hickory, NC 28602  
(828) 431-5600

**15/ RUTHERFORD CBOC**

374 Charlotte Road  
Rutherfordton, NC 28139  
(828) 288-2780

**17/ ASHEVILLE VAMC**

1100 Tunnel Road  
Asheville, NC 28805  
(828) 298-7911

**24/ FRANKLIN CBOC**

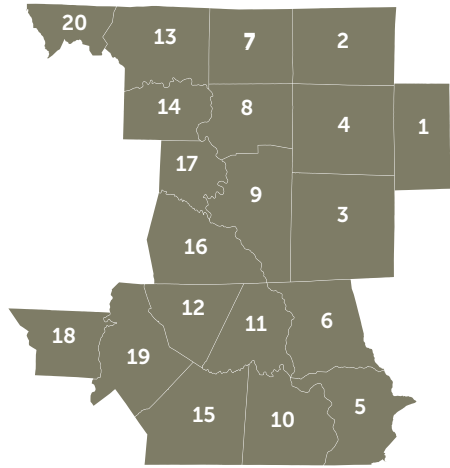
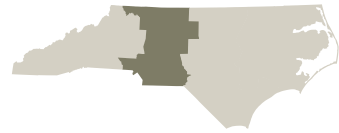
647 Wayah St.  
Franklin, NC 28734  
(828) 369-1781



## CEMETERIES

**23/ WESTERN CAROLINA STATE VETERANS CEMETERY**

962 Old US Hwy. 70  
Black Mountain, NC 28711  
(828) 669-0684



**PIEDMONT REGION**

- 1) ALAMANCE
- 2) ROCKINGHAM
- 3) RANDOLPH
- 4) GUILFORD
- 5) RICHMOND
- 6) MONTGOMERY
- 7) STOKES
- 8) FORSYTH
- 9) DAVIDSON
- 10) ANSON
- 11) STANLY
- 12) CABARRUS
- 13) SURRY
- 14) YADKIN
- 15) UNION
- 16) ROWAN
- 17) DAVIE
- 18) GASTON
- 19) MECKLENBURG
- 20) ALLEGHANY



- 1/ ALAMANCE COUNTY**  
2640 S. Columbine Lane  
Burlington, NC 27215  
(336) 570-6800
- 2/ ROCKINGHAM COUNTY**  
8340 NC Hwy. 87  
Reidsville, NC 27320  
(336) 634-5600 ext. 211  
(336) 427-3100
- 3/ RANDOLPH COUNTY**  
600 South Fayetteville St.  
Asheboro, NC 27203  
(336) 625-5128
- 4/ GUILFORD COUNTY**  
2301 W. Meadowview Rd.  
Greensboro, NC 27406  
(336) 297-9444
- 4/ GUILFORD COUNTY**  
607 Idol St.  
High Point, NC 27261  
(336) 882-4141
- 5/ RICHMOND COUNTY**  
115 W. Franklin St.  
Rockingham, NC 28379  
(910) 997-9180
- 6/ MONTGOMERY COUNTY**  
1011 Page St.  
Troy, NC 27371  
(910) 572-3641
- 8/ FORSYTH COUNTY**  
450 West Hanes Mill Rd.  
Suite 101  
Winston Salem, NC 27105  
(336) 776-6720

- 8/ FORSYTH COUNTY**  
NW 2701 University Pkwy.  
Winston Salem, NC 27105  
(336) 724-3625
- 9/ DAVIDSON COUNTY**  
555A W. Center St. ext.  
Lexington, NC 27292  
(336) 242-2065
- 10/ ANSON COUNTY**  
514 N. Washington St.  
Wadesboro, NC 28170  
(704) 694-6551  
Fax: (704) 694-9070
- 11/ STANLY COUNTY**  
2215 US Hwy. 52 N.  
Albemarle, NC 28001  
(704) 982-2183
- 12/ CABARRUS COUNTY**  
845 N. Church St., Ste. 201  
Concord, NC 28025  
(704) 786-3183
- 13/ SURRY COUNTY**  
541 West Pine St., Ste. 300  
Mt. Airy, NC 27030  
(336) 786-4169
- 14/ YADKIN COUNTY**  
223 E. Main St.  
Yadkinville, NC 27055  
(336) 312-9660
- 15/ UNION COUNTY**  
1125 Skyway Drive  
Monroe, NC 28110  
(704) 283-7541
- 16/ ROWAN COUNTY**  
1904 South Main  
St. Salisbury, NC 28114  
(704) 639-7529

- 16/ ROWAN COUNTY**  
1300 W. Bank St.  
Salisbury, NC 28145  
(704) 633-6633
- 18/ GASTON COUNTY**  
7220 Wilkinson Blvd.  
Room 212  
Belmont, NC 28012  
(704) 266-5005
- 18/ GASTON COUNTY**  
1391 Bessemer City Rd.  
Gastonia, NC 28052  
(704) 853-5328
- 19/ MECKLENBURG COUNTY**  
5601 Executive Center Dr.  
Charlotte, NC 28212  
(704) 336-2102
- 19/ MECKLENBURG COUNTY**  
1401 West Morehead St.  
Charlotte, NC 28208  
(704) 206-1350
- 19/ MECKLENBURG COUNTY**  
7140 Forest Point Blvd.  
Suite A  
Charlotte, NC 28217  
(704) 565-6865
- 19/ MECKLENBURG COUNTY**  
5601 Executive Center Dr.  
Charlotte, NC 28212  
(704) 566-2870
- 20/ ALLEGHANY COUNTY**  
115 D Atwood St.  
Sparta, NC 28675  
(336) 372-9675



- 1/ ALAMANCE COUNTY**  
201 W. Elm St.  
Graham, NC 27253  
(336) 570-6763
- 2/ ROCKINGHAM COUNTY**  
DSS Family Planning Bldg.  
425 NC 65  
Reidsville, NC 27320  
(336) 342-8449
- 3/ RANDOLPH COUNTY**  
158 Worth St.  
Asheboro, NC 27203  
(336) 318-6909
- 4/ GUILFORD COUNTY**  
201 W. Market St.  
Suite 108  
Greensboro, NC 27401  
(336) 641-2957/2958
- 4/ GUILFORD COUNTY**  
325 E. Russell Ave.  
Room 145  
High Point, NC 27260  
(336) 641-7929
- 5/ RICHMOND COUNTY**  
125 S. Hancock St.  
Rockingham, NC 28379  
(910) 997-8232
- 6/ MONTGOMERY COUNTY**  
203-A West Main St.  
Troy, NC 27371  
(910) 576-4711



**VETERANS CRISIS LINE**  
**800.273.8255**



**INTERACTIVE WEB VERSION**

An interactive version of this resource map is available at:  
[www.nc4vets.com/guide](http://www.nc4vets.com/guide)

**SALISBURY STATE VETERANS HOME**

**1601 BRENNER AVE.  
BUILDING #10  
SALISBURY, NC 28145  
704-638-4200 EXT. 2304**

LEARN MORE ABOUT THE SALISBURY STATE HOME FOR VETERANS ON **PAGE 77**



**7/ STOKES COUNTY**

Stokes County Gov't. Center  
Bldg. 1012, Room 156  
Danbury, NC 27016  
(336) 593-2468

**8/ STATE SERVICE CENTER**

111 Federal Building  
251 N. Main St.  
Winston-Salem, NC 27511  
(336) 725-8781

**8/ CLEMMONS VSC**

2511 Neudorf Rd.  
Suite 1.  
Clemmons, NC 27012  
(336) 766-1496

**9/ DAVIDSON COUNTY**

913 Greensboro St.  
Suite 101  
Lexington, NC 27292  
(336) 242-2037

**10/ ANSON COUNTY**

111 North Greene St.  
Wadesboro, NC 28170  
(704) 694-4418

**11/ STANLY COUNTY**

1000 N. First St.  
Suite 6  
Albemarle, NC 28001  
(704) 986-3694

**12/ CABARRUS COUNTY**

65 Church St., SE  
Concord, NC 28025  
(704) 920-2869

**13/ SURRY COUNTY**

1218 State St.  
Suite 700  
Mt. Airy, NC 27030  
(336) 783-8820

**14/ YADKIN COUNTY**

101 State St.  
Courthouse, Room 103  
Yadkinville, NC 27055  
(336) 679-8209

**15/ UNION COUNTY**

County Building  
407 N. Main St.  
Monroe, NC 28112  
(704) 283-3807

**16/ ROWAN COUNTY**

1935 Jake Alexander Blvd.  
Salisbury, NC 28147  
(704) 216-8130/8139

**16/ SALISBURY VAMC VSC**

1601 Brenner Ave.  
Salisbury, NC 28144  
(704) 638-9000 Ext 6472

**17/ DAVIE COUNTY**

277 Meroney St.  
Mocksville, NC 27028  
(336) 753-6225

**18/ GASTON COUNTY**

965 Roberts Dr.  
Gastonia, NC 28054  
(704) 866-3606

**19/ CHARLOTTE VSC**

5500 Executive Center Dr.  
Suite 132  
Charlotte, NC 28212  
(704) 563-2037

**19/ MECKLENBURG COUNTY**

700 N. Tryon St.  
Charlotte, NC 28202  
(704) 336-2102

**20/ ALLEGHANY COUNTY**

90 S. Main St.  
Sparta, NC 28675  
(336) 372-4850



**MEDICAL FACILITIES**

**19/ CHARLOTTE HCC**

3506 W. Tyvola Rd.  
Charlotte, NC 28208  
(704) 329-1300

**5/ HAMLET CBOC**

100 Jefferson St.  
Hamlet, NC 28345  
(910) 582-3536

**8/ WINSTON-SALEM CBOC**

190 Kimel Park Drive  
Winston-Salem, NC 27103  
(336) 515-5000

**16/ SALISBURY VAMC**

1601 Brenner Ave.  
Salisbury, NC 28144  
(704) 638-9000  
(800) 469-8262

**19/ CHARLOTTE CBOC**

8601 University East Dr.  
Charlotte, NC 28213  
(704) 597-3500

**9/ KERNERSVILLE HCC**

1695 Kernersville Medical Pkwy  
Kernersville, NC 27284  
(336) 515-5000



**CEMETERIES**

**16/ SALISBURY NATIONAL CEMETERY**

501 Statesville Blvd.  
Salisbury, NC 28144  
(704) 636-2661



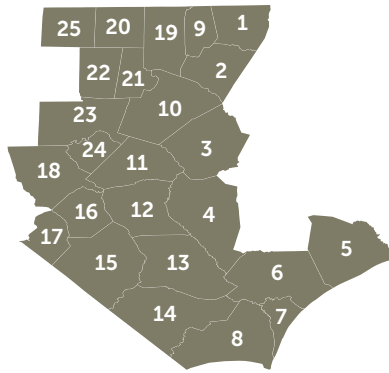
**VET CENTERS**

**9/ GREENSBORO VET CENTER**

3515 W. Market St.  
Suite 120  
Greensboro, NC 27406  
(336) 323-2660

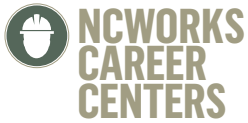
**19/ CHARLOTTE VET CENTER**

2114 Ben Craig Dr.  
Suite 300  
Charlotte, NC 28262  
(704) 549-8025



**CENTRAL REGION**

- 1) WARREN
- 2) FRANKLIN
- 3) JOHNSTON
- 4) SAMPSON
- 5) ONSLOW
- 6) PENDER
- 7) NEW HANOVER
- 8) BRUNSWICK
- 9) VANCE
- 10) WAKE
- 11) HARNETT
- 12) CUMBERLAND
- 13) BLADEN
- 14) COLUMBUS
- 15) ROBESON
- 16) HOKE
- 17) SCOTLAND
- 18) MOORE
- 19) GRANVILLE
- 20) PERSON
- 21) DURHAM
- 22) ORANGE
- 23) CHATHAM
- 24) LEE
- 25) CASWELL



- 1/ WARREN COUNTY**  
309 North Main St.  
Room 123  
Warrenton, NC 27589  
(252) 257-3230
- 2/ FRANKLIN COUNTY**  
6 North Main St.  
Franklinton, NC 27525  
(919) 494-1162
- 3/ JOHNSTON COUNTY**  
8998 US 70-Biz Hwy Ste. 100  
Clayton, NC 27520  
(919) 553-0953
- 4/ SAMPSON COUNTY**  
115 North Blvd.  
Clinton, NC 28328  
(919) 592-5756
- 5/ ONSLOW COUNTY**  
461 Western Blvd.  
Suite 106  
Jacksonville, NC 28540  
(910) 347-2121
- 6/ PENDER COUNTY**  
904-A South Walker St.  
Burgaw, NC 28425  
(910) 259-0240
- 7/ NEW HANOVER COUNTY**  
717 Market St.  
Wilmington, NC 28401  
(910) 251-5777
- 8/ BRUNSWICK COUNTY**  
5300-7 Main St.  
Shallote, NC 28470  
(910) 754-6120
- 9/ VANCE COUNTY**  
857 S. Beckford Dr. Ste. G.  
Henderson, NC 27536  
(252) 438-6129

- 10/ WAKE COUNTY**  
742 East Chatam St.  
Cary, NC 27511  
(919) 469-1406
- 10/ WAKE COUNTY**  
220 Swinburne St.  
Raleigh, NC 27610  
(919) 250-3770
- 10/ WAKE COUNTY**  
1830 B. Tillery Place  
Raleigh, NC 27604  
(919) 715-0111
- 10/ WAKE COUNTY**  
350 East Holding Ave.  
Wake Forest, NC 27587  
(919) 562-6300
- 10/ WAKE COUNTY**  
1002 Dogwood Dr.  
Zebulon, NC 27597  
(919) 404-3900
- 10/ WAKE COUNTY**  
130 North Judd Pkwy., NE  
Fuquay-Varina, NC 27526  
(919) 557-1121
- 11/ HARNETT COUNTY**  
101 Hunt Valley Dr.  
Dunn, NC 28334  
(910) 891-2915
- 11/ HARNETT COUNTY**  
1137 E Cornelius Harnett Blvd.  
Lillington, NC 27546  
(910) 814-4042
- 12/ CUMBERLAND COUNTY**  
414 Ray Ave.  
Fayetteville, NC 28301  
(910) 486-1010
- 12/ CUMBERLAND COUNTY**  
2843 Normandy Dr.  
Bldg. 3-4, Rm. BB33  
Fort Bragg, NC  
(910) 908-3482

- 13/ BLADEN COUNTY**  
401 Mercer Mill Rd.  
Elizabethtown, NC 28337  
(910) 862-3255
- 14/ COLUMBUS COUNTY**  
4564 Chadbourrn Hwy.  
Whiteville, NC 28472  
(910) 642-7141
- 15/ ROBESON COUNTY**  
289 Corporate Dr.  
Lumberton, NC 28358  
(910) 618-5500
- 16/ HOKE COUNTY**  
304 Birch St.  
Raeford, NC 28376  
(910) 875-5059
- 17/ SCOTLAND COUNTY**  
303 North Main St.  
Laurinburg, NC 28352  
(910) 276-4260
- 18/ MOORE COUNTY**  
245 Shepherd Trail  
Aberdeen, NC 28315  
(910) 944-7697
- 19/ GRANVILLE COUNTY**  
111 Hilltop Village  
Oxford, NC 27565  
(919) 693-2686
- 20/ PERSON COUNTY**  
303 S. Morgan St.  
Roxsboro, NC 27573  
(336) 599-3109
- 21/ DURHAM**  
1058 W. Club Blvd. Ste. 848  
Durham, NC 27701  
(919) 354-2748
- 21/ DURHAM COUNTY**  
1105 South Briggs Ave.  
Durham, NC 27703  
(919) 560-6880

- 22/ ORANGE COUNTY**  
503 West Franklin St.  
Chapel Hill, NC 27516  
(919) 968-2031
- 23/ CHATHAM COUNTY**  
225 East Beaver St.  
Siler City, NC 27344  
(919) 742-7454
- 23/ CHATHAM COUNTY**  
764 West St.  
Pittsboro, NC 27312  
(919) 545-8054
- 24/ LEE COUNTY**  
1909 Lee Ave.  
Sanford, NC 27330  
(919) 775-2241
- 25/ CASWELL COUNTY**  
331 Piedmont Dr.  
Yanceyville, NC 27379  
(336) 694-5975



- 1/ WARREN COUNTY**  
109 S. Main St.  
Warrenton, NC 27589  
(252) 257-3385
- 2/ FRANKLIN COUNTY**  
113 South Main St. Ste. 103  
Louisburg, NC 27549  
(919) 496-1939
- 3/ JOHNSTON COUNTY**  
Land Use Center  
309 E. Market St.  
Smithfield, NC 27577  
(919) 989-5067



**4/ SAMPSON COUNTY**

335 County Complex Rd,  
Bldg D, Clinton, NC  
28328  
(919) 592-2862

**5/ ONSLOW COUNTY**

234 NW Corridor Blvd.  
Jacksonville, NC 28540.  
(910) 347-3309

**6/ PENDER COUNTY**

15060 US Hwy. 17 N  
Suite 107  
Hampstead, NC 28443  
(910) 270-5005

**6/ PENDER COUNTY**

805 S. Walker St.  
Burgaw, NC 28425  
(910) 259-1203

**7/ WILMINGTON VSC**

3205 Randall Prkwy.  
Suite 102  
Wilmington, NC 28403  
(910) 251-5704

**7/ NEW HANOVER COUNTY**

230 Government Center Dr.  
Suite 36  
Wilmington, NC 28403  
(910) 798-7611

**7/ WILMINGTON HCC + VSC**

1705 Gardner Dr.  
Wilmington, NC 28405  
(910) 251-5704

**8/ BRUNSWICK COUNTY**

#10 Referendum Dr. NE  
Building F.  
Bolivia, NC 28422  
(910) 253-2233

**9/ VANCE COUNTY**

300 South Garnett St.  
Rm. 115  
Henderson, NC 27536  
(252) 438-4619

**10/ GARNER VSC**

315 Bellaris St.  
Garner, NC 27529  
(984) 232-7060

**11/ HARNETT COUNTY**

817 S. 8th St,  
Lillington, NC 27546  
(910) 893-7574

**12/ FAYETTEVILLE VSC**

255 Green St., Ste. 903  
Fayetteville, NC 28306  
(910) 778-5888

**12/ CUMBERLAND COUNTY**

301 E. Russell St.  
Fayetteville, NC 28301  
(910) 677-2970

**12/ FT. BRAGG SSC**

2843 Normandy Dr.  
Bldg. 3-4-2843, Rm. BB33  
(910) 908-3482

**13/ BLADEN COUNTY**

301 S. Cypress St.  
Elizabethtown, NC 28337  
(910) 862-6781

**14/ COLUMBUS COUNTY**

805 Pinckney St.  
Whiteville, NC 28472  
(910) 640-6638

**15/ ROBESON COUNTY**

113 W. Eighth St.  
Lumberton, NC 28358  
(910) 671-3070

**16/ HOKE COUNTY**

129 West Elwood Ave.  
Raeford, NC 28376  
(910) 875-2147

**17/ SCOTLAND COUNTY**

507 W. Covington St.  
Laurinburg, NC 28352  
(910) 277-2597

**18/ MOORE COUNTY**

707 Pinehurst Ave.  
Carthage, NC 28327  
(910) 947-3257

**19/ GRANVILLE COUNTY**

107 Lenier St.  
Oxford, NC 27565  
(919) 693-1484

**20/ PERSON COUNTY**

325 South Morgan St.  
Roxboro, NC 27573  
(336) 597-7891

**21/ DURHAM COUNTY**

414 East Main St.  
Durham, NC 27701  
(919) 560-8387

**21/DURHAM VAMC VSC**

508 Fulton St.  
1st Floor Room B1004(D)  
(919) 286-0411 ext. 6604

**22/ ORANGE COUNTY**

113 Mayo St.  
Hillsborough, NC 27278  
(919) 245-2890

**23/ CHATHAM COUNTY**

65 E. Chatham St..  
Pittsboro, NC 27312  
(919) 542-8202  
Veterans service officer available  
1st Thursday of Each Month

**23/ CHATHAM COUNTY**

1105 E. Cardinal St.  
Siler City, NC 27312  
(919) 642-6994

Vets Service Officer: 2nd  
Thursday of month

**24/ LEE COUNTY**

1615 South Third St.  
Sanford, NC 27330  
(919) 776-0501 ext. 2209

**25/ CASWELL COUNTY**

Social Services Bldg.  
Yanceyville, NC 27379  
(336) 694-4141  
Vets Service Officer: 1st Tuesday  
& 4th Wednesday of Month



**MEDICAL FACILITIES**

**5/ JACKSONVILLECBOC**

4006 Henderson Dr.  
Jacksonville, NC 28546  
(910) 353-6406

**5/ JACKSONVILLE II CBOC**

306 Brynn Marr Rd.  
Jacksonville, NC 28546  
(910) 343-5301

**7/ WILMINGTON HCC**

1705 Gardner Rd.  
Wilmington, NC 28405  
(910) 343-5300

**8/ BRUNSWICK CBOC**

20 Medical Campus Dr.  
Supply, NC 28462  
(910) 754-6141

**10/ RALEIGH I CBOC**

3305 Sungate Blvd.  
Raleigh, NC 27610  
(919) 212-0129

**10/ RALEIGH II CBOC**

3040 Hammond Business Pl.  
Suite 105  
Raleigh, NC 27603  
(919) 899-6259  
(919) 361-6419

**12/ FAYETTEVILLE VAMC**

2300 Ramsey St.  
Fayetteville, NC 28301  
(910) 488-2120

**12/ FAYETTEVILLE HCC**

7300 S. Raeford Road  
Fayetteville, NC 28304  
(910) 475-6273

**15/ ROBESON CO. CBOC**

139 Three Hunts Dr.  
Pembroke, NC 28372  
(910) 272-3220

**21/ DURHAM VAMC**

508 Fulton St.  
Durham, NC 27705  
(888) 878-6890

**21/ HILLANDALE I**

1824 Hillandale Rd.  
Durham, NC 27705  
(919) 383-6107

**21/ HILLANDALE II**

1830 Hillandale Rd.  
Durham, NC 27705  
(919) 642-6994



**CEMETERIES\***

**5/ COASTAL CAROLINA STATE VETERANS CEMETERY**

110 Monford Point Rd.  
Jacksonville, NC 28541  
(910) 347-4550

**12/ SANDHILLS STATE VETERANS CEMETERY**

8220 Bragg Blvd.  
Ft. Bragg, NC 28310  
(910) 436-5630



**VET CENTERS**

**5/ JACKSONVILLE VET CENTER**

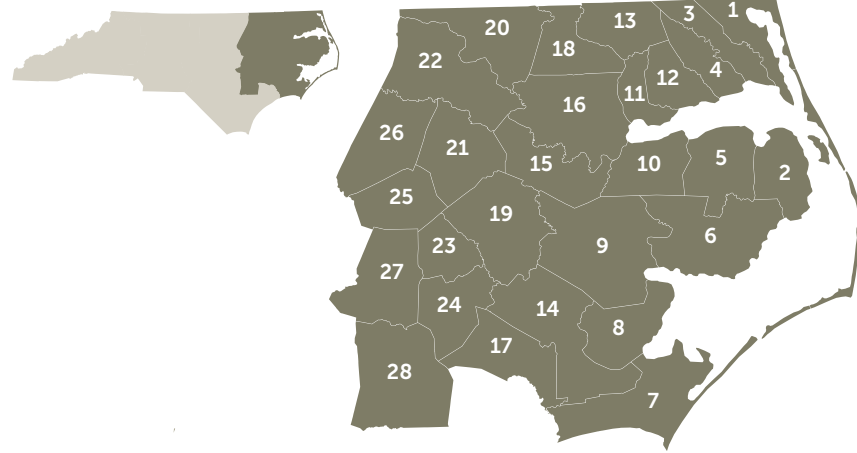
110A Branchwood Dr.  
Jacksonville, NC 28546  
(910) 577-1116

**10/ RALEIGH VET CENTER**

8851 Ellstree Ln. Ste.122  
Raleigh, NC 27617  
(919) 361-6419

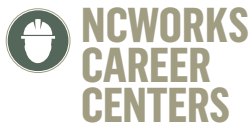
**12/ FAYETTEVILLE VET CENTER**

2307 Robeson Plaza, Ste. 103  
Fayetteville, NC 28305,  
(910) 488-6252, ext. 7772  
VSO Available Wednesdays



**COASTAL REGION**

- 1) CURRITUCK
- 2) DARE
- 3) CAMDEN
- 4) PASQUOTANK
- 5) TYRRELL
- 6) HYDE
- 7) CARTERET
- 8) PAMLICO
- 9) BEAUFORT
- 10) WASHINGTON
- 11) CHOWAN
- 12) PERQUIMANS
- 13) GATES
- 14) CRAVEN
- 15) MARTIN
- 16) BERTIE
- 17) JONES
- 18) HERTFORD
- 19) PITT
- 20) NORTHAMPTON
- 21) EDGECOMBE
- 22) HALIFAX
- 23) GREENE
- 24) LENOIR
- 25) WILSON
- 26) NASH
- 27) WAYNE
- 28) DUPLIN



- 2/ DARE COUNTY**  
2522 South Croatan Hwy.  
Nags Head, NC 27959  
(252) 480-3500
- 4/ PASQUOTANK COUNTY**  
422 McArthur St.  
Elizabeth City, NC 27909  
(252) 331-4798
- 7/ CARTERET COUNTY**  
309 Commerce Ave.  
Morehead City, NC 28557  
(252) 726-7151
- 8/ PAMLICO COUNTY**  
705 Main St.  
Bayboro, NC 28515  
(252) 745-9934
- 9/ BEAUFORT COUNTY**  
1385 John Small Ave.  
Washington, NC 27889  
(252) 946-3116
- 11/ CHOWAN COUNTY**  
800 N. Oakum St.  
Edenton, NC 27932  
(252) 482-2195
- 14/ CRAVEN COUNTY**  
2836 Neuse Blvd.  
New Bern, NC 28560  
(252) 514-4828

- 15/ MARTIN COUNTY**  
407 East Blvd.  
Williamston, NC 27892  
(252) 792-7816
- 16/ BERTIE COUNTY**  
128 E. Granville St.  
Windsor, NC 27983  
(252) 794-5616
- 17/ JONES COUNTY**  
509 NC Hwy. 58 North  
Trenton, NC 28585  
(252) 448-4791
- 18/ HERTFORD COUNTY**  
109 Community College Rd.  
Ahoskie, NC 27910  
(252) 862-1257
- 19/ PITT COUNTY**  
3101 Bismark St.  
Greenville, NC 27834  
(252) 355-9067
- 21/ EDGECOMBE COUNTY**  
110 Fountain Park Dr.  
Battleboro, NC 27809  
(252) 977-3306
- 22/ HALIFAX COUNTY**  
1620 East 10th St.  
Roanoke Rapids, NC 27870  
(252) 537-4188
- 23/ GREENE COUNTY**  
818 Highway 91 North  
Snow Hill, NC 28580  
(252) 747-5689

- 24/ LENOIR COUNTY**  
231 Hwy. 58 South  
Lonoir Comm. College  
Bullock Building  
Kinston, NC 28501  
(252) 526-4435
- 25/ WILSON COUNTY**  
302 Tarboro St.  
Wilson, NC 27893  
(252) 234-1129
- 27/ WAYNE COUNTY**  
2006 Wayne Memorial Dr.  
Goldsboro, NC 27534  
(919) 731-7950
- 28/ DUPLIN COUNTY**  
192 Magnolia Exit  
Keanansville, NC 28349  
(910) 296-1478



- 2/ DARE COUNTY**  
954 Marshall Collins Dr.  
Manteo, NC 27954  
(252) 475-5604
- 4/ ELIZABETH CITY VSC**  
1023 U.S. 17 South  
Suite 2  
Elizabeth City, NC 27909  
(252) 331-4741
- 5/ TYRRELL COUNTY**  
801 Main St.  
Columbia, NC 27925
- 6/ HYDE COUNTY**  
30 Oyster Creek Rd.  
Swan Quarter, NC 27885  
(252) 926-5280
- 7/ CARTERET COUNTY**  
3710-B John Platt Dr.  
Morehead City, NC 28557  
(252) 728-8440
- 8/ PAMLICO COUNTY**  
828 Alliance Main St.  
Bayboro, NC 28515  
(252) 745-4086
- 9/ BEAUFORT COUNTY**  
1308 Highland Dr.  
Suite 104  
Washington, NC 27889  
(252) 946-8016
- 10/ WASHINGTON COUNTY**  
112 Latham Ave.  
Plymouth, NC 27889  
(252) 799-9764
- 11/ CHOWAN COUNTY**  
100 Court St.  
Edenton, NC 27932  
(252) 482-1033
- 13/ GATES COUNTY**  
112 Court St.  
Gatesville, NC 27938  
252-357-1400



**VETERANS CRISIS LINE**  
**800.273.8255**



**INTERACTIVE WEB VERSION**

An interactive version of this resource map is available at:  
[www.nc4vets.com/guide](http://www.nc4vets.com/guide)

**KINSTON STATE VETERANS HOME**

**2150 HULL ROAD**  
**KINSTON, NC 28504**  
**252-939-8000**

LEARN MORE ABOUT THE KINSTON STATE HOME FOR VETERANS ON **PAGE 79**



**12/ PERQUIMANS COUNTY**

104 Dobb St.  
Hertford, NC 27944  
(252) 426-1796

**14/ CRAVEN COUNTY**

2818 Neuse Blvd.  
Suite 15  
New Bern, NC 28562  
(252) 636-6611

**15/ MARTIN COUNTY**

205 E. Main St.  
Williamston, NC 27892  
(252) 789-4398

**16/ BERTIE COUNTY**

106 Dundee St.  
Windsor, NC 27983  
(252) 794-5304

**17/ JONES COUNTY**

418 Highway 58 N., Unit D  
Trenton, NC 28585  
(252) 448-1121

**18/ HERTFORD COUNTY**

704 North King St.  
Winton, NC 27986  
(252) 358-7811

**19/ GREENVILLE VSC**

3740 South Evans St.  
Suite A  
Greenville, NC 27858  
(252) 355-9052

**19/ GREENVILLE VSC & HCC**

401 Moyer Blvd.  
Greenville, NC 27834  
(252) 830-2149 Ext. 3680

**19/ PITT COUNTY**

1717 West 5th St.  
Greenville, NC 27834  
(252) 902-3090

**20/ NORTHAMPTON COUNTY**

100 West Jefferson St.  
Jackson, NC 27845  
(252) 534-2621  
(252) 237-2422

**21/ EDGEcombe COUNTY**

201 St. Andrews St.  
Tarboro, NC 27886  
In Office W. & F. only  
(252) 641-7846

**22/ HALIFAX COUNTY**

26 North King St.  
Halifax, NC 27839  
(252) 583-1688 Option 1  
Ext. 2263

**22/ KINSTON VSC**

1136 Hwy. 258 N. Suite 101  
Kinston, NC 28504  
(252) 522-5050

**23/ GREENE COUNTY**

229 Kingold Blvd.  
Snow Hill, NC 28580  
(252) 747-7320

**25/ WILSON VSC**

113 E. Nash St.  
Suite 404  
Wilson, NC 27893  
(252) 237-2422

**26/ NASH COUNTY**

110 Fountain Park Dr.  
\*Monday Only  
Battleboro, NC 27809  
(252) 977-3350

**26/ NASH COUNTY**

Claude B. Mayo Admin. Bldg.  
120 W. Washington St, 3rd Flr  
Nashville, NC 27856  
(252) 462-2719/2720

**27/ WAYNE COUNTY**

2001 E. Ash St., Suite D  
Goldsboro, NC 27530  
(919) 731-1490

**28/ DUPLIN COUNTY**

169 Mallard St.  
Kenansville, NC 28349  
(910) 296-2114



**4/ ELIZABETH CITY CBOC**

1845 W. City Dr.  
Elizabeth City, NC 27909  
(757) 722-9961

**7/ MOREHEAD CITY CBOC**

5420 Hwy. 70  
Morehead City, NC 28557  
(252) 240-2349

**19/ GREENVILLE HCC**

401 Moyer Blvd.  
Greenville, NC 27834  
(252) 830-2149

**27/ GOLDSBORO CBOC**

2610 Hospital Rd.  
Goldsboro, NC 27534  
(919) 731-4809



**27/ EASTERN CAROLINA STATE VETERANS CEMETERY- GOLDSBORO**

164 Longs Plant Farm Rd.  
Goldsboro, NC 27534  
(919) 648-0510



**19/ GREENVILLE VET CENTER**

1021 W.H. Smith Blvd.  
Suite 100  
Greenville, NC 27834  
(252) 355-7920

\*National VA Cemetery in New Bern is at capacity



# AmericaServes

## NOTABLE MILESTONES



In 2015 alone, **REACHED OVER 1,800** veterans, service members and their families, requesting **NEARLY 3,000 SERVICES**



Memorandum of Understanding with **VETERANS AFFAIRS' CENTER FOR INNOVATION**

Live in NC Metrolina, NYC, and PA Greater Pittsburgh regions, and preparing to establish **5 NEW COMMUNITY NETWORKS IN 2016**



## HOW AMERICASERVES WORKS

AmericaServes is a **coordinated network** of services, resources, and care, that provides **direct access** for veterans, service members, and their families. The local **Coordination Center** (human element supporting the Network) coordinates referrals, and the **technology platform** records updates and data in a secure way, allowing providers to refer clients for **multiple services**, and **track referral progress** when convenient for them.



Veteran, service member or family accesses the Network via a participating provider, online website, or the Coordination Center, and requests one or more services.



The Coordination Center performs an intake to understand the client's needs, then creates a referral and sends it to an appropriate provider that can meet the client's needs and eligibility requirements.



The provider connects with the client and provides the services they need. Throughout this process, they also update the case file on the Network's platform.



The Coordination Center closely monitors the referral until the client's needs are met.



## AmericaServes

### HOW AMERICASERVES HELPS ORGANIZATIONS

**Providers** are able to **refer clients they are unable to serve** to receive the care they need, without taking on the time burden associated with linking to another provider and following up with the client – the Coordination Center performs these functions

**Funders** are able to be part of a larger, **nationwide collaborative**, and track the **return on their investment** through robust data and outcome measures



## PHILANTHROPIC AND CORPORATE PARTNERS

THE HEINZ ENDOWMENTS  
HOWARD HEINZ ENDOWMENT • VERA L. HEINZ ENDOWMENT

DSF Charitable Foundation

FOUNDATION FOR THE CAROLINAS

Walmart Foundations

ROBIN HOOD

NYS HEALTH FOUNDATION  
Improving the state of New York's health

HILLMAN FAMILY FOUNDATIONS

USAA®

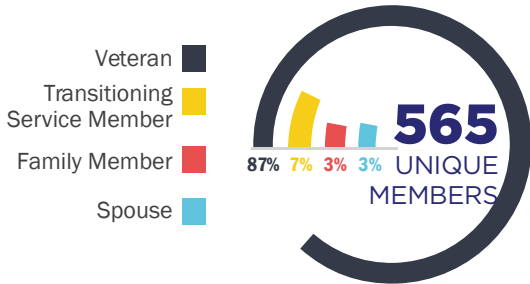
SCHULTZ FAMILY FOUNDATION

THE LEON LEVINE FOUNDATION





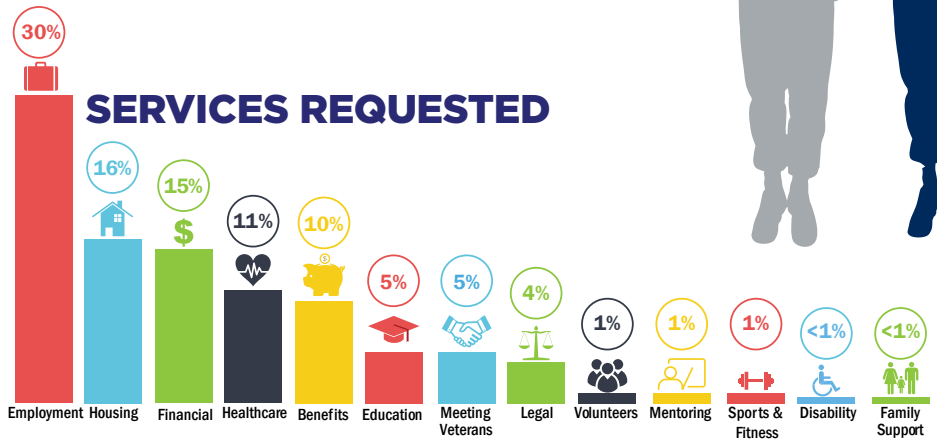
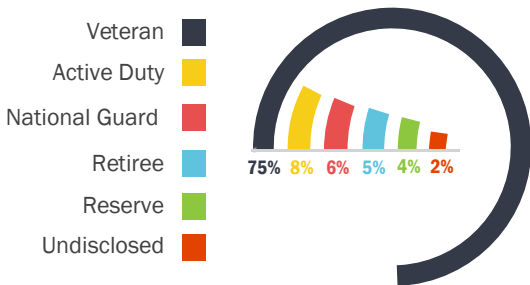
### UNIQUE MEMBERS



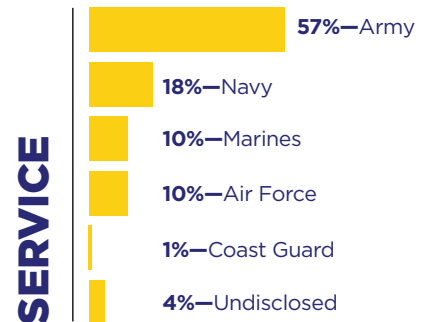
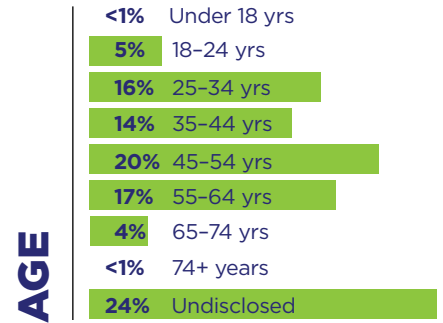
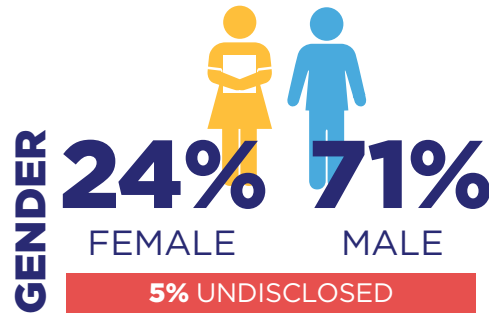
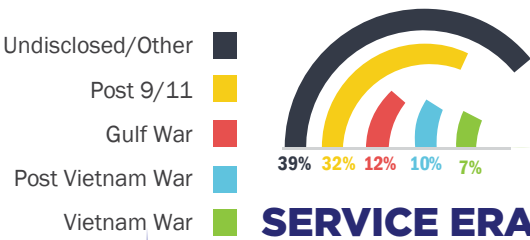
**NCServes—Metrolina** offers comprehensive coordinated services, resources, and care to veterans, service members and their families, and provides real time insights into the demographics and needs of the community.



### 1183 SERVICES REQUESTED



### SERVICE STATUS



# Stay in the Fight!



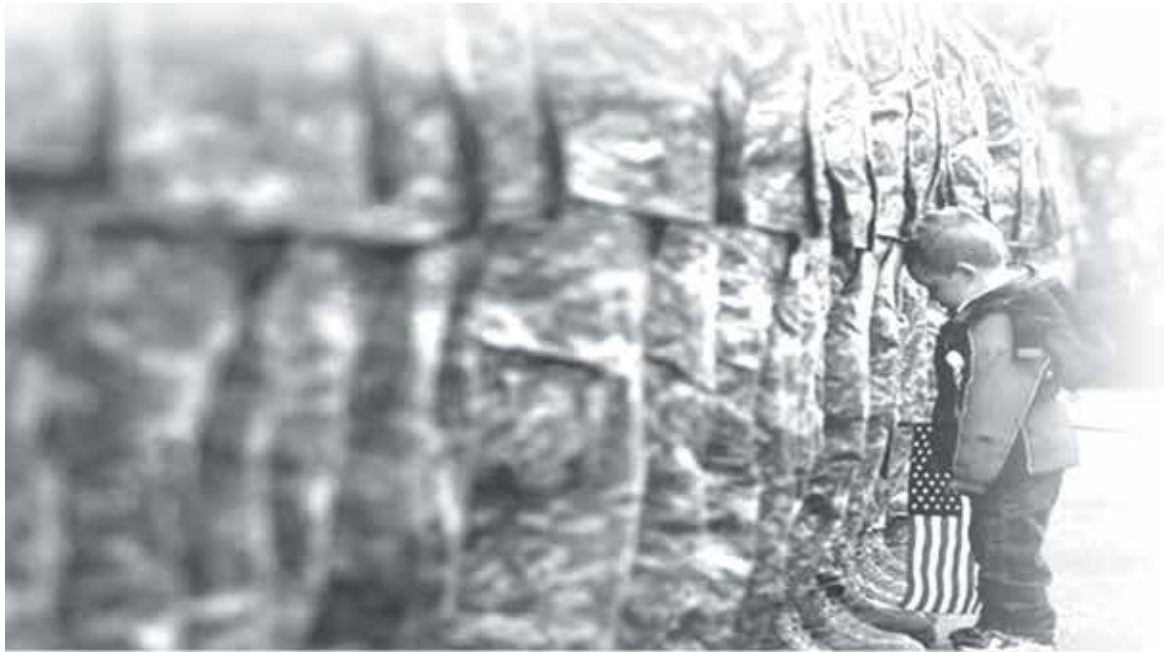
## Become a member today!



**Department of North Carolina**

P.O. Box 28146 | Raleigh, NC 27611-8146  
Toll free: 888-432-8838 | Fax: 919-832-1692  
[www.dav.org](http://www.dav.org)

Benefits Counseling | Transition Support | Volunteer Programs | Employment Assistance



# North Carolina National Guard

## Integrated Behavioral Health System



VOLUNTARY, CONFIDENTIAL,  
PROFESSIONALLY STAFFED and FREE

*Taking Care of Our Own*

CALL ANYTIME

**1-855-322-3848**

# EMPLOYMENT

A woman in a U.S. Army uniform is sitting and reading a book to a young child. The woman is wearing a camouflage uniform with "U.S. ARMY" and "OUTLAND" patches. The child is wearing a red shirt. The background is a plain wall.

## NC WORKFORCE OFFICES VETERAN EMPLOYMENT PROGRAMS, TOOLS AND RESOURCES

Some Veterans face significant barriers that make it difficult for them to find suitable employment, especially vets who are transitioning into civilian life. Most NCWorks offices have specialized staff - all of who are Veterans-who work closely with employers to create greater opportunities for Veterans.

**NC GOVERNMENT IS THE LARGEST SINGLE EMPLOYER IN THE STATE, AND WE WANT YOU!**

# VETERANS, NORTH CAROLINA WANTS YOU!



## VETERAN PREFERENCE

Veterans and disabled veterans receive preference when applying for state, county and local government jobs in North Carolina.

## PREFERENCE FOR FEDERAL JOBS

### 5-POINT VETERAN PREFERENCE

Veterans who provide proof of their veteran status when applying for public employment will receive a 5-point preference. This preference is added to the total possible points based on your qualifications for the job. This preference is also applicable when being considered for promotions.

### 10-POINT DISABLED VETERAN PREFERENCE

Disabled veterans who provide proof of their service connected disability when applying for a government job will receive a 10-point preference.

### DOCUMENTATION

To prove your veteran status, please provide a copy of your DD-214 and/or service connected disability rating letter from the VA.



*"It shall be the policy of the State of North Carolina that, in appreciation for their service to this State and this country during a period of war, and in recognition of the time and advantage lost toward the pursuit of a civilian career, veterans shall be granted preference in employment with every State department, agency, and institution." ~NCGS§ 126-80, Article 13*

## HERE ARE SEVERAL STATE AGENCIES LOOKING TO HIRE YOU!

### ADMINISTRATION

[www.doa.state.nc.us/hrm/](http://www.doa.state.nc.us/hrm/)

### COMMERCE

[www.nccommerce.com/workforce](http://www.nccommerce.com/workforce)

### HEALTH & HUMAN SERVICES

[ncdhhs.gov/dss/jobs/index.htm](http://ncdhhs.gov/dss/jobs/index.htm)

### PUBLIC INSTRUCTION

[www.ncpublicschools.org/work4ncschools/employment/](http://www.ncpublicschools.org/work4ncschools/employment/)

### PUBLIC SAFETY

[www.ncdps.gov/](http://www.ncdps.gov/)

### TRANSPORTATION

[www.ncdot.gov/careers/](http://www.ncdot.gov/careers/)

### OFFICE OF STATE HUMAN RESOURCES

<http://www.oshr.nc.gov/>

**AND MANY MORE! GO TO [NCWORKS.GOV](http://NCWORKS.GOV) AND SEE PAGES 18-21 IN OUR GUIDE!**

# NORTH CAROLINA WANTS TO MAKE IT EASIER FOR YOU TO PUT YOUR SKILLS TO WORK!

## MILITARY TRAINING TO NC OCCUPATIONAL EMPLOYMENT

NC is now offering Veterans with certain Military Occupation Specialty (MOS) credit toward several NC License occupations. In reference to NC General Assembly Session Law 2014-67, License Boards representing several NC license occupations have been required to provide a process to recognize military training in pursuing a licensed occupation in NC.

Military spouses may also qualify for certain occupational licenses. Upon meeting specific conditions, an occupational licensing board shall issue a license, certification, or registration to a military spouse to allow them to lawfully practice their occupation in North Carolina.

For further information, please visit the web site:

[http://accessnc.commerce.state.nc.us/NCDOC/EDISviewer/EDISviewer/dem\\_bus/occ2.html](http://accessnc.commerce.state.nc.us/NCDOC/EDISviewer/EDISviewer/dem_bus/occ2.html)

### ACUPUNCTURIST

NC Acupuncture Licensing Board  
Tel: (919)773-0530

### ADULT CARE ADMINISTRATOR

DHHS, Division of Facility Services  
Tel: (919)855-3765

### AERIAL PESTICIDE APPLICATOR

NC Department of Agriculture & Consumer Services Food and Drug Protection Division  
Tel: (919)733-3313

### AIR TRAFFIC CONTROL

**TOWER OPERATOR, AIRCRAFT DISPATCHER, AIRCRAFT REPAIR PERSON, AIRCRAFT MECHANIC**  
Federal Aviation Administration  
Tel: (202)366-4000

### ALARM INSTALLER, ALARM SYSTEM BUSINESS LICENSEE

NC Alarm Systems Licensing Board  
Tel: (919)788-5320

### ALCOHOLIC BEVERAGE DISTRIBUTOR/VENDOR REPRESENTATIVE

NC ABC Commission  
Tel: (919)779-0700

### ANESTHESIOLOGIST ASSISTANT

NC Medical Board  
Tel: (919)326-1100

### APPRENTICE AUCTIONEER

NC Auctioneer Licensing Board  
Tel: (919)567-2844

### ARCHITECT

NC Board of Architecture  
Tel: (919)733-9544

### ARMED SECURITY GUARD

NC Department of Justice Private Protective Services Board  
Tel: (919)788-5320

### ATHLETIC AGENT

NC Dept. Secretary of State Solicitation Licensing  
Tel: (919)807-2214

### ATHLETIC TRAINER

NC Board of Athletic Trainer Examiners  
Tel: (919)821-4980

### ATTORNEY

NC Board of Law Examiners  
Tel: (919)828-4229

### AUCTIONEER

NC Auctioneer Licensing Board  
Tel: (919)567-2844

### AUDIOLOGIST

NC Board of Examiners for Speech and Language Pathologists and Audiologists  
Tel: (336)272-1828

### AUTOMOTIVE DEALER, SALES

NC Department of Transportation Division of Motor Vehicles, Dealer Section  
Tel: (919)715-7000

### BAIL BOND RUNNER

NC Department of Insurance Special Services Division  
Tel: (919)807-6800

### BARBER, BARBER INSTRUCTOR

NC State Board of Barber Examiners  
Tel: (919)981-5210

### BOARDING KENNEL OPERATOR

NC Department of Agriculture & Consumer Services  
Tel: (919)733-7125

### BOILER INSPECTOR

NC Department of Labor Raleigh, NC 27699  
Tel: (919)807-2768

### BOXING/KICKBOXING/ TOUGHMAN PROMOTER

NC Dept. of Crime Control and Public Safety  
Tel: (919)733-2126

### BUILDING INSPECTOR

NC Department of Insurance  
Tel: (919)661-5880

### CAMPUS AND COMPANY POLICE OFFICER

NC Department of Justice  
Tel: (919) 661-5980

### CEMETERY SALES

**CONTRACTOR, NC CEMETERY COMMISSION**

NC Cemetery Commission  
Tel: (919)981-2536

### CERTIFIED PUBLIC ACCOUNTANT

NC State Board of CPA Examiners  
Tel: (919)733-4209

### CERTIFIED REGISTERED NURSE ANESTHETIST

NC Board of Nursing  
Tel: (919)782-3211

### CERTIFIED STRUCTURAL PEST CONTROL APPLICATOR

NC Department of Agriculture & Consumer Services Veterinary Division  
Tel: (919)733-2113

### CHICK DEALER

NC Department of Agriculture & Consumer Services  
Tel: (919)733-7125

### CHIROPRACTOR

NC Board of Chiropractic Examiners  
Tel: (704)793-1342

### CLINICAL LABORATORY SCIENTIST/MEDICAL TECHNOLOGIST, CLINICAL LABORATORY TECHNICIAN/ MEDICAL LAB TECHNICIAN

National Accrediting Agency for Clinical Laboratory Sciences  
Tel: (773)714-8880

### CLINICAL NURSE SPECIALIST

NC Board of Nursing  
Tel: (919)782-3211



**CLINICAL SOCIAL WORK**

NC Social Work Certification and Licensure Board  
Tel: (336)625-1679

**CODE ENFORCEMENT OFFICIAL**

NC Department of Insurance  
Division of Engineering and Building Codes Code Officials Qualification Board  
Tel: (919)661-5880

**COMMERCIAL DRIVER**

NC Department of Transportation Division of Motor Vehicles, Commercial Driver's Training Section  
Tel: (919)715-7000

**COMMERCIAL DRIVER TRAINING SCHOOL INSTRUCTOR**

NC Department of Transportation School of Bus and Traffic Safety Section  
Tel: (919)715-7000

**COMMERCIAL FISHERMAN**

NC Department of Environment and Natural Resources Division of Marine Fisheries  
Tel: (252)726-7021

**CONCESSION STAND OPERATOR**

Department of Health and Human Services  
Tel: (919)733-9822

**COSMOLOGIST, COSMETOLOGIST INSTRUCTOR**

NC State Board of Cosmetic Art Examiners  
Tel: (919)733-4117

**COUNTERINTELLIGENCE LICENSEE**

NC Department of Justice Private Protective Services Board  
Tel: (919)788-5320

**CYTOGENETIC TECHNOLOGIST**

National Accrediting Agency for Clinical Laboratory Sciences  
Tel: (773)714-8880

**CYTOTECHNOLOGIST**

ASCP Board of Registry  
Tel: (800)267-2727

**DENTAL HYGIENIST/ DENTIST**

NC State Board of Dental Examiners  
Tel: (919)678-8223

**DEPUTY SHERIFF**

NC Department of Justice Sheriff's Standards Services Board  
Tel: (919)779-8213

**DETENTION OFFICER**

NC Department of Justice Sheriff's Standards Services Board  
Tel: (919)779-8213

**DIAGNOSTIC MOLECULAR SCIENTIST**

National Accrediting Agency for Clinical Laboratory Sciences  
Tel: (773)714-8880

**DIETICIAN AND NUTRITIONIST**

North Carolina Board of Dietetics/Nutrition  
Tel: (919)228-6391

**ELECTRICAL CONTRACTOR**

NC State Board of Examiners of Electrical Contractors  
Tel: (919)733-9042

**ELECTRICAL INSPECTOR**

NC State Board of Examiners of Electrical Contractors  
Tel: (919)733-9042

**ELECTROLOGIST**

NC Board of Electrolysis Examiners  
Tel: (336)856-1010

**EMBALMER**

NC Board of Funeral Service  
Tel: (919)733-9380

**EMERGENCY MEDICAL TECHNICIAN, EMERGENCY MEDICAL TECHNICIAN**

**DEFIBRILLATION (EMT-D), EMERGENCY MEDICAL TECHNICIAN INTERMEDIATE (EMT-I)**

**EMERGENCY MEDICAL TECHNICIAN PARAMEDIC (EMT-P)**

**EMERGENCY MEDICAL TECHNICIAN ADVANCED INTERMEDIATE (EMT-AI)**

NC Department of Health and Human Services  
Tel: (919)855-3935

**EMPLOYEE ASSISTANCE PROFESSION**

NC Employee Assistance Professional Association  
Tel: (919)733-4670

**ESTHETICIAN**

NC State Board of Cosmetic Art Examiners  
Tel: (919)733-4117

**EXTERMINATOR**

NC Department of Agriculture & Consumer Services Structural Pest Control Division  
Tel: (919)733-6100

**FAMILY THERAPIST**

NC Marriage and Family Therapy Licensure Board  
Tel: (919)469-8081

**FEE-BASED PRACTICING PASTORAL COUNSELOR**

NC State Board of Fee-Based Practicing Pastoral Counselors  
Tel: (336) 794-3470

**FIRE INSPECTOR**

NC Department of Insurance Office of the State Fire Marshall  
Tel: (919)661-5880

**FIRE SPRINKLER CONTRACTOR**

NC Department of Insurance Division of Engineering and Building Codes  
Tel: (919)661-5880

**FIRE SPRINKLER INSPECTION CONTRACTOR/FIRE SPRINKLER MAINTENANCE CONTRACTOR**

NC State Board of Examiners of Plumbing Heating and Fire Sprinkler Contractors  
Tel: (919)875-3612

**FIREARMS TRAINER**

North Carolina Department of Justice, Law Enforcement Training & Standards  
Tel: (919)661-5980

**FORESTER**

NC Board of Registration for Foresters  
Tel: (919)847-5441

**FUEL PIPING CONTRACTOR**

NC State Board of Examiners of Plumbing Heating and Fire Sprinkler Contractors  
Tel: (919)875-3612

**FUNERAL DIRECTOR**

NC Board of Funeral Service  
Tel: (919)733-9380

**FUNERAL SERVICE LICENSEE**

NC Board of Funeral Service  
Tel: (919)733-9380

**FUR DEALER**

NC Wildlife Resources Commission  
Tel: (919)707-0010

**GENERAL CONTRACTOR**

NC Licensing Board for General Contractors  
Tel: (919)571-4183

**GEOLOGIST**

NC Board for Licensing of Geologists  
Tel: (919)850-9669

**GRAIN DEALER**

NC Department of Agriculture & Consumer Services  
Tel: (919)733-7125

**GROUND PESTICIDE APPLICATOR**

NC Department of Agriculture & Consumer Services, Structural Pest Control Division  
Tel: (919)733-6100

**GUARD DOG SERVICE OPERATOR**

North Carolina Department of Justice, Law Enforcement Training & Standards  
Tel: (919)661-5980

**HATCHING EGG DEALER**

N.C. Department of Agriculture and Consumer Services  
Tel: (919)707-3000

**HEARING AID CALIBRATOR**

**HEARING AID DEALER AND FITTER**

NC State Hearing Aid Dealers and Fitters Board  
Tel: (919)834-3661

**HISTOLOGIC TECHNICIAN**

National Accrediting Agency for Clinical Laboratory Sciences  
Tel: (773)714-8880

**HOME INSPECTOR**

NC Home Inspector Licensure Board  
Tel: (919) 662-4480

**INDUSTRIAL HYGIENIST**

American Board of Industrial Hygiene  
Tel: (517)321-2638

**INSURANCE AGENT**

NC Department of Insurance Agent Services Division  
Tel: (919)807-6800

**INSURANCE COMPANY/  
INDEPENDENT FIRM ADJUSTER**

NC Department of Insurance  
Agent Services Division  
Tel: (919)807-6800

**INTERPRETER OR  
TRANSLATOR**

North Carolina Interpreters and  
Translators Licensing Board  
Tel: (919)779-5709

**INVESTMENT ADVISOR**

NC Department of the Secretary  
of State Securities Division  
Tel: (919)807-2000

**JUVENILE JUSTICE OFFICER  
AND JUVENILE COURT  
COUNSELOR**

NC Department of Justice  
Criminal Justice, Education &  
Training Standards Commission  
Tel: (919)716-6470

**LAND SURVEYOR**

NC Board of Examiners for  
Engineers and Land Surveyors  
Tel: (919)791-2000

**LANDSCAPE ARCHITECT**

NC Board of Landscape  
Architects  
Tel: (919)850-9088

**LANDSCAPE CONTRACTOR**

NC Landscape Contractors'  
Registration Board  
Tel: (919)266-8070

**LAW ENFORCEMENT OFFICER/  
TELECOMMUNICATION  
OFFICER**

NC Department of Justice  
Criminal Justice Standards  
Division  
Tel: (919) 665-1980

**LIBRARIAN**

NC Department of Cultural  
Resources Division of State  
Library  
Tel: (919)807-7450

**LICENSED DIETITIAN/  
NUTRITIONIST**

NC Board of Dietetics/Nutrition  
Tel: (919)228-6391

**LICENSED PRACTICAL NURSE**

NC Board of Nursing  
Tel: (919)782-3211

**LICENSE PROFESSIONAL  
COUNSELOR SUPERVISOR/  
LICENSED PROFESSIONAL  
COUNSELOR/COUNSELOR  
ASSOCIATE**

NC Board of Licensed  
Professional Counselors  
Tel: (919)661-0820

**LICENSED PSYCHOLOGIST**

NC Psychology Board  
Tel: (828)262-2258

**LICENSED STRUCTURAL PEST  
CONTROL OPERATOR**

NC Department of Agriculture  
& Consumer Services, Structural  
Pest Control Division  
Tel: (919)733-6100

**LIQUID PETROLEUM GAS  
DEALER**

NC Department of Agriculture  
Tel: (919)733-3313

**LIVESTOCK DEALER**

NC Department of Agriculture &  
Consumer Services  
Tel: (919)733-7125

**LOAN BROKER**

NC Department of the Secretary  
of State Securities  
Tel: (919)807-2000

**LOAN OFFICER**

NC Commissioner of Banks  
Mortgage Licensing Section  
Tel: (888)384-3811

**LOBBYIST**

NC Department of the Secretary  
of State Lobbyist Registration  
Tel: (919)807-2170

**LOCKSMITH**

NC Locksmith Licensing Board  
Tel: (919)838-8782

**MANICURIST/ MANICURIST  
INSPECTOR**

NC State Board of Cosmetic Art  
Examiners  
Tel: (919)733-4117

**MANUFACTURED HOUSING  
SALESPERSON**

NC Department of Insurance  
Manufactured Building Division  
Tel: (919)661-5880

**MASSAGE AND BODYWORK  
THERAPIST**

NC Board of Massage &  
Bodywork Therapy  
Tel: (919)546-0050

**MECHANICAL INSPECTOR**

NC Department of Insurance  
Division of Engineering  
Tel: (919)661-5880

**MEDICAL DOCTOR**

NC Medical Board  
Tel: (919)326-1100

**MEDICAL LABORATORY  
TECHNICIAN**

ASCP Board of Registry  
Tel: (800)267-2727

**MEDICATION AIDE**

NC Board of Nursing  
Tel: (919)782-3211

**MILK HAULER AND SAMPLER/  
MILK TESTER**

NC Department of Agriculture  
& Consumer Services Food and  
Drug Protection  
Tel: (919)733-7366

**MOTOR VEHICLE DAMAGE  
APPRAISER**

NC Department of Insurance  
Agent Services Division  
Tel: (919)807-6800

**NOTARY PUBLIC**

NC Department of the Secretary  
of State, Notary Public Division  
Tel: (919)807-2219

**NURSE AIDE I, II/  
NURSE ANESTHETIST/  
NURSE MIDWIFE/NURSE  
PRACTITIONER**

NC Board of Nursing  
Tel: (919)782-3211

**NURSING HOME  
ADMINISTRATOR**

NC State Board of Examiners for  
Nursing Home Administrators  
Tel: (919)571-4164

**OCCUPATIONAL THERAPIST**

NC Board of Occupational  
Therapy  
Tel: (919)832-1380

**OCCUPATIONAL THERAPIST  
ASSISTANT**

NC Board of Occupational  
Therapy  
Tel: (919)832-1380

**OPTICIAN**

NC State Board of Opticians  
Tel: (919)733-9321

**OPTOMETRIST/OPTOMETRIST  
ASSISTANT AND TECHNICIAN**

NC Board of Optometry  
Tel: (910)285-3160

**OSTEOPATH**

NC Medical Board  
Tel: (919)326-1100

**PESTICIDE CONSULTANT****PESTICIDE DEALER**

NC Department of Agriculture &  
Consumer Services  
Tel: (919)733-6100

**PET SHOP OPERATOR**

NC Department of Agriculture &  
Consumer Services  
Tel: (919)733-7125

**PETROLEUM DEVICE  
TECHNICIAN**

NC Department of Agriculture &  
Consumer Services, Standards  
Division  
Tel: (919)733-3313

**PHARMACIST/PHARMACY  
TECHNICIAN**

NC Board of Pharmacy  
Tel: (919)246-1050

**PHYSICAL THERAPIST**

NC Board of Physical Therapy  
Examiners  
Tel: (919)490-6393

**PHYSICAL THERAPIST  
ASSISTANT**

NC Board of Physical Therapy  
Examiners  
Tel: (919)490-6393

**PHYSICIAN ASSISTANT**

NC Medical Board  
Tel: (919)326-1100

**PILOT**

Federal Aviation Administration  
Airmen Certification Branch  
Tel: (202)366-4000



**PLUMBING INSPECTOR**

NC Department of Insurance  
Tel: (919)661-5880

**PLUMBING, HEATING AND AIR  
CONDITIONING CONTRACTOR**

NC State Board of Examiners  
of Plumbing Heating and Fire  
Sprinkler Contractors  
Tel: (919)875-3612

**PODIATRIST**

NC Board of Podiatry Examiners  
Tel: (919)861-5583

**POLICE OFFICER**

NC Department of Justice  
Criminal Justice, Education &  
Training Standards Commission  
Tel: (919)716-6470

**POLYGRAPH EXAMINER/  
PRIVATE INVESTIGATOR**

NC Department of Justice  
Private Protective Services Board  
Tel: (919)788-5320

**PROFESSIONAL BONDSMAN**

NC Department of Insurance  
Tel: (919)807-6800

**PROFESSIONAL BOXER/KICK  
BOXER/TOUGH MAN ATHLETE**

NC Dept. of Crime Control and  
Public Safety  
Tel: (919)733-2126

**PROFESSIONAL ENGINEER**

NC Board of Examiners for  
Engineers and Land Surveyors  
Tel: (919)791-2000

**PROFESSIONAL SOLICITOR**

NC Department of the Secretary  
of State, Charitable Solicitation  
Tel: (919)807-2214

**PSYCHOLOGICAL ASSOCIATE**

NC Psychology Board  
Tel: (828)262-2258

**PSYCHOLOGICAL STRESS  
EVALUATOR**

NC Department of Justice  
Tel: (919)788-5320

**PUBLIC GROUNDS OPERATORS**

NC Department of Agriculture  
& Consumer Services, Structural  
Pest Control Division  
Tel: (919)733-6100

**PUBLIC WEIGHMASTER**

NC Department of Agriculture &  
Consumer Services, Standards  
Division  
Tel: (919)733-3313

**PUMP INSTALLATION  
CONTRACTOR**

NC Department of Environment  
and Natural Resources  
Tel: (919)807-6300

**REAL ESTATE APPRAISER**

NC Appraisal Board  
Tel: (919)870-4854

**REAL ESTATE BROKER**

NC Real Estate Commission  
Tel: (919)875-3700

**REAL ESTATE SALESPERSON**

NC Real Estate Commission  
Tel: (919)875-3700

**RECREATIONAL THERAPIST**

NC Therapeutic Recreation  
Board  
Tel: (336)212-1133

**REFRIGERATION CONTRACTOR**

NC State Board of Refrigeration  
Examiners  
Tel: (919)779-4711

**REGISTERED NURSE**

NC Board of Nursing  
Tel: (919)782-3211

**REGISTERED STRUCTURAL  
PEST CONTROL OPERATOR**

NC Department of Agriculture  
Tel: (919)733-6100

**RENDERING OPERATOR/  
COLLECTOR**

NC Department of Agriculture &  
Consumer Services  
Tel: (919)733-7125

**RESPIRATORY THERAPIST**

NC Respiratory Care Board  
Tel: (919)878-5595

**SAFETY INSPECTION  
MECHANIC**

NC Department of  
Transportation Division of Motor  
Vehicles Enforcement Section  
Tel: (919)715-7000

**SANITARIAN (ENVIRONMENTAL  
HEALTH SPECIALIST)**

NC State Board of Sanitarian  
Examiners  
Tel: (919)304-1168

**SCALE TECHNICIAN**

NC Department of Agriculture 2  
Tel: (919)733-3313

**SCHOOL PRINCIPAL**

NC Department of Public  
Instruction Licensure Section  
Tel: (919)807-7994

**SCHOOL SUPERINTENDENT**

NC Department of Public  
Instruction Licensure Section  
Tel: (919)807-7994

**SCHOOL TEACHER**

NC Department of Public  
Instruction Licensure Section  
Tel: (919)807-7994

**SECURITY GUARD AND PATROL  
LICENSEE**

NC Department of Justice  
Private Protective Services Board  
Tel: (919)788-5320

**SEED DEALER**

NC Department of Agriculture  
& Consumer Services, Plant  
Industry Division  
Tel: (919)733-3933

**SELF-EMPLOYED INSURANCE  
ADJUSTER**

NC Department of Insurance  
Agent Services Division  
Tel: (919)807-6800

**SENIOR PARACHUTE RIGGER**

Federal Aviation Administration  
Airmen Certification Branch  
Tel: (202)366-4000

**SET-UP CONTRACTOR,  
MANUFACTURED HOMES**

NC Department of Insurance  
Manufactured Building Division  
Tel: (919)661-5880

**SOIL SCIENTIST**

NC Board for Licensing of Soil  
Scientists  
Tel: (336)394-4503

**SPEECH AND LANGUAGE  
PATHOLOGIST**

NC Board of Examiners  
for Speech and Language  
Pathologists and Audiologists  
Tel: (336)272-1828

**SURETY BONDSMAN**

NC Department of Insurance  
Special Services Division  
Tel: (919)807-6800

**TAXIDERMIST**

NC Wildlife Resources  
Commission License Section  
Tel: (919)707-0010

**TELECOMMUNICATOR**

NC Department of Justice  
Tel: (919)779-8213

**TELEPHONIC SELLERS**

NC Department of the Secretary  
of State Securities Division  
Tel: (919)807-2000

**TRUCK DRIVER**

NC Department of  
Transportation Division of Motor  
Vehicles Commercial Driver's  
Training Section  
Tel: (919)715-7000

**VETERINARIAN**

NC Veterinary Medical Board  
Tel: (919)854-5601

**VETERINARY TECHNICIAN**

NC Veterinary Medical Board  
Tel: (919)854-5601

**WASTEWATER TREATMENT  
PLANT OPERATOR/ WATER  
TREATMENT FACILITY  
OPERATOR**

NC Department of Environment  
and Natural Resources  
Tel: (919)807-6353

**WELL CONTRACTOR**

NC Department of Environment  
and Natural Resources Division  
of Water Quality  
Tel: (919)807-6300

**DID YOU  
KNOW?**

**SINCE 2013 NORTH  
CAROLINA HAS  
CUT VETERAN  
UNEMPLOYMENT TO  
3%**

# VETERANS *AND* ENERGY

## OPPORTUNITIES IN THE OIL & NATURAL GAS INDUSTRY

★ Vets4Energy ★



**A vast opportunity exists for the oil and natural gas industry to attract, retain, and develop lifelong careers for veterans in the industry.** Over the next four years, the Department of Defense estimates that approximately one million service members will transition out of the military. In addition, the Department of Veterans Affairs reports that there are more than 12 million veterans under the age of 65 living in the U.S. These veterans and military service members are highly trained in a wide variety of occupational areas; **their extensive skills attained from their military training and experience make them ideal candidates to fill the projected 1.3 million job opportunities** available in the oil and natural gas industry.

### VETERANS IN OIL & GAS

Over the last several years the number of veterans working in the oil and gas and petrochemical industries has been growing with **nearly 185,000 veterans employed in 2014**. These veterans are diverse, with **nearly 6,000 female veterans and more than 41,000 minority veterans filling positions in all sectors of the industry and across all regions of the country**. The West South Central, Middle Atlantic, and South Atlantic regions are especially prominent for veterans, with those three regions accounting for 60% of all veterans employed in the oil and gas industry. The oil & gas and petrochemical industries consistently employ larger shares of veterans than both the government and the private sector.

**In 2014, veterans accounted for:**

**10.5%**  
of the oil & gas and  
petrochemical industry  
workforce

**10.4%**  
of the government  
workforce

**6.5%**  
of the private  
sector workforce

**7%**  
Overall veterans accounted for 7%  
of total employment in the U.S.

## WE TRUST THEM WITH OUR COUNTRY YOU CAN TRUST THEM WITH YOUR BUSINESS

### Military Candidates Demonstrate:

- » **Leadership** – experienced in both leading and working in team environments
- » **Character** – trustworthy, dependable, drug-free and have a strong work ethic
- » **Effectiveness** – veterans get the job done!
- » **Expertise** – occupational skills, job-specific experiences and understanding of the military community.
- » **Resiliency** – very comfortable in difficult working environments



### Companies Are Seeing the Value

- » **Increased retention rates** – veterans are committed to the organizations they work for
- » **Decreased recruiting costs** – Free access to an underutilized talent pool
- » **Proven Success** - organizations hire veterans because other veterans have already been successful in their organization.

Learn More at  
[NC4ME.org](http://NC4ME.org)

#### Learn Why...

Summits on Military Employment

#### Learn How...

Accredited HR Training  
& Small Business Training

#### Hire Military Candidates

Military Matchmaking  
& NC4ME Hiring Events





**VETERANS UPWARD BOUND**

Chatham County • Harnett County • Johnston County • Lee County • Wake County

**FREE FEDERAL PROGRAM FOR VETERANS!**

Services include:

- Course Instruction: Math, Writing, and Study Skills
- Academic and Financial Literacy Counseling
- Tutorial Services
- Developmental Workshops
- Financial Aid Support
- Prep for College Entrance Exams
- College and Career Exposure
- Assistance with College Applications

---

**VETERANS UPWARD BOUND**

1105 Kelly Drive  
Sanford, NC 27330

(919) 718-7463  
veteransub@cccc.edu







[www.cccc.edu/vub](http://www.cccc.edu/vub)

## DISABLED VETERAN OUTREACH SPECIALISTS

Veterans can find employment information, education and training opportunities, job counseling, job search workshops, and resume preparation assistance at state Workforce Centers or by contacting a Disabled Veteran Outreach Specialist through the Department of Commerce.

These Outreach Specialists work directly with veterans and disabled veterans to find them employment or training.

Disabled Veterans Outreach Specialists (DVOS) and Local Veterans Employment Representatives (LVER) assist veterans in applying for federal, state, local government and private sector employment. **See the complete list on page 31**

**Call us, and we'll point you to the right place to go!**

## VETERAN CAREER FAIRS, EXPOS AND WEBSITES

The federal government, including DoD, the VA and many state and local entities hold career expos and job fairs throughout the state. There are also many websites that feature job openings with companies looking to hire veterans with tools to help translate military experience into civilian equivalent experience.

Go to [NC4VETS.com](http://NC4VETS.com) for the latest information and visit our Facebook page at [facebook.com/NC4VETS](https://www.facebook.com/NC4VETS) for the latest job fairs or hiring events near you or call **844.NC4.VETS**.

## VOW TO HIRE HEROES ACT / 5 VETERAN TARGET GROUPS:

- Veterans in Household receiving Supplemental Nutrition Assistance Program (formerly known as food stamps) benefits
- Veterans with a Service-Connected Disability
- Veterans with a Service-Connected Disability unemployed for at least 6 months
- Veterans unemployed for at least 4 weeks
- Veterans unemployed for at least 6 months who are actively seeking to hire veterans and tools to help translate military experience into civilian equivalent experience

**PLEASE CONTACT YOUR LOCAL NCWORKS VETERANS EMPLOYMENT SPECIALIST ON PAGE 26.**

# TROOPS TO TEACHERS

Troops to Teachers is a U.S. Department of Defense program that helps eligible military personnel begin a new career as teachers in public schools where their skills, knowledge and experience are most needed.



## HOW TO TURN YOUR MILITARY OCCUPATIONAL SPECIALTIES (MOS) INTO A CIVILIAN CAREER

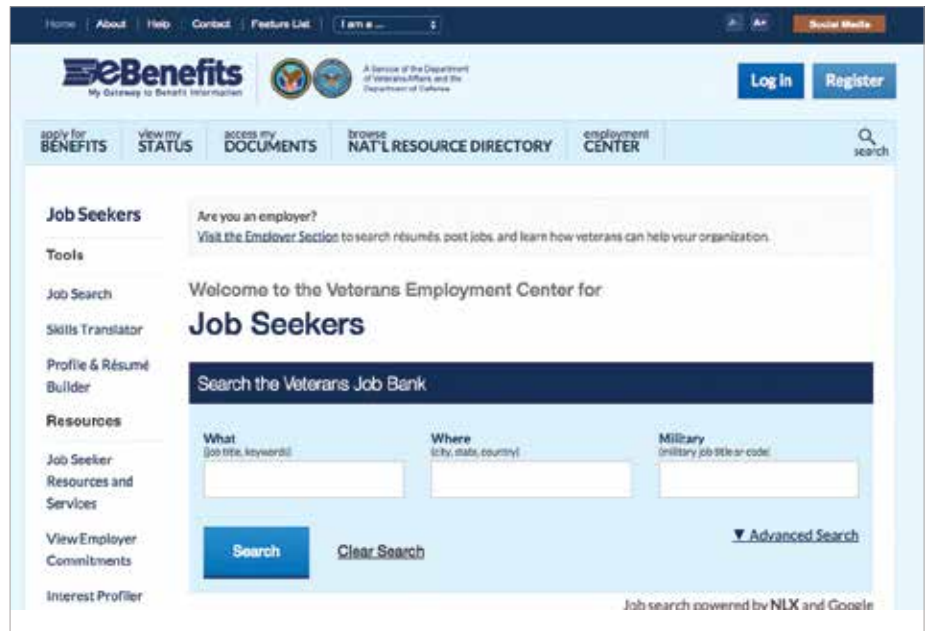
### MOS TO CIVILIAN LICENSURE

In 2014, Governor Pat McCrory signed legislation that provides licensure and credit for individuals with military training and experience as well as professional license endorsement for their spouses.

For more details on how you can convert your military training into civilian licenses credit, contact the Registrar or Student Veteran Advisor at the University of North Carolina campus or community college you choose to attend.

**FOR A LIST OF NORTH CAROLINA SCHOOLS SEE PAGE 85**

## eBENEFITS.VA.GOV: EVERYTHING YOU NEED TO FIND A JOB. START NOW.



**WWW.EBENEFITS.VA.GOV/EBENEFITS/JOBS**

Registration is open to any veteran whose last period of service is characterized as Honorable with an interest in instructional positions such as teacher, resource teacher or non-instructional positions such as:

- Paraprofessional
- Teacher's aide
- Counselor
- Psychologist
- School nurse
- Librarian
- Media specialist
- Speech therapist
- Audiologist
- Physiotherapist
- Resource officer
- School principal or vice principal



Financial assistance is available to eligible participants who are working to become certified teachers in public K-12 schools, charter schools or Bureau of Indian Affairs schools.

NOTE: Former military personnel currently serving as certified teachers may qualify to use the stipend or bonus to seek an additional endorsement, particularly in high need areas such as math, science, and special education.

For more information on Troops to Teachers, please visit it: [www.ncpublicschools.org/troops](http://www.ncpublicschools.org/troops)

# DID YOU KNOW?

**NORTH CAROLINA IS THE FASTEST GROWING REGION FOR VA HEALTH CARE, AND IS PROJECTED TO BE SO FOR THE NEXT 10 YEARS**



**NC4VETS SOCIAL MEDIA**

TWITTER, FACEBOOK, + INSTAGRAM: @NC4VETS

Like NC4VETS on Facebook, Follow us on Twitter and Instagram, and get real-time access to North Carolina Dept. of Military & Veterans Affairs!

## NCWorks Connecting Talent to Jobs



The Division offers programs for adults, veterans, youth, and also helps employers find the qualified talent they need to make their businesses thrive. The Division assists job seekers with learning a new industry through NCWorks Apprenticeships and operate NCWorks Online, the state's official job-search portal that is helping connect talented individuals with employers.

### HOW IT WORKS

Veterans can visit their local workforce office\* and take advantage of the following no-cost services:

- Career assessments
- Labor market information
- Access to training opportunities, job fairs, and workshops
- Job interview preparation
- Resume and cover letter assistance
- Assistance with NCWorks Online
- Access to computers and free Internet service
- Help applying for federal employment and training programs in which veterans receive priority of service

The NCDVA wishes to thank NCWorks for their efforts and assistance in building the NC4VETS suite of Veteran services.

North Carolina's economy depends on a strong workforce. As a proud member of the NCWorks initiative, the N.C. Division of Workforce Solutions is helping job seekers gain the tools and experiences they need to find meaningful employment.

Home to nearly 800,000 veterans and several major military installations, North Carolina has a distinguished history in serving the U.S. military, veterans, and their families. The N.C. Division of Workforce Solutions provides job seeker services for veterans, transitioning service members, and eligible spouses.

**NCWORKS.GOV**

We're helping North Carolina's job seekers find employment and businesses find workers. We invite you to learn more about our services and see for yourself how we can help you too.

\*see listings on page 31



# KNOWING YOUR EMPLOYMENT RIGHTS AS A VETERAN OR SERVICE MEMBER IS A RIGHT YOU SERVED TO DEFEND

## AND DEFENDING THOSE RIGHTS IS OUR DUTY

### VETERANS EMPLOYMENT OPPORTUNITY ACT

The VEOA allows preference to eligible persons or veterans who are honorably discharged from the Armed Forces to compete for vacant federal positions. VEOA offers protection to eligible veterans during a Reduction in Force (RIF) and against adverse actions. VETS staff investigates 5 and 10 point federal Veteran Preference complaints and answer inquires regarding VEOA.

[www.fedshirevets.gov](http://www.fedshirevets.gov)

### REALIFELINES

The primary mission of REALifeLines is to provide wounded and injured service members, and their families, with personal assistance through successful transition to civilian life. If you have been injured or wounded on active duty, contact a REALifeLines Representative at 1.888.774.1361 or visit:

[www.dol.gov/vets/programs/Real-life/main.htm](http://www.dol.gov/vets/programs/Real-life/main.htm)

### STAND DOWNS

Stand down is a military term referring to a brief respite from combat, including events coordinated in local communities to provide veterans with a wide range of social services. Stand Downs foster employment opportunities for veterans to promote self-sufficiency and improve Veterans connections with community-based service providers. Potential applicants can access Stand Down information at the following website:

[dol.gov/vets/programs/Stand%20Down/main.htm](http://dol.gov/vets/programs/Stand%20Down/main.htm)

## WANT TO START A BUSINESS? GREAT EMPLOYMENT & BUSINESS WEBSITES YOU SHOULD KNOW ABOUT:



NORTH CAROLINA MILITARY BUSINESS CENTER  
[www.ncmbc.us](http://www.ncmbc.us)



NORTH CAROLINA DEFENSE BUSINESS ASSOCIATION  
[www.ncdba.com](http://www.ncdba.com)



NC VETERAN'S BUSINESS ASSOCIATION  
[www.ncvetbiz.org](http://www.ncvetbiz.org)



RECOGNIZING VETERAN SERVICE. EMPOWERING BUSINESS SUCCESS.

## OUR MISSION

*To support, educate, and connect all veterans in commerce in North Carolina with resources to become successful in business.*

### SUPPORT

We support our membership through the recognition of veteran service, and we work to empower business success by advocating on key issues that affect veteran-owned businesses in North Carolina.

### EDUCATE

We provide educational opportunities focused on relevant information for business owners: marketing, finance, business growth and development, certification, methods for accessing capital, etc.

### CONNECT

We connect veteran-owned businesses and professionals with each other—inspiring mentoring and collaboration. We also connect our members to key contacts in corporate America, as well as state and local government.



NC VetBiz works throughout our state to empower veteran business owners to be successful. Pictured left to right: 2016 Annual Meeting—Congressman Price with NC VetBiz members; a monthly micro networking event; Vet 2 Vet connections.



Inaugural class of Wake Tech's VET to CEO program, conducted in partnership with NC VetBiz.

To learn more, visit [www.NCVETBIZ.org](http://www.NCVETBIZ.org)

## WHY SUPPORT NORTH CAROLINA'S VETERAN OWNED SMALL BUSINESSES?

Because, in our opinion, no matter what benchmark or metric you use, the Veteran Owned Small Business (VOSB) community supports the North Carolina economy. It is universally agreed upon that small business is the key driver of the U.S. economy. According to the Small Business Administration, small businesses make up 99.7% of U.S. employer firms, create 64% of net new private sector jobs, and make up 42.9% of private sector payrolls. Therefore, if you want to drive meaningful economic growth for North Carolina, you must support the small business community.

### THE POWER OF THE VETERAN OWNED SMALL BUSINESSES

Veterans make up 7.79% of the population in North Carolina, and represent almost 11% of small business owners. There are more than 87,000 VOSB's that call North Carolina home. That's a lot of jobs created, goods and services provided, and tax revenues generated for our state.

According to the VA's 2015 Veteran Economic Opportunity Report, "Approximately one out of two (53%) separating Post-9/11 Veterans will face a period of unemployment. While national unemployment rates have declined, the on-the-ground reality is that half of our Veterans enter a period of unemployment upon transition."

Moreover, many in modern corporate America do not recognize the true "Value of a Veteran;" instead looking at hiring a Veteran as a form of corporate social responsibility, or charity. However, Veterans don't need charity. In fact, they are the most qualified, highly trained, cool under pressure, adaptable workers in America. And you know who recognizes these characteristics, and who will hire a Veteran? Other Veterans.

Therefore, entrepreneurship must be viewed as another employment opportunity for veterans. Some transitioning veterans will simply never thrive in traditional corporate America. Upon separation, or retirement, many Veterans find themselves overqualified for open positions, while others are consistently being underemployed. Still other Veterans, due to service related mental or physical disability, will simply never be able to cope with traditional corporate roles. However, with their skill set and experience, a majority of these same Veterans can transition into very successful small business owners. Consequently, North Carolina must empower these Veteran entrepreneurs, support their transition to the civilian sector, provide business development assistance, and facilitate meaningful access to state, federal, and corporate procurement opportunities.

REVENUE

EMPLOYMENT

SUPPORT



The North Carolina Veteran Business Association is a 501©3 non-profit organization.  
8311 Brier Creek Parkway, Suite 105-404, Raleigh NC 27526  
To learn more, check out our website at [www.NCVETBIZ.org](http://www.NCVETBIZ.org)



# Enable America

## MAKING EMPLOYMENT CONNECTIONS FOR VETERANS



- Job Seekers Workshops
- Career Mentoring Days
- Business Connection Meetings

ENABLE AMERICA SERVES MILITARY IN TRANSITION, DISABLED VETERANS, & INDIVIDUALS WITH DISABILITIES. IN PARTNERSHIP WITH CIVILIAN SECTOR EMPLOYER PARTNERS WHO VALUE MILITARY EXPERIENCE WE BUILD BRIDGES TO CAREER OPPORTUNITIES.

*Find out how Enable America can help you! Veterans, employers, military leadership and transition coordinators contact us.*

North Carolina Program Director Sandy Moonert  
[Sandra.Moonert@EnableAmerica.org](mailto:Sandra.Moonert@EnableAmerica.org)  
 Phone: (919) 345-9933

**EnableAmerica.org**



# JOIN HOPE FOR THE WARRIORS® MISSION

to Restore Self, Family, and Hope



### TOP HIGHLIGHTS

- Military Families Served in 2014: Approximately 5,000
- Served by 45 staff members and more than 2,000 volunteers
- Assistance given to families in all 50 states and territories
- Serving post-9/11 Service Members, Veterans, their families, and families of the fallen



### PROGRAM PILLARS

- CAREER TRANSITION & EDUCATION
- CLINICAL HEALTH & WELLNESS
- SPORTS & RECREATION
- COMMUNITY & MILITARY RELATIONS

TWITTER.COM/HOPE4WARRIORS  
[INFO@HOPEFORTHEWARRIORS.ORG](mailto:INFO@HOPEFORTHEWARRIORS.ORG)  
[WWW.HOPEFORTHEWARRIORS.ORG](http://WWW.HOPEFORTHEWARRIORS.ORG)



# NORTH CAROLINA COMMERCE VETERANS WORKFORCE OFFICES

## HELPING VETERANS FIND JOBS

**ALAMANCE COUNTY**

2640 S. Columbine Lane  
Burlington, NC 27215  
Phone: (336) 570-6800

**ALEXANDER COUNTY**

604 7th Street, SW.  
Taylorsville, NC 28681  
Phone: (828) 632-4631

**ALLEGHANY COUNTY**

115 D Atwood Street  
Sparta, NC 28675  
Phone: (336) 372-9675

**ANSON COUNTY**

514 N. Washington Street  
Lockhart-Taylor Center  
Wadesboro, NC 28170  
Phone: (704) 694-6551

**ASHE COUNTY**

626 Ashe Central School Rd.  
Unit 5  
Jefferson, NC 28640  
Phone: (336) 982-5627

**AVERY COUNTY**

428 Pineola Street  
PO Box 939  
Newland, NC 28657  
Phone: (828) 737-5419

**BEAUFORT COUNTY**

1385 John Small Avenue  
Washington, NC 27889  
Phone: (252) 946-3116

**BERTIE COUNTY**

128 E. Granville St.  
Windsor, NC 27983  
Phone: (252) 794-5616

**BLADEN COUNTY**

401 Mercer Mill Road  
Elizabethtown, NC 28337  
Phone: (910) 862-3255

**BRUNSWICK COUNTY**

5300-7 Main Street  
Shallotte, NC 28470  
Phone: (910) 754-6120

**BUNCOMBE COUNTY**

48 Grove Street  
Asheville, NC 28801  
Phone: (828) 251-6200

**BURKE COUNTY**

720 East Union Street  
Morganton, NC 28655  
Phone: (828) 438-6161

**CABARRUS COUNTY**

845 N. Church St. Ste. 201  
Concord, NC 28025  
Phone: (704) 786-3183

**CALDWELL COUNTY**

1909 Hickory Blvd. SE  
Lenoir, NC 28645  
Phone: (828) 759-4680

**CARTERET COUNTY**

309 Commerce Avenue  
Morehead City, NC 28557  
Phone: (252) 726-7151

**CASWELL COUNTY**

331 Piedmont Drive  
Yanceyville, NC 27379  
Phone: (336) 694-5975

**YOUTH-CASWELL COUNTY**

Campus of PCC  
331 Piedmont Drive  
Yancyville, NC 27379  
Phone: (336) 694-5707

**CATAWBA COUNTY**

3301 Hwy. 70 SE  
Newton, NC 28658  
Phone: (828) 466-5535

**CHATHAM COUNTY**

764 West Street  
Pittsboro, NC 27312  
Phone: (919) 545-8054

**SILER CITY**

225 E. Beaver Street  
Siler City, NC 27344  
Phone: (919) 742-7454

**CHEROKEE COUNTY**

800 West US Hwy. 64  
Murphy, NC 28906  
Phone: (828) 837-7407

**CHOWAN COUNTY**

800 N. Oakum St.  
Bldg. 3, Rm. 300  
Edenton, NC 27932  
Phone: (252) 482-2195

**CLEVELAND COUNTY**

404 E. Marion Street  
Shelby, NC 28150  
Phone: (704) 480-5414

**COLUMBUS COUNTY**

913 Jefferson Street  
Whiteville, NC 28472  
Phone: (910) 642-0146

**COLUMBUS COUNTY**

4564 Chadbourn Hwy.  
Whiteville, NC 28472  
Phone: (910) 642-7141

**CRAVEN COUNTY**

2836 Neuse Blvd.  
New Bern, NC 28560  
Phone: (252) 514-4828

**CUMBERLAND COUNTY**

414 Ray Avenue  
Fayetteville, NC 28301  
Phone: (910) 486-1010

**DARE COUNTY**

2522 S. Croatan Hwy.  
Nags Head, NC 27959  
Phone: (252) 480-3500

**DAVIDSON COUNTY**

555-A W. Center St.  
Lexington, NC 27292  
Phone: (336) 242-2065

**DAVIDSON COUNTY**

211 W. Colonial Drive  
Suite 119  
Thomasville, NC 27360  
Phone: (336) 474-2635

**DAVIE COUNTY**

371 North Main Street  
Mocksville, NC 27028  
Phone: (336) 776-6720

**DUPLIN COUNTY**

192 Magnolia Ext.  
Kenansville, NC 28349  
Phone: (910) 296-1478

**DURHAM COUNTY**

1105 S. Briggs Avenue  
Durham, NC 27703  
Phone: (919) 560-6880

**DURHAM COUNTY**

1058 West Club Blvd.  
Suite 848  
Durham, NC 27701  
Phone: (919) 354-2748

**EDGECOMBE COUNTY**

110 Fountain Park Dr.  
Battleboro, NC 27809  
(252) 977-3306

**FORSYTH COUNTY**

2701 University Pkwy.  
Winston-Salem, NC 27105  
Phone: (336) 724-3625

**FORSYTH COUNTY**

450 West Hanes Mill Road  
Suite 201  
Winston Salem, NC 27105  
Phone: (336) 776-6720

**FRANKLIN COUNTY**

6 N. Main Street  
Franklinton, NC 27525  
Phone: (919) 494-1162

**GASTON COUNTY**

7220 Wilkinson Blvd.  
Handley Hall, Room 212  
Belmont, NC 28012  
Phone: (704) 266-5005

**GASTON COUNTY**

1391 Bessemer City Road  
Gastonia, NC 28052  
Phone: (704) 853-5328

**GRAHAM COUNTY**

347 Rodney Orr Bypass  
Robbinsville, NC 28771  
Phone: (828) 479-3376

**GRANVILLE COUNTY**

111 Hilltop Village  
Oxford, NC 27565  
Phone: (919) 693-2686

**GREENE COUNTY**

818 Hwy 91 North  
Snow Hill, NC 28580  
Phone: (252) 747-5689

**GUILFORD COUNTY**

2005B S. Elm-Eugene St.  
Greensboro, NC 27406  
Phone: (336) 334-5777

**GUILFORD COUNTY**

607 Idol Street  
High Point, NC 27261  
Phone: (336) 882-4141

**GUILFORD COUNTY**

2301 W. Meadowview Rd.  
Greensboro, NC 27406  
Phone: (336) 297-9444

**HALIFAX COUNTY**

1620 E. Tenth Street  
Suite 101  
Roanoke Rapids, NC 27870  
Phone: (252) 537-4188

**HARNETT COUNTY**

101 Hunt Valley Drive  
Dunn, NC 28334  
Phone: (910) 891-2915  
Fax: (910) 891-2918

**HARNETT COUNTY**

1137 E. Cornelius Harnett Blvd.  
Lillington, NC 27546  
Phone: (910) 814-4042

**HAYWOOD COUNTY**

1170 North Main Street  
Waynesville, NC 28786  
Phone: (828) 456-6061

**HENDERSON COUNTY**

26 Francis Road  
Hendersonville, NC 28792  
Phone: (828) 693-1703

**HENDERSON COUNTY**

Blue Ridge Comm Coll.  
180 West Campus Dr.  
Flat Rock, NC 28731  
Phone: (828) 694-1755

**HERTFORD COUNTY**

109 Community College Rd.  
Ahoskie, NC 27910  
Phone: (252) 862-1257

**HOKE COUNTY**

304 Birch Street  
Raeford, NC 28376  
Phone: (910) 875-5059

**IREDELL COUNTY**

532 Patterson Avenue  
Suite 170  
 Mooresville, NC 28115  
Phone: (704) 360-8067

**IREDELL COUNTY**

133 Island Ford Road  
Statesville, NC 28625  
Phone: (704) 878-4241

**JACKSON COUNTY**

26 Ridgeway Street, Ste. 2  
Sylva, NC 28779  
Phone: (828) 586-4063

**JOHNSTON COUNTY**

8998 US 70 - Biz Hwy Ste 100  
Clayton, NC 27520  
Phone: (919) 553-0953

**JONES COUNTY**

509 NC Hwy 58 N.  
LCC Jones Co Ctr.  
Trenton, NC 28585  
Phone: (252) 448-4791

**LEE COUNTY**

1909 Lee Avenue  
Sanford, NC 27330  
Phone: (919) 775-2241

**LENOIR COUNTY**

231 Hwy 58 South  
Kinston, NC 28501  
Phone: (252) 526-4435

**LINCOLN COUNTY**

529 N. Aspen Street  
Lincolnton, NC 28092  
Phone: (704) 735-8035

**MACON COUNTY**

5 W. Main St.  
Franklin, NC 28734  
Phone: (919) 494-2521

**MADISON COUNTY**

4646 U.S. Highway 25-70  
AB Tech - Madison Campus  
Marshall, NC 28753  
Phone: (828) 649-2577

**MARTIN COUNTY**

407 East Blvd.  
Williamston, NC 27892  
Phone: (252) 792-7816

**MCDOWELL COUNTY**

316 Baldwin Ave. Suite 1  
Marion, NC 28752  
Phone: (828)652-7131

**MECKLENBURG COUNTY**

1401 W. Morehead Street  
Suite 100  
Charlotte, NC 28208  
Phone: (704) 206-1350

**MECKLENBURG COUNTY**

7140 Forest Point Blvd. Suite A  
Charlotte, NC 28217  
Phone: (704) 565-6865

**MECKLENBURG COUNTY**

5601 Executive Center Drive  
Suite 100  
Charlotte, NC 28212  
Phone: (704) 566-2870

**MITCHELL COUNTY**

Workforce Center  
200 Mayland Drive  
Spruce Pine, NC 28777  
Phone: (828) 766-1195

**MONTGOMERY COUNTY**

1011 Page Street  
Troy, NC 27371  
Phone: (910) 572-3641

**MOORE COUNTY**

245 Shepherd Trail  
Aberdeen, NC 28315  
Phone: (910) 944-7697

**NEW HANOVER COUNTY**

717 Market Street  
Wilmington, NC 28401  
Phone: (910) 251-5777

**ONSLOW COUNTY**

461 Western Blvd. Ste. 106  
Jacksonville, NC 28546  
Phone: (910) 347-2121

**ORANGE COUNTY**

503 West Franklin Street  
Chapel Hill, NC 27516  
Phone: (919) 968-2031

**PAMLICO COUNTY**

705 Main Street  
Bayboro, NC 28515  
Phone: (252) 745-9934

**PASQUOTANK COUNTY**

422 McArthur Street  
Elizabeth City, NC 27909  
Phone: (252) 331-4798

**PENDER COUNTY**

904-A S. Walker Street  
Burgaw, NC 28425  
Phone: (910) 259-0240

**PERSON COUNTY**

203 North Main Street  
Suite 212  
Roxboro, NC 27573  
Phone: (336) 599-3109

**PITT COUNTY**

3101 Bismarck Street  
Greenville, NC 27834  
Phone: (252) 355-9067  
Fax: (252) 355-9075

**RANDOLPH COUNTY**

600 S. Fayetteville Street  
Asheboro, NC 27203  
Phone: (336) 625-5128



**RICHMOND COUNTY**

115 West Franklin Street  
Rockingham, NC 28379  
Phone: (910) 997-9180

**ROBESON COUNTY**

289 Corporation Drive Ste. B.  
Lumberton, NC 28358  
Phone: (910) 618-5500

**ROCKINGHAM COUNTY**

8340 NC 87  
Reidsville, NC 27320  
Phone: (336) 634-5600

**ROWAN COUNTY**

1904 South Main Street  
Salisbury, NC 28144  
Phone: (704) 639-7529

**ROWAN COUNTY**

1300 West Bank Street  
Salisbury, NC 28145  
Phone: (704) 633-6633

**RUTHERFORD COUNTY**

233 Charlotte Rd.  
Rutherfordton, NC 28139  
Phone: (828) 286-3042

**SAMPSON COUNTY**

115 North Boulevard  
Clinton, NC 28328  
Phone: (910) 592-5756

**SCOTLAND COUNTY**

303 N. Main Street  
Laurinburg, NC 28352  
Phone: (910) 276-4260

**STANLY COUNTY**

2215 US Highway 52 North  
Albemarle, NC 28001  
Phone: (704) 982-2183

**SURRY COUNTY**

541 West Pine Street. Ste. 300  
Mount Airy, NC 27030  
Phone: (336) 786-4169

**SWAIN COUNTY**

Federal Building, 50 Main St.  
Bryson City, NC 28713  
Phone: (828) 488-2149

**TRANSYLVANIA CNTY**

Blue Ridge Comm Coll.  
45 Oak Park Drive  
Brevard, NC 28712  
Phone: (828) 883-2550

**UNION COUNTY**

1125 Skyway Drive  
Monroe, NC 28110  
Phone: (704) 283-7541

**VANCE COUNTY**

857 South Beckford Dr.  
Suite G.  
Henderson, NC 27536  
Phone: (252) 438-6129

**WAKE COUNTY**

742-F East Chatham Street  
Cary, NC 27511  
Phone: (919) 469-1406

**WAKE COUNTY**

1002 Dogwood Drive  
Zebulon, NC 27597  
Phone: (919) 404-3900

**WAKE COUNTY**

1830-B Tillery Place  
Raleigh, NC 27604  
Phone: (919) 715-0111

**WAKE COUNTY**

130 N. Judd Parkway, NE  
Fuquay-Varina, NC 27526  
Phone: (919) 557-1121

**WAKE COUNTY**

350 E. Holding Avenue  
Wake Forest, NC 27587  
Phone: (919) 562-6300  
Fax: (919) 562-6315

**WAKE COUNTY**

220 Swinburne Street  
Raleigh, NC 27610  
Phone: (919) 250-3770

**WARREN COUNTY**

309 N. Main Street,  
Rm. 123  
Warrenton, NC 27589  
Phone: (252) 257-3230

**WATAUGA COUNTY**

130 Poplar Grove Conn.  
Boone, NC 28607  
Phone: (828) 265-5385

**WAYNE COUNTY**

2006 Wayne Memorial Dr.  
Goldsboro, NC 27534  
Phone: (919) 731-7950

**WILKES COUNTY**

103 Call Street Extension  
WILKESBORO, NC 28697  
Phone: (336) 838-5164

**WILSON COUNTY**

302 Tarboro Street West  
Wilson, NC 27893  
Phone: (252) 234-1129

**YADKINVILLE**

236 N Lee Ave  
Yadkinville, NC 27055  
(336) 679-4079

**ZEBULON**

1002 Dogwood Drive  
Zebulon, NC 27597  
(919) 404-3900

**YADKIN COUNTY**

223 E. Main Street  
Yadkinville, NC 27055  
Phone: (336) 786-4169

**YANCEY COUNTY**

1040-L E. US Hwy 19E  
Suite 2  
Burnsville, NC 28714  
Phone: (828) 682-6618

North Carolina's veterans are a highly skilled and capable part of the workforce. As a proud member of the NCWorks initiative, the N.C. Division of Workforce Solutions is helping veterans connect to employers by providing them with the tools and services they need to find meaningful employment.

NCWorks Career Centers offer job seeker services at no cost to vets, and specialists are ready to assist those who face additional

obstacles to employment, such as homelessness, low income, and lack of a high school diploma. In addition to job seeker services, veterans can also register for free with NCWorks Online, the state's official job-search portal, and NCWorks Apprenticeship, which combines on-the-job training with classroom instruction and allows participating veterans to continue drawing benefits from the GI Bill while they work.

**NCWorks Career Centers offer the following no-cost services across the state:**

- Career assessments
- Labor market information
- Job referrals
- Access to training programs, job fairs, and workshops
- Job interview preparation
- Resume and cover letter assistance
- Help with NCWorks Online
- Access to computers and free Internet service
- Help applying for federal employment and training programs in which veterans receive priority of service

The state's NCWorks Career Centers are listed by area. Refer to these pages or the Maps section (p. 4-11) to find a career center near you!

## Operation: GoodJobs Putting veterans & their families back to work

Operation: GoodJobs is a national partnership between Goodwill and the Walmart Foundation that provides free services to help veterans and military families find meaningful employment and financial stability through free employment assistance services, including career assessment, planning and coaching, job skills training, resume preparation, job placement, career readiness certification and more. It is open to veterans, active duty and reserve service members, military spouses and adult children dependents residing with service member, with particular focus on female veterans and post-9/11 veterans. For a complete schedule of locations and info session times please visit [www.operationgoodjobs.org](http://www.operationgoodjobs.org).



For more information please contact:

p: (336) 724-3625 x1289 • [VeteranServices@goodwillnwc.org](mailto:VeteranServices@goodwillnwc.org)



"Outside The Wire Group Foundation is a certified veteran peer-run, certified veteran peer-led veteran services organization.

We provide consultation, crisis support, and solutions to organizations and in particular, our service-members, veterans, and their families. (SMVF)."

[www.otwgroup.org](http://www.otwgroup.org)  
(919) 368-1520



Legal Services  
of  
southern  
piedmont



1431 Elizabeth Ave.  
Charlotte, NC 28204  
(704) 376-1600



# Red Cross Resources

You serve our nation. We are honored to serve you.

### Linking Military Families during an Emergency

Red Cross workers use advanced communications technologies to link service members with their families. Our Emergency Communications Center quickly and efficiently obtains the required information and sends emergency communication messages to service members of every branch of service wherever in the world they happen to be. **For assistance call (877) 272-7337**

### Board of Veteran's Affairs

The Red Cross assists claimants who seek to appeal to the Board of Veterans' Appeals (BVA). This work is done by Red Cross staff at the BVA as well as a network of State Work-Share Representatives who are accredited by the Department of Veterans Affairs to work on behalf of the Red Cross. Call 1-800-RedCross (1-800-733-2767) or your local chapter for more information. Find your local chapter at [RedCross.org/Local](http://RedCross.org/Local)

### Providing Resiliency Training

Families back home count on the Red Cross to provide training that promotes resiliency and preparedness to help them cope with the challenges of military life. The Red Cross also provides a variety of preparedness and job skill training. Contact your local chapter for more information. [RedCross.org/Local](http://RedCross.org/Local)

### Connecting Families with Local Community Resources

Building on its trusted presence in communities across the nation and on military installations around the world, the Red Cross links military families to local resources and support services. Contact your local chapter for more information.

Find your local chapter  
[RedCross.org/Local](http://RedCross.org/Local)

Find more about our services to military families  
[RedCross.org/SAF](http://RedCross.org/SAF)



### Contact the Red Cross

*Save this information to expedite your call*

Birth Date of Service Member:

Home Base Unit:

Military Unit Address:

Local Red Cross Chapter:

[RedCross.org](http://RedCross.org) • 1-800-Red Cross (1-800-733-2767)

16 Chapters across North Carolina engaged in activities for those who served, are serving and will serve in the future.



[www.moaa-nc.org](http://www.moaa-nc.org)



Advocating for a strong defense, military personnel matters and especially proposed legislation affecting the career force, the retired community and veterans of the uniformed services.



A sampling of our service to NC Veterans, their families, and transitioning personnel:

Fisher Houses  
Warrior vUnits  
Wounded Warrior Services  
Transition Services  
Parades/Ceremonies  
JROTC Scholarships

State Veterans Homes  
Community College Veterans Councils  
We Honor Veterans - Hospice Caregiving  
Veterans Restoration Quarters  
USO Centers/Honor Support Teams

Habitat Veterans Build  
Veterans Stand Downs  
Charlotte Bridge Home  
Operation At Ease  
Toys for Tots

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910-616-3487



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*To Support, Educate, and Connect all veterans in commerce in North Carolina with resources to become successful in business.*

[WWW.NCVETBIZ.ORG](http://WWW.NCVETBIZ.ORG)





# VA BENEFITS

How to File a Claim

Compensation + Pension

Veterans with Disabilities

\* The quickest way to navigate the claims process is to work with an **Accredited Veteran Service Officer** - Whose services are **FREE**. Paying for services WILL NOT expedite the process.

## BE PREPARED TO FILE YOUR CLAIM

**BRING** a copy of your DD 214 and evidence that supports your claim. Never assume the VA has the necessary information on file.

**BE SURE** your VA file number is included on every page of your correspondence and documentation.

**RESPOND** quickly and completely to the VA's request for further information.

**KEEP** all scheduled medical appointments.

**NOTIFY** the VA immediately if your address or phone number changes.

**KNOW** your service dates and Social Security number. If you are a spouse of a deceased veteran, you should know this information, along with any previous marital status of your veteran.

**CONSIDER** using direct deposit to receive VA payment and be prepared to provide a voided check.

## 2016 VA DISABILITY COMPENSATION RATES FOR VETERANS

DISABILITY RATING	MONTHLY BENEFIT*
10%	\$133.17
20%	\$263.23
30%	\$407.75
40%	\$587.36
50%	\$836.13
60%	\$1,059.09
70%	\$1,334.71
80%	\$1,551.48
90%	\$1,743.48
100%	\$2,906.83

\*2016 Single w/o Dependents Rate

# HOW TO FILE A DISABILITY CLAIM



### 1 STEP 1: FILE A CLAIM

Filing for veterans benefits is a free service provided by the North Carolina Division of Veterans Affairs and local County Veteran Service Officers (CVSO). Claims can also be filed by National Service Offices such as: VVA, VFW, American Legion, and Disabled American Veterans (DAV), etc. The disability claim process begins the moment you file a claim.

To file, veterans must sign a power of attorney (POA) which authorizes VSOs to act on your behalf when preparing, presenting and prosecuting your claim for any and all benefits from the VA, or you can do it yourself at eBenefits (see page 41).

### 2 STEP 2: SUBMIT EVIDENCE

You must submit evidence to support your disability claim. Evidence submitted at the time of the filing will help expedite your claim. Your disability evaluation will be based on the evidence so it is essential that the information is accurate and complete. VSOs can assist you in this process.

### 3 STEP 3: GET A VA PHYSICAL EXAM

The exams that the VA requests will depend on your claim and treatment history. Your nearest VA Medical Center will schedule the exam and contact you to let you know when and what exams are scheduled. After the exams, a report will be prepared and sent to a rating board. You can help the process go faster by keeping your appointments and asking your private medical providers to send copies of your records to the VA office.

*TIP: Ask your private doctor to include your VA file number on all records they submit.*

### 4 STEP 4: OBTAIN VA DECISION

The VA will consider all evidence submitted and make a decision about whether or not the claim supports injuries and disabilities chronically incurred, aggravated or contains certain presumptive conditions while in service.

If the VA approves the claim, then a rating is decided based on how severe your conditions are. The rating is defined and set based on federal law.



## OPTIONS FOR DENIED CLAIMS OR IF YOU DISAGREE WITH A DECISION

If the VA denies your claim you may appeal the decision. You may also appeal if your claim was approved, but you disagree with any part of the rating.

An appeal involves many steps, some of which are optional, some that are required. The appeals process has strict time limits that include:

1. Notice of Disagreement (NOD)
2. Statement of Case (SOC)
3. Hearing (Optional)
4. Formal Appeal (Form 9)
5. Board of Veterans Appeals (BVA)
6. U.S. Court of Appeals for Veterans Claims (CAVC)

Unfortunately, this process can take years to come to a final decision, but once a decision has been made, you will be notified by mail.

Note: Before you file an appeal, consider obtaining new & material evidence and request your denied claim be reconsidered. This can save time and effort. Talk to your local Veterans Service Officer before you file an appeal.

## VETERANS CLAIMS & ADVOCACY FOR VETERANS, THEIR SURVIVORS AND DEPENDENTS

The Federal VA benefit system actually is a legal system. In order to qualify for benefits, veterans must file a claim against the United States proving they are eligible for these benefits through the submission of legal, military and medical evidence.

NCDMVA employs federally accredited and state certified Veterans Service Officers (VSOs) who are subject matter experts in Federal VA law (Chapter 38 United States Code and Chapter 38 Code of Federal Regulations) and are allowed to practice by taking Power of Attorney for veterans seeking benefits. These VSOs represent veterans, their dependents and survivors before the Federal VA in their claims and appeals.

With its County Veteran Service Officer and National Service Officer partners, NCDVA provides claims and counseling advocacy and representation to North Carolina's 800,000 veterans.

In 2014, NC Veterans completed 68,895 claims, an increase of 38% from 2013. Currently, NCDMVA holds Power of Attorney for nearly 150,000 North Carolina Veterans.

In addition to claims work, VSOs regularly help veterans and their families learn about other benefits that they may be eligible for. VSOs are knowledgeable about the many resources available within the state and can usually assist in finding help and solutions to issues that you may be facing.

## CHECK YOUR VA DISABILITY CLAIM ONLINE



## AGENT ORANGE REGISTRY HEALTH EXAM FOR VETERANS

VA's Agent Orange Registry health exam alerts Veterans to possible long-term health problems that may be related to Agent Orange exposure during their military service. The registry data helps VA understand and respond to these health problems more effectively.

This comprehensive health exam includes an exposure history, medical history, physical exam, and any tests if needed. A VA health professional will discuss the results face-to-face with the Veteran and in a follow-up letter.

Contact your local VA Environmental Health Coordinator about getting an Agent Orange Registry health exam.

### Environmental Health Coordinators

#### ASHEVILLE VAMC

1100 Tunnel Road  
Asheville, NC 28805  
828-298-7911 Ext. 3914

#### DURHAM VAMC

508 Fulton Street  
Durham, NC 27705  
919-286-0411 Ext. 5287

#### FAYETTEVILLE VAMC

2300 Ramsey Street  
Fayetteville, NC 28301  
910-488-2120 Ext. 7585

#### SALISBURY VAMC

1601 Brenner Ave.  
Salisbury, NC 28144  
704-638-9000 Ext. 2576

## GULF WAR REGISTRY HEALTH EXAM FOR VETERANS

VA's Gulf War Registry Health Exam alerts Veterans to possible long-term health problems that may be related to environmental exposures during their military service. The registry data helps VA understand and respond to these health problems more effectively.

This comprehensive health exam includes an exposure and medical history, laboratory tests, and a physical exam. A VA health professional will discuss the results face-to-face with the Veteran and in a follow-up letter.

### Important points about registry health exams

- Free to eligible Veterans and no co-payment
- Not a disability compensation exam or required for VA benefits
- Enrollment in VA's health care system not necessary
- Based on recollection of service, not on their military records
- Veterans can receive additional registry exams, if new problems develop
- Veterans' family members are not eligible for registry exams

### Eligibility for Gulf War Registry Health Exam

Veterans who served in the Gulf during Operation Desert Shield, Operation Desert Storm, Operation Iraqi Freedom, or Operation New Dawn are eligible for the Gulf War Registry exam.

You do not need to be enrolled in VA health care to take part.



# AIRBORNE HAZARDS AND OPEN BURN PIT REGISTRY

Veterans and Service Members who were close to burn pit smoke or exposed for longer periods may be at greater risk for health problems. Health effects from burn pit exposure will vary and depend on a number of factors such as the kind of waste being burned, pre-existing conditions, and wind direction.

Veterans and Service members can use the registry questionnaire to report expo-

sure to airborne hazards (such as smoke from burn pits, oil-well fires, or pollution during deployment), as well as other exposures and health concerns.

Registry participation is open to any Veteran or Service Member who served in:

- OEF/OIF/OND or in Djibouti, Africa, after September 11, 2001, or
- Operations Desert Shield or Desert Storm or the Southwest Asia theater of

operations after August 2, 1990.

The Southwest Asia theater of operations includes the following locations: Iraq, Kuwait, Saudi Arabia, Bahrain, Gulf of Aden, Gulf of Oman, Oman, Qatar, United Arab Emirates, waters of the Persian Gulf, Arabian Sea, and the Red Sea, and the airspace above these locations. For more information and to register visit: [www.veteran.mobilehealth.va.gov/AHBurnPitRegistry](http://www.veteran.mobilehealth.va.gov/AHBurnPitRegistry)

## PRESUMPTIVE HEALTH CONDITIONS

There are three categories in which veterans may qualify for service-connected disability based on a condition to be presumed by military service. These groups are:

- ▶ **1)** veterans who were diagnosed with a chronic disease such as arthritis, diabetes, or hypertension within one year of being released from active duty;
- ▶ **2)** veterans diagnosed with amyotrophic lateral sclerosis (ALS) anytime after discharge of service and have at least 90 days of continuous service; and
- ▶ **3)** veterans who served in the conflicts / geographic regions associated with those diagnosed conditions identified below. For more information on presumptive health conditions, please contact a VSO.

**Former POW's** Imprisoned for not less than 30 days and a disability of at least 10 percent disabling.

**Vietnam Veterans** [Exposed to Agent Orange] Served in the Republic of Vietnam between Jan. 9, 1962 and May 7, 1975.

**Atomic Veterans** [Exposed to Ionizing Radiation] Participated in atmospheric nuclear testing; occupied or was a POW in Hiroshima or Nagasaki; service before Feb. 1, 1992 at diffusion plant in Paducah, KY, Portsmouth, OH, or Oak Ridge, TN; or service before Jan. 1, 1974 at Amchitka Island, AK.

**Gulf War Veterans** Served in the Southwest Asia Theater of Operations during the Gulf Wars with conditions that are medically unexplained,

including chronic multi-symptom illnesses defined by a cluster of signs or symptoms that have existed for six months or more.

**Camp Lejeune** [Exposure to Contaminated Drinking Water at Camp Lejeune]

Veterans Affairs will evaluate disability compensation claims based on exposure to contaminated water at Camp Lejeune on a case-by-case basis. The water systems were contaminated from August 1953 through December 1987. For more information about presumptive conditions and Camp Lejeune, please visit: [www.publichealth.va.gov/exposures/camp-lejeune](http://www.publichealth.va.gov/exposures/camp-lejeune)



# DEPENDENCY AND INDEMNITY COMPENSATION

Dependency and Indemnity Compensation (DIC) is the primary monthly monetary benefit payable to surviving dependents of a deceased veteran, and is the monetary benefit to disability compensation for veterans.

This benefit is payable if the veteran died on active duty or in the line of duty and the death was not due to willful misconduct. Or, if death was after service, the death was caused by or attributed to a service-connected disability, or, if service member was rated 100% compensation for certain statute time limits.

The current basic monthly rate of DIC is \$1254.19 for an eligible surviving spouse. The rate is increased for each dependent child, and also if the surviving spouse is housebound or in need of aid and attendance. VA also adds a transitional benefit to the surviving spouse's monthly DIC if there are children under age 18. The amount is based on a family unit, not individual children.

For further rates information visit:

[www.benefits.va.gov/compensation/current\\_rates\\_dic.asp](http://www.benefits.va.gov/compensation/current_rates_dic.asp)



Offering veterans holistic therapies on a sliding scale basis to help them heal from the traumas of their military service in a safe and supportive environment.

Call today to schedule a consultation or visit our website to learn more: [helioswarriors.org](http://helioswarriors.org)

Helios Warriors is always in need of certified and licensed practitioners to join our team. Call 828-299-0776 or email [helioswarriorsdirector@gmail.com](mailto:helioswarriorsdirector@gmail.com) to join our healing team.

[helioswarriors.org](http://helioswarriors.org)  
251 Haywood Street, Suite D  
Asheville

Connecting Veterans to Veterans

Connecting Veterans to the Community

Celebrating the Value of a Veteran

Educating Charlott's about Veterans

2200 E. 7<sup>th</sup> Street Charlotte, NC 28204  
704-332-8802  
[www.charlottebridgehome.org](http://www.charlottebridgehome.org)

## DEATH PENSIONS

Survivors' (Death) Pension is a needs-based benefit paid to an unmarried surviving spouse, or an unmarried child, who meets certain age or disability requirements, of a deceased wartime veteran.

In order to qualify for a VA Death Pension, the VA calculates income received from most sources by the surviving spouse and any eligible children. It includes earnings, disability and retirement payments, unemployment insurance payments, interest and dividends payments, and net income from farming, business or rental property.

If the income is below a certain level, the dependent or surviving spouse may be eligible for this pension.

## BURIAL BENEFITS

Dependents and surviving spouses of an eligible veteran are eligible to be buried in national cemeteries.

When a death occurs and eligibility for interment in a national cemetery is determined, grave space is assigned by the cemetery director in the name of the veteran or family member. One gravesite is permitted for the interment of all eligible family members, unless soil conditions or the number of family decedents necessitate more than one grave. There is no charge for burial in a national cemetery.

See Page 44 for more information on Burial Benefits.

## HEADSTONES AND MARKERS

Spouses and dependents are not eligible for a Government-furnished headstone or marker unless they are buried in a national cemetery, state veteran's cemetery, or military post/base cemetery.

# COMPENSATION AND PENSION:

A monetary benefit paid to veterans who are disabled by an injury or illness incurred or aggravated during active military service. These disabilities are considered to be service connected.



## DISABILITY COMPENSATION

Disability compensation is paid monthly and varies with the degree of disability, the impairment to a veteran's earning capacity and the number of dependents. Veterans with certain severe disabilities may be eligible for additional special monthly compensation. These benefits are not subject to federal or state income tax.

## NATIONAL GUARD / SELECT RESERVE

Reservists who serve on active duty establish veteran status and may be eligible for the full range of VA benefits, depending on the length of active military service and a discharge or release from active duty under conditions other than dishonorable. In addition, reservists not activated may qualify for some VA benefits.

National Guard members can establish eligibility for VA benefits if activated for federal service during a period of war or domestic emergency. Activation for other than federal service does not qualify guard members for all VA benefits.

Claims for VA benefits based on federal service filed by National Guard members should include a copy of their military orders, presidential proclamation or executive order that clearly demonstrates the nature of their federal service.

## MILITARY RETIRED PAY

Historically, veterans have not been permitted to receive full military pay and VA compensation for benefits at the same time. Veterans who were entitled to both have had to either waive a portion of their retirement equaling the amount of awarded VA compensation or elect not to receive VA compensation at all. Receiving both benefits and retirement pay is commonly known as "concurrent receipt."

In 2004, Congress passed the Concurrent Retired and Disability Pay Act, allowing many veterans to receive 100 percent of the military retirement and VA compensation.

Because of the complexity of this issue, visit [www.dfas.mil](http://www.dfas.mil) for more information.

## VA DISABILITY PENSION BENEFIT FOR WARTIME VETERANS

A non-Service-Connected Disability VA Pension is a benefit paid to wartime veterans who have limited or no income, and who are age 65 or older, or under 65 and are permanently and totally disabled, a patient in a nursing home or are receiving Social Security disability payments. The amount that's payable depends upon the type and amount of income the veteran and family members receive from other sources.

Veterans who are more seriously disabled may qualify for Aid and Attendance or Housebound benefits. These benefits are paid in addition to the basic pension rate. Monthly payments are made to qualified veterans to bring their total income to a congressionally established support level (including other retirement and Social Security income).

## AID AND ATTENDANCE ( A & A )

An A&A benefit is paid in addition to monthly pension. A&A is allowed if the veteran: requires the aid of another person in order to perform his or her daily living activities; is bedridden; is a patient in a nursing home due to mental or physical incapacity; or has corrected visual acuity of 5/200 or less, in both eyes, or concentric contraction of the visual field to 5 degrees or less.

## HOUSEHOLD BENEFITS

A&A may not be paid without eligibility for pension. Qualifying veterans must have a single permanent disability (rated 100 percent disabled), and need assistance, or have a single permanent disability (100 percent disabled) and another disability, or disabilities, evaluated as 60 percent or more disabling.

A veteran cannot receive both A&A and Household Benefits at the same time.



## WHAT IS eBENEFITS?

eBenefits is a joint VA/DoD web portal that provides resources and self-service capabilities to Veterans, Service Members, and their families to research, access and manage their VA and military benefits and personal information. eBenefits uses secure credentials to allow access to personal information and gives users the ability to perform numerous self-service functions. It is an essential way for veterans, service members, and their families to receive access to and service from VA and DoD.

## WHAT CAN I DO IN eBENEFITS?

Some of the features within eBenefits allow veterans and service members to access official military personnel documents, view the status of their disability compensation claim, transfer entitlement of Post-9/11 GI Bill to eligible dependents (service members only), and register for and update direct deposit information for certain benefits.

## HOW DO I ACCESS eBENEFITS?

eBenefits is located at [www.ebenefits.va.gov](http://www.ebenefits.va.gov). Before veterans or service members can access and use eBenefits they must be listed in the Defense Enrollment Eligibility Reporting System (DEERS) and obtain a DS Logon. They can choose from two levels of registration, DS Logon Level 1 (Basic) and DS Logon Level 2 (Premium).

## WHAT IS A DS LOGON?

A DS Logon is a secure identity (username and password) that is used by various DoD and VA websites, including eBenefits. If you are already registered in DEERS, you are eligible for a DS Logon. Once you have a DS Logon, it is valid for the rest of your life.

## HOW DO I REGISTER FOR AN eBENEFITS ACCOUNT?

There are two types of registration, Basic and Premium. With a Premium Account, you can view personal data about yourself in VA and DoD systems, apply for benefits online, check the status of your claims, update your address records, and more. To get a Premium eBenefits Account, you must verify your identity. Many people will be able to verify their identity online by answering a few security questions. Service members may verify their identity online by using their Common Access Card. Military retirees may verify their identity online using their Defense Finance and Accounting Service (DFAS) Logon. For those unable to verify their identity online, you will instantly receive a Basic Account. A Basic eBenefits Account lets you customize the site and access information you enter into eBenefits yourself; however, you cannot see your personal information in VA or DoD systems. For more information on eBenefits visit: [www.eBenefits.va.gov](http://www.eBenefits.va.gov)



## Go Online!

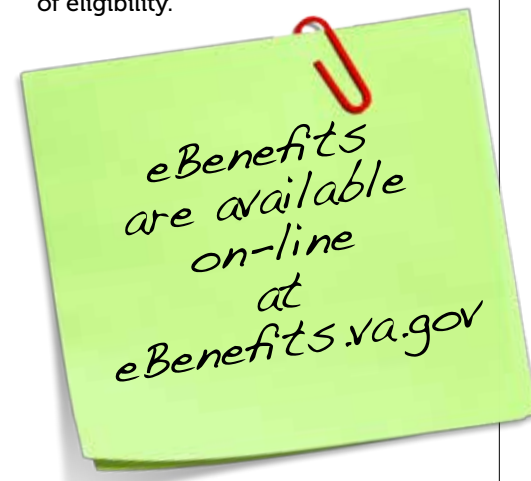
### IF YOU ARE A VETERAN:

- Apply for Veterans benefits online.
- Check on your compensation or pension claims status.
- Upload documents to support your compensation or pension claim.
- Check Post-9/11 GI Bill enrollment status.
- Use the VetSuccess employment search.
- View DoD TRICARE health insurance.
- Sign up for Veterans Group Life Insurance (VGLI) (Time limits apply)
- Search for and select an accredited Veterans Service representative or organization.
- Access MyHealtheVet with a single logon.

- Check your VA payment history.
- Utilize the military skills translator and résumé builder.
- Utilize a fast track claims processing system for Vietnam Veterans.
- Order medical equipment such as hearing aid batteries and prosthetic socks.
- Check on your appeal status.
- Generate a VA home loan certificate of eligibility.
- Obtain official military personnel documents such as DD Form 214.
- Register for and update direct deposit information for certain benefits.

### IF YOU ARE A SERVICE MEMBER:

- Use the eLearning Center for the online transition assistance program and more.
- Transfer Post-9/11 education benefits.
- View DoD TRICARE health insurance.
- View DoD TRICARE reserve select.
- Sign up for service member out-of-pocket medical expenses (CCD).
- View Service members' Group Life Insurance (SGLI) elections.
- Apply for Veterans benefits online.
- Conduct a health benefits eligibility check.
- Update service member civilian employment information.
- View service member personnel information.
- Generate a VA home loan certificate of eligibility.



# BENEFITS AVAILABLE FOR SERVICE- CONNECTED DISABLED VETERANS



The following Benefits are available to all veterans with a 0% Service-Connected Disability and Higher:

- Home loan Guaranty Certificate of Eligibility.
- Service Disabled Veterans Life Insurance. Must file within 2 years from initial notice of service connected disability. (Insurance only.)
- Outpatient treatment for: (1) service-connected conditions, and (2) for all medical conditions if enrolled in VA healthcare program. Co-payment for treatment may apply for non-service-connected conditions.
- Travel allowance for scheduled appointment for care of service-connected conditions at VA Medical Centers, and out patient clinics. (Eligibility based on the distance traveled 25 miles or more or a veteran's income.)
- Medical treatment for any condition: Enrollment in a VA healthcare program is encouraged but not required for treatment of a service connected condition. (A co-payment will apply for treatment of non- service connected conditions and prescription drugs.)
- Prosthetic Devices: for service-connected conditions, to include but not limited to wheelchairs, canes, crutches, hospital beds, Nebulizer, oxygen tanks, and electric scooters. The issue of any prosthetic devices requires a VA Doctor's prescription.
- Medical Treatment in non-VA facilities for service connected conditions may be authorized by the VA Medical Center. (Certain restrictions apply.)
- Ten Point Civil Service Preference. (10 points added to Civil Service test score only after veteran achieves at least 70 on a test.)
- Annual Clothing Allowance is available for veterans with a service-connected condition that requires the use of a prosthetic or orthopedic appliance (artificial limbs, braces, wheelchairs) or use prescribed medications for a skin condition which tends to wear, tear, or soil clothing. The items used must be prescribed and dispensed at a VA Medical Center. Temporary ratings of 100%, based on the hospitalization for a service-connected disability requiring at least one month of convalescence or immobilization by cast.
- Dental treatment for: (1) service-connected dental condition, or (2) follow-up dental treatment which has begun while hospitalized at a VA Medical Center, or any former Prisoner of War with 90 consecutive days or more of confinement. Some restrictions may apply.

Home Improvement and Structural Alteration Grant Program is administered by the Prosthetics Department at VA Medical Facilities for medically required improvements and/or structural changes to the veteran's residence.

This Grant requires a VA Doctor's prescription. Service-connected veterans can receive up to a \$6,800 grant. Non-service-connected veterans may receive a grant up to \$2,000. The grant is to be used for allowing entrance or exit improvements for residence, essential lavatory and sanitary facilities, and kitchen and bathroom accessibility to sinks and counters.

This grant is not for complete remodeling of a veteran's bath or kitchen.

## **10% SERVICE CONNECTED AND HIGHER, ALL OF THE ABOVE PLUS:**

Vocational Rehabilitation which includes full medical and dental care (dental if determined to be essential to finish training), a subsistence allowance in addition to disability payments, payment for all required school-related supplies and direct payment of tuition. Funding fee waived for Homeloan Guarantee loans.



**30% SERVICE CONNECTED AND HIGHER, ALL OF THE ABOVE PLUS:**

- Additional compensation for dependents (spouse, children, adopted children, and dependent parents).
- Non-Competitive Civil Service appointment: Job appointment without the requirement of an interview.
- Affirmative action in employment: A disabled veteran cannot be passed over to hire a nondisabled veteran or non-veteran unless at least three interviews have been conducted by the employer.
- Additional allowance for a spouse who is a patient in a nursing home: (Helpless or blind, or so nearly helpless as to require the aid and attendance of another person.)

**40% SERVICE-CONNECTED AND HIGHER, ALL OF THE ABOVE PLUS:**

- Automobile Grant: (A one-time payment up to \$20,114) Veteran must have a service-connected loss of one hand, or one foot, or permanent loss of use of one hand or one foot, or a permanent impairment of vision of both eyes. A veteran must be rated for loss of use before this is granted.
- Payment of special adaptive automobile equipment: In addition to the automobile grant. Veteran must be entitled to the automobile grant as outlined above, or have a service-connected ankylosis (immobility) of one knee or one hip. (This requires a VA doctor's prescription for the adaptive equipment and can include; an automatic transmission, air conditioner, hand controls, power brakes, hand brakes, cruise control, ramps or wheelchair lifts, and any other adaptive equipment the doctor may deem necessary.)

**50% SERVICE-CONNECTED OR HIGHER, ALL OF THE ABOVE PLUS:**

- Medical treatment for any condition at VA Medical Centers: Enrollment in a VA health care program is encouraged but

not required for treatment of a service-connected condition. No copayments for treatment of non-service-connected care or non-service-connected prescription drugs.

- Medical treatment in non-VA facilities: for any medical condition may be authorized VA Medical Center.
- Discounted Lifetime Hunting + Fishing Licenses.

**60-90% SERVICE-CONNECTED OR HIGHER, ALL OF THE ABOVE PLUS:**

Individual unemployability (increased compensation) payable at the 100% rate based on the inability to work due to service-connected disability plus:

- Dental treatment if S/C for Dental Claim.
- Educational Assistance for Dependents: (under chapter 35).
- Specially Adapted Homes: Grants Up to 50% of the cost of the home but not more than \$70,465, for building, buying or remodeling adaptive homes or paying indebtedness on an existing home. Veteran must be entitled to compensation for permanent and total service-connected disability due to: (1) the loss or loss of use of both lower extremities or (2) disability which includes blindness in both eyes, having only light perception, plus loss or loss of use of one lower extremity, or (3) loss or loss of use of one lower extremity together with residuals of organic disease or injury, or (4) loss or loss of use of one upper extremity which so affects the balance as to preclude locomotion without using braces, canes, crutches, or a wheelchair. Veteran must be rated and approved for this grant.
- Specially Adapted Homes: Grants up to \$14,093, for the cost to adapt a veteran's home or to acquire a residence that is already adapted with special features for the veteran's disability. Veteran must be entitled to compensation for permanent and total service-connected disability due to: (1) blindness in both eyes with a 5/200 visual acuity or less, OR (2) anatomical loss or loss of use of

both hands. Veteran must be rated and approved for this grant.

- Veterans Mortgage Life Insurance: Decreasing term mortgage insurance up to \$200,000 for veterans who have received a Specially Adaptive Housing grant and have an existing mortgage.
- Waiver of cost of Service Disabled Life Insurance: and additional \$20,000 of life insurance at cost to veteran. Veteran must have applied for insurance within two years of initial disability rating or within two years of a new disability rating. An increase in a disability rating does not qualify as a new disability.
- Commissary and Exchange privileges for veteran and dependents: The veteran must request a letter from the VA specifying veteran is in receipt of 100% disability, and then applies for a military ID card at the nearest ID card-issuing facility.
- Emergency treatment in non-VA facilities: if VA facilities are not available.
- Annual eye exams and prescribed eye wear.
- FREE Entry into State Parks.

**COMPENSATION HIGHER THAN THE 100% RATE:**

- Special Compensation: Veteran must be rated for Special Compensation due to the loss of limbs, eyesight, aid and attendance, housebound, or two separate medical conditions that are rated 60% each or 100% each. For more information about VA Compensation Rates, please visit: [www.benefits.va.gov/COMPENSATION/resources\\_comp01.asp](http://www.benefits.va.gov/COMPENSATION/resources_comp01.asp)

# BURIAL & CEMETERY BENEFITS

The U.S. Department of Veterans Affairs (VA) Benefits Administration oversees a burial benefits program designed to assist claimants in meeting the funeral and burial costs of a deceased veteran.



The VA does not make funeral arrangements with a funeral provider or cremation office. You should advise your family of your wishes and where your discharge papers are kept. These papers are very important in establishing your eligibility. You may wish to make pre-need arrangements with a funeral home.

## BURIAL & CEMETERY BENEFITS

### SERVICE-CONNECTED DEATH

If a veteran's death is service-connected, the VA will pay burial allowance of up to \$2,000 for deaths on or after Sept. 11, 2001. If the veteran is buried in a VA national cemetery, some or all of the cost of moving the veteran's body to the national cemetery nearest the veteran's home may also be reimbursed. There is no time limit for applying for a service-connected burial allowance. The person who bore the veteran's burial expense may claim reimbursement from any VA regional office.

### NON-SERVICE-CONNECTED DEATH

If a veteran's death is not service-connected, there are two types of payments the VA may make: Burial and plot expense allowances. The VA will pay a burial and plot allowance if the veteran was dis-

charged under conditions other than dishonorable and the veteran was in receipt of VA pension or compensation at the time of death. If a veteran died while in a VA facility or as a patient at an approved state nursing home, the VA may also pay this allowance.

### BURIAL PLOT ALLOWANCE

When a veteran is buried in a cemetery that is not under the U.S. government jurisdiction, the VA may also pay a plot allowance, provided that the veteran was discharged under a condition other than dishonorable; and met other qualifications similar to that of a non-service-connected death.

### FILING A CLAIM FOR REIMBURSEMENT OF EXPENSES

To file for reimbursement of burial expenses, an Application of Burial Allowance



form must be submitted to the VA. The person filing the claim must also provide a certified copy of the veteran's death certificate and proof of the veteran's military service (Form DD-214), and itemized bills of the funeral and burial expenses.

### BURIAL FLAG

A United States flag is provided, at no cost, to drape the casket or accompany the urn of a deceased veteran who served honorably in the U.S. Armed Forces. It is furnished to honor the memory of a veteran's military service to his or her country. When burial is in a national, state or post cemetery, a burial flag will automatically be provided. When burial is in a private cemetery, the funeral director will generally help the next of kin with this process.

### HEADSTONE AND MARKERS

The Department of Veterans Affairs (VA) furnishes upon request, at no charge to the applicant, a Government headstone or marker for the unmarked grave of any deceased eligible veteran in any cemetery around the world, regardless of their date of death.

For eligible veterans that died on or after Nov. 1, 1990 and whose grave is marked with a privately purchased headstone, VA may also furnish a headstone or marker to supplement the grave or a medallion to be affixed to the privately purchased headstone.

Eligible veterans are entitled to either a Government-furnished headstone or marker, or the new medallion, but not both.

### BRONZE MEDALLIONS FOR HEADSTONES AND MARKERS

The Department of Veterans Affairs (VA) may also provide a medallion, by request, to be affixed to an existing privately purchased headstone or marker to signify the deceased's status as a veteran.

If requested, the medallion is furnished in lieu of a traditional Government headstone or marker for veterans that died on or after Nov. 1, 1990, and whose grave is marked with a privately purchased headstone or marker.

### BURIAL AT SEA

The VA National Cemetery Administration cannot provide burial at sea. For information, contact the U.S. Navy Mortuary Affairs office toll free at: **(866) 787-0081**

### MILITARY FUNERAL HONORS

The Department of Defense (DoD) is responsible for providing military funeral honors. "Honoring Those Who Served" is the title of the DoD program for providing dignified military funeral honors to veterans who have defended our nation.

Visit the North Carolina Veterans Affairs website for further information and instructions about this service.

[www.nc4vets.com](http://www.nc4vets.com)

### PRESIDENTIAL MEMORIAL CERTIFICATES

A Presidential Memorial Certificate (PMC) is an engraved paper certificate, signed by the current president, to honor the memory of honorably discharged deceased veterans.

### SURVIVOR BENEFIT PLAN

When a military retiree dies, their retirement pay stops. This means that the surviving spouse no longer receives income. If a veteran is a military retiree, thought needs to be given as to how to protect the spouse from hardships caused by the loss of the retirement pay.

One option available is the Survivor Benefit Plan (SBP). The SBP is an insurance plan that will pay the veteran's surviving spouse a monthly payment (annuity) to help make up for the loss of retirement income. The plan is designed to protect survivors against the risks of the veteran's early death, a survivor outliving the benefits, and inflation.

Survivors should report retiree deaths to the Defense Finance and Accounting Services (DFAS) casualty office at:

**(800) 321-1080.**

## NORTH CAROLINA STATE & NATIONAL CEMETERIES



The primary mission of the NCDVA State Veterans Cemetery Program is to provide a final resting place for North Carolina's Veterans at no cost, and their legal dependent(s) for a nominal fee. Veterans must be discharged under honorable conditions and meet certain residency requirements.

### STATE VETERANS CEMETERIES

#### Black Mountain

*Western Carolina*  
962 Old US 70 Hwy.  
Black Mountain, NC 28711  
828-669-0684

#### Jacksonville

*Coastal Carolina*  
110 Montford Point Rd.  
Jacksonville, NC 28541  
910-347-4550

#### Spring Lake

*Sandhills*  
8220 Bragg Blvd.  
Ft. Bragg, NC 28310  
910-436-5630

#### Goldsboro

*Eastern Carolina*  
164 Longs Plant Farm Rd.  
Goldsboro, NC 27544  
910-648-0510

### NATIONAL VETERANS CEMETERIES

#### Salisbury\*

501 Statesville Blvd.  
Salisbury, NC 28144  
704-636-2661

\*Salisbury National Cemetery is the only remaining National Cemetery interring in NC.

# NATIONAL VETERAN SERVICE ORGANIZATIONS

NOT A MEMBER? YOU SHOULD BE



## AMERICAN EX-PRISONERS OF WAR

COMMANDER  
Jacob Roth  
Fayetteville, NC  
(910) 425-2313  
jroth8@nc.rr.com



## THE AMERICAN LEGION

www.nclegion.org

DEPARTMENT  
ADJUTANT  
Frank Stancil  
Raleigh, NC  
(919) 832-7506  
nclegion@nc.rr.com

NATIONAL SERVICE  
OFFICER  
James McMinn  
Winston-Salem, NC  
(336) 631-5471



## MARINE CORPS LEAGUE

COMMANDANT  
Charles Minton  
donc.commandant@outlook.com

[mcleague.com/mdp](http://mcleague.com/mdp)



## AMERICAN VETERANS

amvets.org

DEPT. ADJUTANT  
Jennifer Drum  
Shelby, NC  
(704) 487-6753  
jdcic20@yahoo.com

NATIONAL SERVICE  
OFFICER  
Russell Woodall  
Winston-Salem, NC  
(336) 251-0823  
russell.woodall@va.gov

## MILITARY OFFICERS ASSOCIATION OF AMERICA



WWW.MOAA-NC.ORG



## DISABLED AMERICAN VETERANS

[davmembersportal.org/nc](http://davmembersportal.org/nc)

DEPARTMENT ADJUTANT  
Dr. Jeremy Roberts  
Raleigh, NC (919) 833-5567  
ncdavadj@bellsouth.net

NATIONAL AREA SUPERVISOR  
Michelle Colpaert  
Winston-Salem, NC  
(336) 631-5481  
Michelle.colpaert@va.gov



## PARALYZED VETERANS OF AMERICA

NATIONAL SERVICE OFFICER  
Bill Pack  
Winston-Salem, NC  
(336) 251-0834  
Bill.pack@va.ov

[www.pva.org](http://www.pva.org)



## VETERANS OF FOREIGN WARS

[vfwnc.org](http://vfwnc.org)

DEPARTMENT ADJUTANT, Billy Ray Brown  
Raleigh, NC (919) 828-5058  
qm@nc.vfwwebmail.com

NATIONAL SERVICE OFFICER,  
Cleophus Summers, Winston-Salem, NC  
(336) 631-5457 Cleophus.summers@va.gov



## MILITARY ORDER OF THE PURPLE HEART

[www.purpleheart.org](http://www.purpleheart.org)

COMMANDER  
James Hicks  
Raleigh, NC  
(919) 828-2053  
jghicks@aol.com

NATIONAL SERVICE OFFICER  
Rodney Stowers  
Winston-Salem, NC  
(336) 714-0837  
Rodney.stowers2@va.gov



## VIETNAM VETERANS OF AMERICA

STATE PRESIDENT, Rossie Nance  
Castle Hayne, NC  
(910) 465-0683  
R\_nance@ellsouth.net

[www.vva-nc.org](http://www.vva-nc.org)



## NATIONAL ASSOCIATION FOR BLACK VETERANS

COMMANDER, Richard S. Kornegay  
Fayetteville, N.C. (910) 488-7440  
nabvetsregionv@gmail.com

[www.nabvets.org](http://www.nabvets.org)



## NC Agriculture and the Military

SUSTAINING THE FUTURE THROUGH STATE & COMMUNITY PARTNERSHIPS

**Agriculture** and the **Military** are North Carolina's two largest industries. We want those with an interest in the continued success of North Carolina agriculture to join us in supporting our farmers as they provide local food to our forces.

GROWN. RAISED. CAUGHT. MADE.



[www.gottobenc.com](http://www.gottobenc.com)

[www.ncagr.gov](http://www.ncagr.gov)

(919) 707-3100



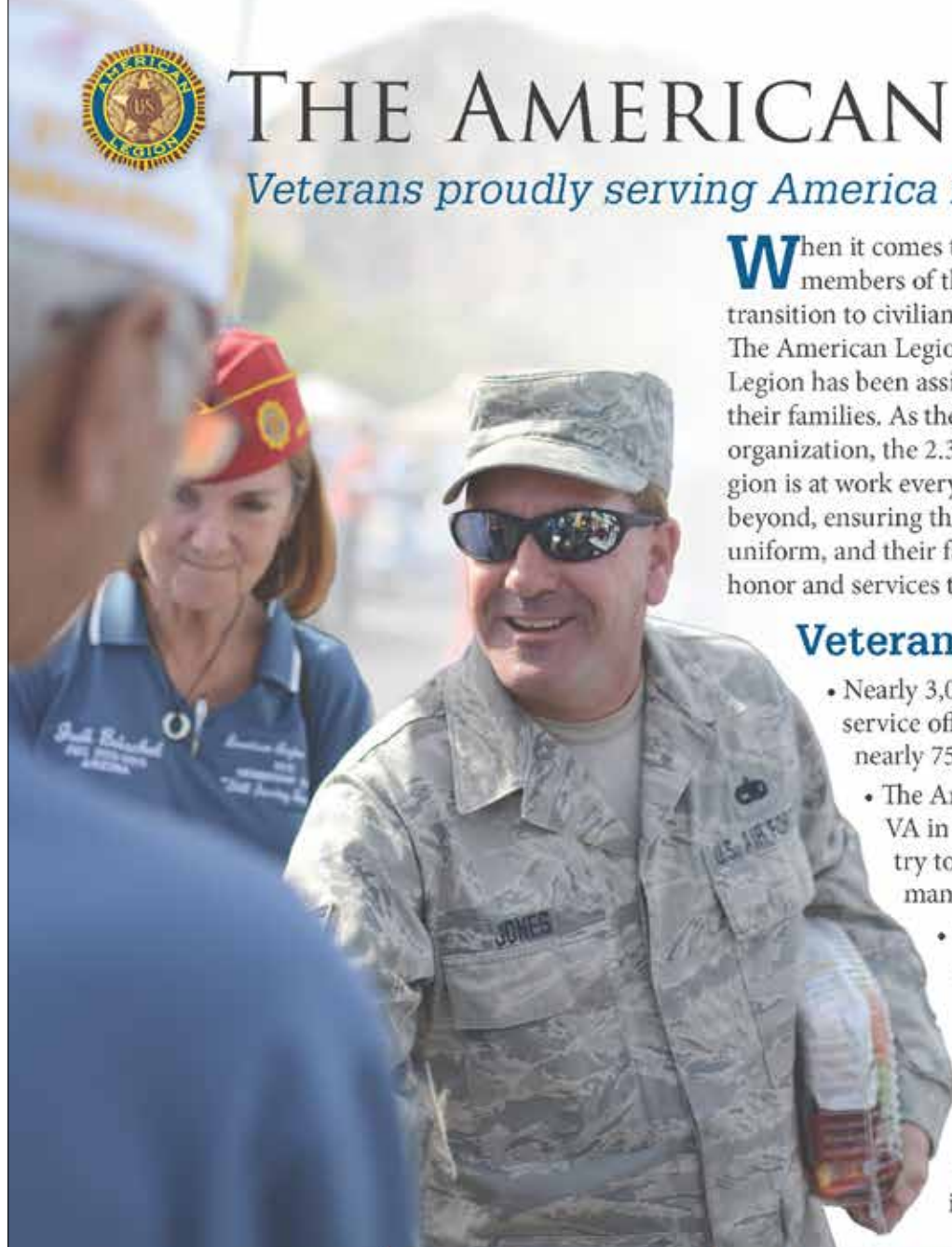
# THE AMERICAN LEGION

*Veterans proudly serving America for nearly a century*

**W**hen it comes to assisting veterans and helping members of the U.S. Armed Forces make the transition to civilian lives, no one does it better than The American Legion. Since its founding in 1919, The Legion has been assisting generations of veterans and their families. As the nation's largest veterans service organization, the 2.3 million member American Legion is at work every day throughout the country and beyond, ensuring that those who served our nation in uniform, and their families, receive the care, support, honor and services they earned and deserve.

## Veterans Advocacy

- Nearly 3,000 accredited American Legion service officers are working with veterans on nearly 750,000 VA claims right now.
- The American Legion is working with VA in Washington and across the country to improve access to care, performance and claims processing.
- Legion volunteers annually log millions of hours and raise millions of dollars for VA health-care facilities nationwide.
- As the voice of the stakeholder and advocate for the health-care provider, the Legion works continuously for adequate VA funding and staffing.



### TROOP SUPPORT

Worldwide, The American Legion provides tireless support, a voice in Washington, financial assistance, volunteer help, comfort items and more for the men and women who serve our nation in uniform, along with military retirees and their families.



### YOUTH

American Legion youth programs offer healthy, educational and wholesome activities for thousands of young people every year. Among the programs are American Legion Baseball, Boys State and Boys Nation, Junior Shooting Sports and oratorical competition.



### AMERICANISM

The American Legion proudly stands for the values symbolized by the flag under which members of our Armed Forces have served. U.S. flag education, voting, citizenship and naturalization programs and patriotic leadership are all part of that landscape.



### COMMUNITY

Each American Legion post offers a unique set of community services, from Boy Scout leadership to after-school programs to support for children's hospitals and local charities. Through more than 13,500 posts, Legionnaires know what it means to serve.



*Visit [www.legion.org](http://www.legion.org) or [www.nclegion.org](http://www.nclegion.org) to learn more.*



North Carolina

For the last 75 years, the USO of North Carolina has worked to lift the spirits of our active duty, wounded, National Guard, Reserve and retired troops and their families. Through critical services and programs, troops stay connected to the society they selflessly serve, reintegrate successfully into their communities, and enrich their lives.



### Directly Supporting our Troops

- Deployment and Homecomings
- Wounded, Ill and Injured support and services
- Airport Welcome Centers
- Military Installation Service Centers
- Mobile Center
- Rack Packs and Care Packages
- Support for Fallen Troops and Their Families

### Improving Troop Resiliency

USO of NC Warrior Reset and Leadership 360: intensive programs designed to reduce Post Traumatic Stress, address suicide, substance abuse and other issues and improve overall health and wellness

Financial Literacy: Military Money Matters

Family and Youth resiliency initiatives



### Troops in Transition

- Career Transition Workshops and Hiring Events
- Training for Human Resource Professionals
- Military Money Matters: Financial Literacy

### Family Support

- Reading and Study Skills Workshops
- Food Bank programs
- Story Time and Kidz Corner
- Troop and Family Holiday Programs
- Troop and Family Community Programs
- Smiles Over Miles
- Youth Support Programs



**USO OF NORTH CAROLINA**  
 P.O. Box 91536  
 Raleigh, NC 27675  
 Phone: (919) 840-3000  
 Fax: (919) 840-3003

**THE USO OF NORTH CAROLINA LEADS THE WAY TO LIFT THE SPIRIT OF AMERICA'S TROOPS AND THEIR FAMILIES.**  
 Charlotte-Douglas International Airport: (704) 359-5581  
 Fayetteville Airport: (910) 482-8200  
 Fort Bragg: (910) 495-1437

Jacksonville/Camp Lejeune: (910) 455-3411  
 New Bern Airport Information Desk: (252) 638-8591  
 Raleigh/Durham International Airport: (919) 840-0941



*Utilizing North Carolina's  
People, Places, Products and Pride  
to Show Support for  
North Carolina's Deployed Troops  
and Veterans-in-Need!*



**An All – Volunteer Grassroots Effort  
Get Involved – You Will Be In Great Company!  
Taking Wounded Warriors & Disabled Veterans Fishing  
Sending 1500 NCCARES Christmas Boxes and More!**

**Contact Operation North State Today to Pledge Your Support!**

**[mailbox@operationnorthstate.com](mailto:mailbox@operationnorthstate.com)**

**Facebook: Operation North State**

**151 Windemere Ct., Winston-Salem, NC 27127**

**336.764.5967**

# HOPE IS NOW!

The Respite, A Centre for Grief & Hope offers a full range of integrative services for any type of loss such as death, divorce, life transitions or illness.



Veterans and their families receive a 10% discount on our services that include:

- Counseling
- Young Widows Support Group
- Grief Massage
- RestorativeYoga
- Healing Arts



*The Respite*  
A CENTRE FOR GRIEF & HOPE

We are located at  
4919 Monroe Rd., Charlotte, NC  
704-372-4010  
[info@TheRespite.org](mailto:info@TheRespite.org)

[www.TheRespite.org](http://www.TheRespite.org)

# HEALTHCARE

A photograph showing a young man with prosthetic limbs being fitted with a harness by medical staff in a clinical setting. The man is wearing a dark blue t-shirt with a graphic of an eagle and the words 'AFRICAN'. He is standing with the help of a cane. A medical professional in blue scrubs is kneeling and adjusting the harness. Other staff members are visible in the background.

SERVICES FOR  
COMBAT VETERANS

MENTAL HEALTH  
SERVICES

NAVIGATING VA  
HEALTH CARE SYSTEM

"THIS WARRIOR, a retired Marine Sergeant, was robbed of all of his limbs when an Improvised Explosive Device detonated below him in Afghanistan in 2010.

We will never forget the sacrifices of our brothers and sisters, the ones who came home and the ones who did not. God bless our vets, their families, and VA health care workers, many of whom are veterans themselves."

*-Ilario Pantano, Veteran, USMC*

# VA HEALTH CARE BASIC ELIGIBILITY

A person who served in the active duty military and who was discharged or released under conditions other than dishonorable may qualify for VA health care benefits.

Reservists and National Guard members also may qualify for VA health care benefits if they were called to active duty (other than for training only) by a federal order and completed the full period for which they were called or ordered to active duty.

Veterans who enlisted after Sept. 7, 1980, or who entered active duty after Oct. 16, 1981, must have served 24 continuous months or the full period for which they were called to active duty in order to be eligible. This minimum duty requirement may not apply to veterans discharged for hardship, early out, or a disability incurred or aggravated in the line of duty.

## 5-YEAR POST DEPLOYMENT BENEFIT.

Veterans, including members of the National Guard and activated reservists, are eligible for the enhanced "Combat Veteran" benefits if they served on active duty in a theater of combat operations after Nov. 11, 1998, and have been discharged under honorable conditions.

IF YOU KNOW A VET WHO NEEDS TO CHANGE HIS DISCHARGE, SEE PAGE 109 FOR MORE INFORMATION

## ENROLLMENT

For most veterans, entry into the VA health care system begins by applying for enrollment.

To apply, complete VA Form 10-10EZ, Application for Health Benefits, which may be obtained from a VA health care facility or regional benefits office, online or by calling VA.

Once enrolled, veterans can receive health care at VA health care facilities anywhere in the country. Veterans enrolled in the VA health care system are afforded privacy rights under federal law.

During enrollment, each veteran is assigned to a priority group based on their service connected disability rating and other factors. VA uses priority groups to balance demand for VA health care enrollment with resources.

## STANDARD BENEFITS

VA's medical benefits package provides the following health care services to all enrolled veterans:

- Preventive Care Services
- Ambulatory (Outpatient) Diagnostic and Treatment Services
- Hospital (Inpatient) Diagnostic Treatment
- VA prescribed Medications and Supplies
- Durable Medical equipment
- Eyeglasses
- Hearing Aids
- Home Health Care Services
- Non-VA Health Care Services
- Orthopedic, Prosthetic, and Rehabilitative Devices
- Rehabilitative Services
- Readjustment Counseling
- Sexual Trauma Counseling

## ACUTE CARE SERVICES

These services may have limitations and special eligibility criteria:

- Ambulance service
- Dental Care



**paws4vets**  
places Service Dogs with Veterans living with PTS, TBI & Military Sexual Trauma

[paws4vets.org](http://paws4vets.org)

**Service Dogs Help Prevent Veteran Suicide**

They also: Interrupt Anxiety/Panic Attacks, Aid with Sleep, Interrupt Night Terrors, Pick up Dropped Items, Call 911, Open/Close Doors, Provide Balance & Mobility Assistance, Perform Medical Alerts, and much more.

**Our Cutting-edge Recovery Formula:**

- The Client
- Other paws4people / paws4vets Clients
- paws4vets Peer Mentors
- paws4people Trained Service Dogs
- PTS | MST Intervention Transfer Training (ITT)

[Proprietary K-9 Centric "Exposure" & "Cognitive Behavioral" Therapy Protocols]

**RECOVERY** [CONTROL, REGULATE & MITIGATE]





## MILITARY SEXUAL TRAUMA

Military Sexual Trauma (MST) is the term that the Department of Veterans Affairs uses to refer to sexual harassment that occurred while the veteran was in the military. It includes any sexual activity where someone is involved against his or her will—he or she may have been pressured into sexual activities (for example, with threats of negative consequences for refusing to be sexually cooperative, implied faster promotions, or better treatment in exchange for sex), and may have been unable to consent to sexual activities (for example, when intoxicated), or may have been physically

forced into sexual activities. Other experiences that fall into the category of MST include unwanted sexual touching or grabbing; threatening, offensive remarks about a person’s body or sexual activities; and/or threatening or unwelcome sexual advances.

Both women and men can experience MST during their service. All veterans seen at Veterans Health Administrations facilities are asked about experiences of sexual trauma because they know that any type of trauma can affect a person’s physical and mental health, even many years later. People can recover from trauma and

the VA has free services to help veterans do this. You do not need to have a VA disability (service connected) rating to receive these services and may be able to receive services even if you are not eligible for other VA care. You do not need to have reported the incident(s) when they happened or have other documentation that they occurred.

For more information, veterans can speak with a VA healthcare provider, contact the MST Coordinator at their nearest VA Medical Center, or contact their local Vet Center. More MST information can be found at [mentalhealth.va.gov](http://mentalhealth.va.gov).

## WOMEN VETERANS HEALTH CARE

**1-855-VA-WOMEN** [1-855-829-6636]

Women veterans are eligible for the same VA benefits as male veterans. Comprehensive health services are available to women veterans including primary care, mental health care and reproductive health care services. VA provides management of acute and chronic illnesses, preventive care, contraceptive services, menopause management, and cancer screenings, including pap smear, and mammograms, and gynecology.

- Maternity care is covered in the medical benefits package to include care for newborn children of women veterans for up to 7 days after birth. VA is also mandated to implement pilot programs to provide child care to women veterans receiving medical care, and to provide readjustment services to women veterans. Infertility evaluation and limited treatments also are available.
- Women Veterans Program Managers are available at all VA facilities to help veterans seeking treatment and benefits.

## SERVICES FOR COMBAT VETERANS



The Vet Center Combat Call Center is an around the clock confidential call center where combat veterans and their families can call to talk about their military experience or any other issue they are facing in their readjustment to civilian life. The staff is comprised of combat veterans from several eras as well as family members of combat veterans.

SEE NC4VETS MAPS FOR YOUR LOCAL HEALTH SERVICE LOCATION: Pg’s 4-11

## VET CENTERS

Services provided at the Vet Center include bereavement and readjustment counseling to individuals, groups, couples, and families.

If you served in a combat zone and received a campaign ribbon, you and your family are eligible for Vet Center services. In addition, parents, siblings, spouses and children of any active duty service member who dies while on active duty are eligible for bereavement counseling services. Services are also provided to any veteran who experienced military related sexual trauma while on active duty.

### CHARLOTTE

2114 Ben Craig Dr., Suite 300  
Charlotte, NC 28262  
704-549-8025

### FAYETTEVILLE

2301 Rogeson St., Suite 103  
Fayetteville, NC 28305  
910-488-6252

### GREENSBORO

3515 W Market St., Suite 120  
Greensboro, NC 27406  
336-333-5366

### GREENVILLE

1021 W.H. Smith Blvd., Suite A 100  
Greenville, NC 27834  
252-355-7920

### JACKSONVILLE

110A Branchwood Dr.  
Jacksonville, NC 28546  
910-577-1100

### RALEIGH

8851 Ellstree Lane  
Raleigh, NC 27617  
919-361-6419



## VETERANS CHOICE PROGRAM

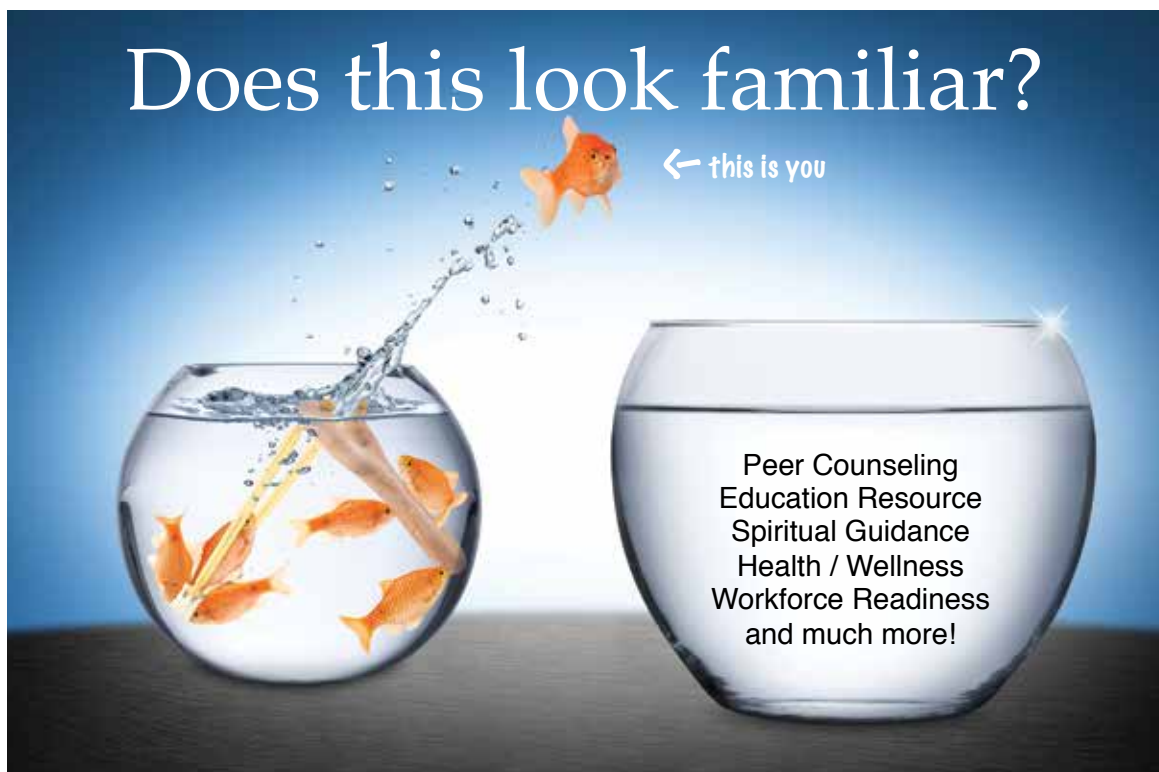
Learn more about the VA's Veterans Choice Program by visiting their website at: [www.va.gov/opa/choiceact](http://www.va.gov/opa/choiceact)

Many Veterans now have the option to receive non-VA health care rather than waiting for a VA appointment or traveling to a VA facility.

- You have been told by your local VA medical facility that you will need to wait more than 30 days from your preferred date or the date medically determined by your physician.
- Your current residence is more than 40 miles from the closest VA medical facility.
- You need to travel by plane or boat to the VA medical facility closest to your home.

The new Choice Program will begin to cover non-VA care for eligible Veterans enrolled in VA healthcare. Veterans are eligible if any of these situation apply to you:

- You face an unusual or excessive burden in traveling to a VA medical facility based on the presence of a body of water (including moving water and still water) or a geologic formation that cannot be crossed by road.
- To set up an appointment with a non-VA provider, call the VA at 866-606-8198 and we will work with you to ensure you are approved for care in your community.



We're here to help **you** navigate in **your** transition.

919-525-7752  
[www.mysusvet.org](http://www.mysusvet.org)



**Having trouble hearing  
on the phone?**

**Have you been asking people  
to repeat themselves?**

**Have people been telling you  
to turn the TV down?**

**Ringing in your ears?**

You may be one of  
**60% of returning combat veterans**  
experiencing ringing in the ears or hearing loss.

**Your homecoming is important – don't let your  
hearing difficulties get you down!**

Contact us for counseling, training and specialized  
equipment so you can reconnect with your family and  
friends and stay connected with your military buddies.

**There is no charge for our services.**



North Carolina Division of Services  
for the Deaf and the Hard of Hearing

(919) 874-2212 (v) | (800) 851-6099 (v/tty) | (919) 890-0859 (VP)  
**[www.ncdhhs.gov/dsdhh](http://www.ncdhhs.gov/dsdhh)**

State of North Carolina | Pat McCrory, Governor | Department of Health and Human Services  
Division of Services for the Deaf and the Hard of Hearing | [www.ncdhhs.gov/dsdhh](http://www.ncdhhs.gov/dsdhh)  
N.C. DHHS is an equal opportunity employer and provider. 4/15

# NORTH CAROLINA VETERANS HEALTH CLINICS



## ALBEMARLE POC

1845 W. City Dr.  
Elizabeth City, NC 27909  
252-331-2191

## BRUNSWICK CLINIC

20 Medical Campus Dr.  
Ste. 106  
Supply, NC 28462  
910-754-6141

## CHARLOTTE CBOC

8601 University East Dr.  
Charlotte, NC 28213  
704-597-3500

## ELIZABETH CITY CBOC

1845 W. City Dr.  
Elizabeth City, NC 27909  
252-331-2191

## FRANKLIN CBOC

647 Wayah St.  
Franklin, NC 28734  
828-369-1781

## GOLDSBORO CBOC

2610 Hospital Rd.  
Goldensboro, NC 27534  
919-731-4809

## GREENVILLE HCC

401 Moyer Blvd.  
Greenville, NC 27834  
252-830-2149

## HAMLET CBOC

100 Jefferson St.  
Hamlet, NC 28345  
910-582-3536

## HICKORY CBOC

2440 Century Pl., S.E.  
Hickory, NC 28602  
828-431-5600

## HILLANDALE I

1824 Hillandale Rd.  
Durham, NC 27705  
919-383-6107

## HILLANDALE II

1830 Hillandale Rd.  
Durham, NC 27705  
919-642-6994

## JACKSONVILLE CBOC

4056 Henderson Rd.  
Jacksonville, NC 28546  
910-353-6406

## MOREHEAD CITY CBOC

5420 Highway 70  
Morehead City, NC 28557  
252-240-2349

## RALEIGH I CBOC

3305 Sungate Blvd.  
Raleigh, NC 27610  
919-212-0129

## RALEIGH II ANNEX

3040 Hammond Business Pl. Suite 105  
Raleigh, NC 27603  
919-899-6259

## ROBESON CO. CBOC

139 Three Hunts Drive  
Pembroke, NC 28372  
910-272-3220

## RUTHERFORD CO. CBOC

374 Charlotte Rd.  
Rutherfordton, NC 28139  
828-288-2780

## VILLAGE GREEN ANNEX

1991 Fordham Dr.  
Fayetteville, NC 28304  
910-488-2120 ext. 4020

## WILMINGTON HCC

1705 Gardner Rd.  
Wilmington, NC 28405  
910-343-5300

## WINSTON-SALEM CBOC

190 Kimel Park Dr.  
Winston-Salem, NC 27103  
336-768-3296

## WINSTON-SALEM ANNEX

2101 Peters Creek Parkway  
Winston-Salem, NC 27127  
336-761-5300

## BLIND AND DIALYSIS CENTERS

### VA DIALYSIS & BLIND REHAB CLINICS, BRIER CREEK

8081 Arco Corporate Drive  
Raleigh, NC 27617  
919-286-5220

### VA DIALYSIS CLINIC FAYETTEVILLE

2301 Robeson Street, Ste. 101  
Fayetteville, NC 28305  
910-483-9727



## TRAVEL REIMBURSEMENT

The VA is authorized to provide eligible Veterans and other beneficiaries mileage reimbursement, common carrier (plane, train, bus, taxi, light rail etc.), or when medically indicated "special mode" (ambulance, wheelchair van) transport for travel to and from VA, or VA authorized non-VA health care for which the Veteran is eligible. Veterans qualify for travel benefits if:

- Veteran has a service-connected (SC) disability of 30% or more.
- Travel is in connection with care for SC disability
- Previous year income does not exceed maximum VA pension rate
- Projected income in travel year does not exceed maximum VA pension rate
- Travel is for a C&P exam
- Travel is to obtain a service dog
- Travel is in relation to VA transplant care

Beneficiaries may apply for travel orally or in writing generally at the facility where care was provided however, in some cases there may be an alternate process. For more information, go to the Beneficiary Travel Office at the treating facility or call 877.222.8387 or visit: <https://iris.custhelp.com/>

## SCHEDULED VERSUS UNSCHEDULED APPOINTMENTS

Scheduled appointments qualify for round-trip mileage. Unscheduled visits may be limited to return mileage only.

In order to be eligible for travel benefits when transporting to VA care or treatment, a veteran must actually be incurring an expense. Should one or more veterans travel together in a private vehicle, only the owner of the vehicle is actually incurring expenses and therefore is the only person entitled to travel reimbursement. However, should

multiple veterans share a vehicle where passengers must pay for their transport such as a taxi or where one veteran pays another for transportation, then all are entitled to travel reimbursement either at the mileage reimbursement rate or actual expense, whichever is less. Such persons must provide a receipt to indicate an incurred expense and to receive reimbursement. Find your local medical center for reimbursement rates.

## NC DISABLED AMERICAN VETERANS (DAV) TRANSPORTATION PROGRAM POCS

**CALVIN E. TURNER**  
DURHAM VAMC  
508 Fulton St., (135)  
Durham, NC 27705  
(919) 286-0411 EXT. 7617

**RUPERT BENNETT**  
FAYETTEVILLE VAMC  
2300 Ramsey St., Rm. 245  
Fayetteville, NC 28301  
(910) 488-2120 EXT. 7302

**HAMPTON, VA VAMC**  
100 Emancipation Dr.  
Bldg. 135, Rm. 28  
Hampton, VA 23667  
(866) 544-9961 EXT. 3148

**ANDREW CLARK**  
ASHEVILLE VAMC  
1100 Tunnel Road, Room B421  
Asheville, NC 28805  
(828) 298-7911 EXT. 5349

**JAMES A. MARTIN**  
SALISBURY VAMC  
1601 Brenner Ave.  
Bldg. 6 Rm. 1004  
Salisbury, NC 28144  
(704) 638-9000 EXT. 3904

## VA HOSPITAL TRANSPORTATION SERVICE PROGRAM

The Veterans Health Administration has a transportation program for non-ambulatory and remote VA patients. The Veterans Transportation Service (VTS) provides transport for veterans to VA Medical Centers (VAMCs). These services include vehicle routing and scheduling software for VA Medical Facilities.

While all veterans with VA funded medical appointments are eligible to ride VTS, a first priority is given to wheelchair-bound patients who have no other transportation alternatives. VTS is establishing a network of community and volunteer transportation services to improve access to VA health care, including the Durham VAMC.

### RESERVATIONS ARE REQUIRED

Reservations are needed for transportation at least four full business days before the date of transport is needed. Specific information about the veteran is also required.

To see if services are available in your area, call:

- Asheville: (828) 298-7911 EXT. 7977  
DAV: (828) 298-7911 EXT. 5349
- Durham: (919) 286-0411 EXT. 4793  
DAV: (919) 286-0411 EXT. 7617
- Hampton, VA: (866) 544-9961 EXT. 3148  
DAV: (757) 728-3148
- Fayetteville: (910) 488-2120 EXT. 7694  
DAV: (910) 488-2120 EXT. 7302
- Salisbury: (704) 638-9000 EXT. 4439  
DAV: (704) 638-9000 EXT. 3904

## DAV TRANSPORTATION NETWORK

Because many veterans lack transportation to and from VA medical facilities for needed treatment, the Disabled American Veterans (DAV) operates a nationwide Transportation Network to meet this need. Through the Transportation Network, DAV volunteers drive veterans to and from VA medical facilities for treatment.

The Transportation Network is a clear example of veterans helping veterans. The DAV has 189 Hospital Service Coordinators around the country who coordinate the transportation needs for disabled veterans. Contact your local medical center for more information.

### VOLUNTEER DRIVERS NEEDED:

The DAV is always looking for volunteer drivers. If you are interested in volunteering in the DAV Transportation Network please visit: [www.dav.org/help-dav/volunteer/drive-a-van](http://www.dav.org/help-dav/volunteer/drive-a-van).

## PTSD MOBILE APP



**FREE PTSD COACH DOWNLOAD FROM: ITUNES (IOS)\* AND GOOGLE PLAY (ANDROID)\***

PTSD Coach has now been downloaded over 100,000 times in 74 countries around the world. The PTSD Coach app can help you learn about and manage symptoms that commonly occur after trauma. Features include: Reliable information on PTSD and treatments that work; Tools for screening and tracking your symptoms; Convenient, easy-to-use skills to help you handle stress symptoms; Direct links to support and help; Always with you when you need it.

Together with professional medical treatment, PTSD Coach provides you dependable resources you can trust. If you have, or think you might have PTSD, this app is for you. Family and friends can also learn from this app.

### DOWNLOAD THE MOBILE APP

Free PTSD Coach download from: iTunes (iOS)\* and Google Play (Android)\*. Also see PTSD Coach ONLINE: 17 tools to choose from available for desktop. PTSD Coach was created by the VA's National Center for PTSD and the DoD's National Center for Telehealth and Technology.

*NOTE: PTSD is a serious mental health condition that often requires professional evaluation and treatment. PTSD Coach is not intended to replace needed professional care.*

# TRAUMA AND PTSD

Post Traumatic Stress Disorder (PTSD) is a mental health issue that can occur after someone goes through a traumatic event such as war, assault, disaster, or a car accident. Most people have some stress reactions after a trauma.

Each service member will have their own experiences. However, understand that almost all service members will need time to readjust after being in a war zone. This can be especially intense during the first months at home. Common stress reactions are a normal part of readjustment.

The stigma of mental health issues can be a huge barrier for people who need help, but knowing when and how to get help is actually part of military training.

Visit your local Vet Center (complete list of locations are on page 49) if you would like to talk to someone about what you are experiencing. You can also learn more about PTSD at [ptsd.va.gov](http://ptsd.va.gov)

## TRAUMATIC BRAIN INJURY (TBI)

Major advancements in protective and medical technology have vastly increased survivability rates among wounded U.S. service members. They have also introduced new challenges to care for increasing numbers of veterans and service members with extremely complex injuries, particularly polytrauma and traumatic brain injury.

A Traumatic Brain Injury (TBI) happens when something outside the body hits the head with significant force.

## VA RESOURCE CENTERS

ASHEVILLE VAMC  
(828) 299-2519 EXT: 2519

CHARLOTTE CBOC  
(704) 638-9000 EXT:3175

DURHAM CLINIC  
(919) 286-0411 EXT: 7977

FAYETTEVILLE VAMC  
(910) 488-2120 EXT: 5839

HICKORY CBOC  
(704) 638-9000 EXT: 3175

SALISBURY VAMC  
VAMC PTSD RESOURCES  
OUTPATIENT THERAPY UNIT  
INPATIENT THERAPY UNIT  
CALL (704) 638-9000 EXT: 3175

WINSTON-SALEM CBOC  
(336) 768-3296 EXT: 1603

## NC RESOURCE CENTERS

Brain Injury Resource Offices are located throughout the state and are available to help you.

Statewide Family Help Line:  
**1-800-377- 1464**

- Raleigh area call 1-919-833-9634
- Charlotte area call 1-704-355-1502
- Greenville area call 1-800-697-3115
- Asheville area call 1-866-890-7801

This could happen when the head hits a windshield during a car accident, when a piece of shrapnel enters the brain, or during an explosion of an improvised explosive device (IED).

Individuals who sustain a TBI may experience a variety of effects, such as an inability to concentrate, an alteration of the senses (hearing, vision, smell, taste, and touch), difficulty speaking, and emotional and behavioral changes.

If you experienced head trauma during your service, please contact the VA to schedule an examination. To learn more about TBI, visit [www.polytrauma.va.gov](http://www.polytrauma.va.gov)



## ONLINE MANAGEMENT

Managing your health information appointments, prescriptions, labs, blood tests and even exchanging messages with your health care team has never been easier.

My HealthVet, your online Personal Health Record, helps you gain a better understanding of your health status and allows you to explore a variety of ways to monitor and improve your health, 24 hours a day/7days a week.

To get the most out of My HealthVet, veterans are urged to visit their local VA health care facility to get an upgraded account, known as In-Person Authentication (IPA). This simple process allows you to use My HealthVet to:

- View your VA appointments
- Access VA wellness reminders
- Communicate online through secure messaging
- View laboratory results and more

To begin using My HealthVet, register today at [www.myhealth.va.gov](http://www.myhealth.va.gov)

## CHAMPVA AND TRICARE

The Civilian Health and Medical Program of the U.S. Department of Veterans Affairs (CHAMPVA) is a comprehensive health care program in which the VA shares the cost of covered health care services and supplies with eligible beneficiaries. The program is administered by Health Administration Center.

Due to the similarity between CHAMPVA and the Department of Defense (DOD) TRICARE program (sometimes referred to by its old name, CHAMPUS) the two are often mistaken for each other. CHAMPVA is a U.S. Department of Veterans Affairs (VA) program whereas TRICARE is a regionally managed health care program for active duty and retired members of the uniformed services, their families, and survivors. In some cases a veteran may look to be eligible for both/either program on paper. However, if you are a military retiree, or the spouse of a veteran who was killed in action, you are and will always be a TRICARE beneficiary.

## NON-VA MEDICAL CENTER EMERGENCY CARE

Veterans are eligible for emergency care at non-VA facilities under certain circumstances. The 2010 Veterans Emergency Care Protective Act enabled VA to reimburse veterans enrolled in VA health care for the remaining cost of emergency treatment if the veteran has outside insurance that only covers part of the cost.

If the non-VA emergency care is received, notification to the nearest VA health care facility must be made within 72 hours of hospitalization. VA payment is limited up to the point that veteran's condition is stable for transport to a VA Facility.

The VA can also provide retroactive reimbursements for emergency care received or after July, 19, 2001, if considered appropriate under the circumstances.



# NEED AN EXTRA HAND?



NC offers additional resources to assist its North Carolina veterans through the Division of Mental Health, Developmental Disabilities and Substance Abuse Services.

## RETURNING VETERANS AND POSSIBLE BEHAVIORAL HEALTH ISSUES

*“Although the majority of veterans who return from deployment do not have a behavioral health condition and have not experienced a traumatic brain injury (TBI) all service members, veterans and family members experience a period of readjustment as they reintegrate into life with family, friends and community. Behaviors needed to survive in war zone, such as maintaining a constant state of alertness, may initially translate into troublesome behaviors in civilian life.” SAMHSA, 2012.*

The North Carolina Division of Mental Health, Developmental Disabilities, and Substance Abuse Services (MH/DD/SA) with its **Local Management Entities-Managed Care Organizations (LME-MCOs)** provides mental health, developmental disabilities, including TBI and substance use services through a network of community-based agencies in all of the state’s 100 counties.

Services and support are available to address the full continuum of care including crisis intervention, prevention, treatment and recovery supports for both adults and children. Program services are accessed by contacting the LME/MCO contracted to provide services in your county. To find out which LME-MCO your county is assigned

to please visit the DMH/DD/SAS website at [ncdhhs.gov/mhddsas/lmeonblue.htm](http://ncdhhs.gov/mhddsas/lmeonblue.htm) or you can call the customer service and community rights call center at **1-855-262-1946**. The LME-MCO can also assist individuals needing to access the services provided by the Division of State Operated Health Facilities (DSOHF). Applications for care at the state psychiatric hospitals, the Alcohol and Drug Treatment Centers and the Developmental Centers can be made through your local LME-MCO, or, **see page 69**

## OTHER PROGRAMS THAT MIGHT BE OF INTEREST:

**The TASC** (Treatment Alternatives for Safe Communities) Program works with individuals involved in the criminal justice system. TASC will work with individuals, families and probation officers to arrange for treatment and other support services. For more information about TASC services in your community please see the contact information here: [www.nctasc.net/main/providermap-t.php](http://www.nctasc.net/main/providermap-t.php)

**Driving While Impaired Services (DWI)** works with those individuals who have been convicted of Driving While Impaired to arrange interventions or treatment so that driving privileges can be restored. Contact the program by calling **(919) 733-0566**. For more information about DWI-related services in your community

please see the contact information here: [www.ncdhhs.gov/mhddsas/services/dwi/locateservices.htm](http://www.ncdhhs.gov/mhddsas/services/dwi/locateservices.htm)

**North Carolina Peer Support Specialist Program** –Veterans interested in becoming a certified Peer Support Specialists can contact the Peer Support Specialist Program managed by the University of North Carolina School of Social Work. For more information, go to <http://pss.unc.edu/>

## HOW TO ACCESS SERVICES LOCALLY:

Accessing services begins with a phone call to the LME-MCO; additional information is also available on the LME/MCO’s website. Each LME/MCO has a trained Veteran Point of Contact as well as a specific TBI Point of Contact who can assist service members, veterans, and their families seeking services. The list of 24/7 access numbers, the LME/MCO website address and the **Veteran Point of Contact is provided on page 69**

MH/DD/SA is a member of the Governor’s Working Group on Veterans, Service Members, and their families. This group is comprised of federal, state, and local agencies who meet regularly to identify the needs and to develop strategies to meet the needs of our military connected citizens. The North Carolina MH/DD/SA is proud to serve those who have served.

## DIVISION OF SOCIAL SERVICES

The North Carolina Division of Social Services (DSS) provides guidance and technical assistance to agencies that provide services that address issues associated with poverty, family violence, exploitation, and more. Our goal is to ensure proper quality of life and prevent other problems in vulnerable individuals and populations. We promote self-reliance and self-sufficiency. Services offered include:

- Adoption
- Child Protective Services
- Child Support Enforcement
- Emergency Assistance
- Short-Term Financial Assistance
- Food & Nutrition Services
- Foster Care
- County Social Services Directory
- Independent Living Services for Foster Children (LINKS)
- Low-Income Energy Assistance
- Pregnancy Services
- Refugee Services
- Safe Surrender (Newborn Surrender)
- Work First Cash Assistance

Applications for benefits can be taken at all 100 DSS offices across the state.

Contact your county DSS for information about the types of documents you must provide when you apply. Staff at the county DSS will assist you with this process, or call

DHHS Customer Service Center at 1-800-662-7030. A list of County Departments of Social Service Offices can be found at: [www.ncdhhs.gov/dss/](http://www.ncdhhs.gov/dss/)

## VAMC MENTAL HEALTH POINTS OF CONTACT

**FACILITY:** Asheville

**CONTACT PERSON:** Laura Tugman  
(828) 298-7911, x2009  
Laura.tugman@va.gov

**FACILITY:** Durham


**CONTACT PERSON:** Cindy Woods  
(919) 286-0411, x6073  
Cynthia.woods@va.gov

**FACILITY:** Fayetteville

**CONTACT PERSON:** Bill Castillo  
(910) 488-2120, x5828  
William.castillo2@va.gov

**FACILITY:** Salisbury

**CONTACT PERSON:** Shynyn Aysta  
(704) 638-9000, x4190  
Shynyn.aysta-isaac@va.gov



**TROSA**  
TRIANGLE RESIDENTIAL OPTIONS  
FOR SUBSTANCE ABUSERS, INC.

### Residential Substance Abuse Treatment


TROSA's multi-year residential program provides stable housing in a supportive community at no cost to all residents. Program graduates also have the option of utilizing our additional housing and continuing care services.

The Veterans Administration (VA) works closely with TROSA to ensure graduates leave with permanent housing and long-term employment.

**Honesty • Courage • Commitment • Community**  
(919) 419-1059 [www.trosainc.org](http://www.trosainc.org)

**TROSA is free of charge to anyone with a substance abuse problem who wants to change their life.**

Learn more about how we can help  
(919) 419-1059 [www.trosainc.org](http://www.trosainc.org)



**Services we provide:**  
Supportive housing, meals, clothing, medical, education, vocational training, life skills, mental health, employment services, continuing care

# IT'S YOUR CALL

©VHA/2011

1-800-273-8255 **PRESS 1**

Veterans  
Crisis Line



• • • Confidential chat at [VeteransCrisisLine.net](http://VeteransCrisisLine.net) or text 838255 • • •

## Do you feel this way?

- I'm lost in a health care system
- I just don't care anymore
- I feel like hurting myself or others
- People keep telling me I've changed
- I have a short fuse
- I seem to be drinking more
- I can't sleep
- I don't have the patience I need with my kids

**VOLUNTARY, CONFIDENTIAL, FREE and PROFESSIONALLY STAFFED**

## NORTH CAROLINA NATIONAL GUARD HELP LINE

# 1-855-322-3848

CURRENT NC NATIONAL GUARD MEMBERS AND FAMILIES



# American Red Cross

Supporting America's Military Families

Get Immediate Assistance



If your military family has an emergency need for communication, please call the American Red Cross at (877) 272-7337.

Region	Local Office Phone Number	Counties Covered By This Location
Triangle Area Chapter	(919) 231-1602 Raleigh, NC	Chatham, Wake, Warren, Johnston, Lee, Franklin
Central NC Chapter	(919)-489-6541 Durham, NC	Durham, Orange, Person, Granville, Vance
Cape Fear Area Chapter	(910) 762-2683 Wilmington, NC	Brunswick, Carteret, Columbus, Craven, Duplin, Greene, Jones, Lenoir, New Hanover, Onslow, Pamlico, Pender, Wayne
North East NC Chapter	(252)-977-1720 Rocky Mount, NC	Beaufort, Bertie, Camden, Chowan, Currituck, Dare, Edgecombe, Gates, Halifax, Hertford, Hyde, Martin, Nash, North Hampton, Pasquotank, Perquimans, Pitt, Tyrrell, Washington, Wilson
Sandhills Area Chapter	(910)-867-8151 Fayetteville, NC	Bladen, Cumberland, Harnett, Hoke, Moore, Richmond, Robeson, Sampson, Scotland
Charlotte Metro Chapter	(704) 347-8254 Charlotte, NC	Iredell, Mecklenburg
Southern Piedmont Chapter	(704) 782-9022 Concord, NC	Anson, Cabarrus, Montgomery, Rowan, Stanly, Union
Piedmont Triad Chapter	(336) 333-2111 Greensboro, NC	Alamance, Caswell, Davidson, Randolph, Rockingham, Stokes, Surry, Yadkin
Blue Ridge Piedmont Chapter	(828) 332-4151 Hickory, NC	Alexander, Alleghany, Ashe, Avery, Burke, Caldwell, Catawba, Cleveland, Gaston, Lincoln, Watauga, Wilkes
Asheville-Mountain Area Chapter	(828) 258-3888 Asheville, NC	Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Yancey

**American Red Cross**  
**Emergency Communication Services**  
**Call Toll-Free (877) 272-7337**

They serve our nation.  
**We are honored**  
**to serve them.**

# THE DIVISION OF MENTAL HEALTH, DEVELOPMENTAL DISABILITIES AND SUBSTANCE ABUSE SERVICES

North Carolina's Division of Mental Health, Developmental Disabilities and Substance Abuse Services offers behavioral health services to those who have served in the active or reserve components of the U.S. Armed Forces, are a Veteran or a family member.



## HELP HAS A STARTING POINT.

**At Eastpointe, we understand the unique mental health challenges that military service members and veterans face.**

We're here to support our troops and their families. Our customer service staff and veterans/military liaison connect veterans and those on active duty with the best community resources and services for mental health, intellectual and developmental disabilities, and substance use disorders.

Our commitment to the health of service members is 12 counties strong. Contact us anytime, 24/7, 365 days a year at **1-800-913-6109** or **Eastpointe.net**.



Serving Bladen, Columbus, Duplin, Edgecombe, Greene, Lenoir, Nash, Robeson, Sampson, Scotland, Wayne and Wilson counties.





## DIVISION OF AGING AND ADULT SERVICES

In support of the mission, vision, and values of the NC Department of Health and Human Services, the Division of Aging and Adult Services (DAAS) works to promote independence and enhance the dignity of North Carolina's older adults, persons with disabilities, and their families through a

community-based system of opportunities, services, benefits, and protections; to ready younger generations to enjoy their later years; and to help society and government plan and prepare for the changing demographics of the population.

Services available for adults of all ages are provided by a variety of auspices such as agencies serving primarily older adults, licensed home care agencies, and county departments of social services. The services span a wide spectrum of care listed below.

<http://www.ncdhhs.gov/divisions/daas>

- Adult Day Care
- Adult Day Health Care
- Adult Placement Services
- Adult Protective Services
- At-Risk Case Management
- Care Management
- Congregate Nutrition
- Consumer Directed
- Family Caregiver Support
- Foster Care Services for Adults
- Guardianship Services
- Health Promotion
  - Disease Prevention
- Health Screening
- Health Support Services
- Home Delivered Meals
- Home Health
- Housing and Home Improvement
- Individual & Family Adjustment Services
- In-home Aide
- Legal
- Mental Health Counseling
- Options Counseling
- Personal and Family Counseling
- Project Care
- Respite - Group / Institution
- Senior Centers
- Senior Companion
- State-County Special Assistance for- adults
- State County Special Assistance for-Adults In-Home program
- Transportation
  - General
  - Medical
- Veterans Affairs
  - NC Division of Veterans Affairs
  - US Department of Veterans Affairs

## DIVISION OF SERVICES FOR THE BLIND (DSB)

"Welcoming our veterans with disabilities adapting to employment and independent living"

Since 1935, the North Carolina Division of Services for the Blind (DSB) has provided services to people who are visually impaired, blind and deaf-blind to assist them with reaching their goals of

independence and employment. DSB has vocational rehabilitation, independent living, medical eye care and Business Enterprises programs. DSB partners with the Veterans Administration VIST Programs that provide services to veterans who have severe visual impairments.

- A veteran does not need to be legally blind to receive services from DSB. Some of DSB's services include:
- Assistive Technology Assessments and Training
- Vocational/Career Training
- Transition-Age Services
- Supported Employment Services
- Career Counseling and Job Placement Assistance
- Rehabilitation Center Instruction
- In-Home & Community-Based Independent Living Skills Training
- Counseling & Guidance
- Information and Referral
- Low Vision Assessments and Adaptive Aids
- In-Home Labeling of Appliances
- Safe Travel Training (Orientation & Mobility)

Contact DSB at 1-866-222-1546 or contact your closest local office at the number below. You can also contact a DSB Social Worker for the Blind at your local Department of Social Services office.

Asheville 1-800-422-1881

Wilmington 1-800-422-1884

Raleigh 1-800-422-1871

Fayetteville 1-800-422-1897

Charlotte 1-800-422-1895

Winston-Salem 1-800-422-0373

Greenville 1-800-422-1877

Elizabeth City 252-338-2126 Ext. 179

Have a Health Issue the VA Can't Solve? Try These State Providers

**ACCESS  
SERVICES  
LOCALLY**

Accessing services begins with a phone call to the LME-MCO; additional information is also available on the LME-MCO's website.



Each LME/MCO (Local Management Entity/Managed Care Organization) has a trained Veteran Point of Contact as well as a specific TBI Point of Contact who can assist service members, veterans, and their families seeking services. DMH/DD/SAS is a member of the Governor's Working Group on Veterans, Service

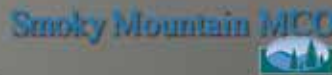
Members, and their families. This group is comprised of federal, state, and local agencies who meet regularly to identify the needs and to develop strategies to meet the needs of our military connected citizens. The North Carolina DMH/DD/SAS is proud to assist those who have served our country.

**Mental health concern?  
Drug or alcohol problem?  
Intellectual/developmental disability?**

**Looking for alternatives to  
the VA healthcare system?**

In western North Carolina, we're here to help. Call toll-free at 1-800-849-6127, 24/7, to learn what services may be available in your community or for help in a crisis.

Smoky Mountain MCO manages public funds for mental health, substance use disorder and intellectual/developmental disability services for residents of Alexander, Alleghany, Ashe, Avery, Buncombe, Caldwell, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Watauga, Wilkes and Yancey counties.





# ALTERNATIVES TO VA HEALTH CARE OFFERED BY NORTH CAROLINA'S DEPT. OF HEALTH & HUMAN SERVICES

## LME-MCO MILITARY AND VETERANS CONTACTS

▶ ALLIANCE BEHAVIORAL HEALTH

**COUNTIES SERVED:**

Cumberland, Durham, Johnston, Wake

**CONTACT:**

Hank Debnam

(910) 491-4798

[hdebnam@alliancebhc.org](mailto:hdebnam@alliancebhc.org)

[www.alliancebhc.org](http://www.alliancebhc.org)

▶ CARDINAL INNOVATIONS HEALTHCARE SOLUTIONS

**COUNTIES SERVED:**

Alamance, Cabarrus, Caswell, Chatham, Davidson, Franklin, Granville, Halifax, Mecklenburg, Orange, Person, Rowan, Stanly, Union, Vance, Warren

**CONTACT:**

Emily Godfrey

(704) 939-7803

[emily.godfrey@pbhsolutions.org](mailto:emily.godfrey@pbhsolutions.org)

[www.pbhsolutions.org](http://www.pbhsolutions.org)

▶ CENTERPOINT HUMAN SERVICES

**COUNTIES SERVED:**

Forsyth, Stokes, Davie, Rockingham

**CONTACT PERSON:**

Rob Pigg

(336) 778-3506

[rpigg@cphs.org](mailto:rpigg@cphs.org)

[www.cphs.org](http://www.cphs.org)

▶ TRILLIUM

**COUNTIES SERVED:**

Beaufort, Bertie, Brunswick, Camden, Carteret, Chowan, Craven, Currituck, Dare, Gates, Hertford, Hyde, Jones, Martin, New Hanover, Northampton, Onslow, Pamlico, Pasquotank, Perquimans, Pender, Pitt, Tyrrell, Washington

**CONTACTS:**

Charlene Irvin

1-866-998-2597

[charlene.irvin@coastalcarenc.org](mailto:charlene.irvin@coastalcarenc.org)

[www.trilliumhealthresources.org](http://www.trilliumhealthresources.org)

▶ EASTPOINTE

**COUNTIES SERVED:**

Bladen, Columbus, Duplin, Edgecombe, Greene, Lenoir, Nash, Robeson, Sampson, Scotland, Wayne, Wilson

**CONTACTS:**

1-800-513-4002

Susan Johnson

[sjohnson@eastpointe.net](mailto:sjohnson@eastpointe.net)

Tara Sessoms

[tsessoms@eastpointe.net](mailto:tsessoms@eastpointe.net)

[www.eastpointe.net](http://www.eastpointe.net)

▶ PARTNERS BEHAVIORAL HEALTH MANAGEMENT

**COUNTIES SERVED:**

Burke, Catawba, Cleveland, Gaston, Iredell, Lincoln, Surry, Yadkin

**CONTACTS:**

Karen Creech

(704) 772-4314

[kcreech@partnersbhm.org](mailto:kcreech@partnersbhm.org)

Kimberly Rhoads

(877) 439-2535

[krhoads@partnersbhm.org](mailto:krhoads@partnersbhm.org)

[www.partnersbhm.org](http://www.partnersbhm.org)

▶ SANDHILLS CENTER FOR MH/DD/SAS

**COUNTIES SERVED:**

Anson, Guilford, Harnett, Hoke, Lee, Montgomery, Moore, Randolph, Richmond

**CONTACT:**

Tera Duthie

(910) 673-9111

[terad@sandhillscenter.org](mailto:terad@sandhillscenter.org)

[www.sandhillscenter.org](http://www.sandhillscenter.org)

▶ SMOKY MOUNTAIN CENTER

**COUNTIES SERVED:**

Alexander, Alleghany, Ashe, Avery, Buncombe, Caldwell, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Watauga, Wilkes, Yancey

**CONTACT:**

Sara Wilson

(828) 586-5501

[sara.wilson@smokymountaincenter.com](mailto:sara.wilson@smokymountaincenter.com)

[www.smokymountaincenter.com](http://www.smokymountaincenter.com)

Note:

\*If you serve or have served in the active or reserve components of the U.S. Armed Forces, are a Veteran or a family member and you need help, please contact the person listed above for your county of residence.



## NON-AMBULATORY TRANSPORTATION SERVICES



OWL, Inc. provides non-ambulatory transportation services for Veterans who require mobility assistance and who have been authorized by the Veterans Health Administration to receive transportation services. Transportation services are available to all VA Medical Facilities in the DURVAMC Catchment area-including CBOCs, Dialysis Centers and HCCs. Services are available 24/7.

Please call four days in advance to arrange transportation.

Offices Servicing the Durham VAMC Network:

**Durham Office**

3310 Croasdaile Drive  
Ste. 301  
Durham, North Carolina  
27705

Office (919) 864-8461

**Raleigh Office**

4801 Glenwood Avenue  
Ste. 200  
Raleigh, North Carolina  
27612

Office (919) 604-4405

**Greenville Office**

400 W. Arlington Blvd.  
Greenville, North Carolina  
27834

Office (252)756-5665

## DIVISION OF VOCATIONAL REHABILITATION SERVICES

“Welcoming our veterans with disabilities adapting to employment and independent living”



The Division of Vocational Rehabilitation Services (DVRS) can assist veterans with disabilities in transitioning smoothly back to civilian life. DVRS offers counseling, training, education, transportation, job placement, assistive technology and other support services to people with the following disabilities:

- Physical
- Psychiatric
- Intellectual and/or developmental
- Substance abuse
- Deaf or hard of hearing or have other communicative disorders
- Any other disability that affects a person's ability to work or live independently.

These services help people with disabilities live and work independently in their community.

DVRS (known to many simply as “VR”) has local field offices and facilities that serve every county in North Carolina. DVRS also directly serves businesses and other organizations by linking them to individuals who are well-matched for jobs with these entities. Contact DVRS at:

www.ncddhs.gov/dvrs  
1-800-689-9090  
TTY (919) 855-3579  
VP (919) 324-1500  
Fax (919) 733-7968

MAILING ADDRESS:  
NCDVRS  
2801 Mail Service Center  
Raleigh, NC 27699-2801

## NORTH CAROLINA ASSISTIVE TECHNOLOGY PROGRAM (NCATP)

The North Carolina Assistive Technology Program (NCATP) is a state agency under the Division of Vocational Rehabilitation Services that can assist veterans with disabilities in transitioning smoothly back to civilian life. NCATP provides assistive technology device demonstrations, short-term device loans, assessments, training, public awareness and technical assistance to individuals, family members and organizations needing assistive technology services.

NCATP has offices across the state providing services to all N.C. citizens regardless of age and/or disability. For a full listing, please visit the NCATP website at: [www.ncatp.org](http://www.ncatp.org)

1-919-855-3500 Administrative Number  
919-715-1776 Fax  
NCATP  
2801 Mail Service Center  
Raleigh, NC 27699-2801

## NC OPERATED HEALTHCARE FACILITIES

### PURPOSE OF THE DIVISION OF STATE OPERATED HEALTHCARE FACILITIES:

We are a system of state operated healthcare facilities that respects the dignity of individuals and provides individualized, compassionate, efficient, quality care to citizens of North Carolina with developmental disabilities, substance use disorders and psychiatric illnesses and whose needs exceed the level of care available in the community.

### ALCOHOL AND DRUG ADDICTION TREATMENT CENTERS

Julian F. Keith ADATC,  
828-257-6200,  
201 Tabernacle Road  
Black Mountain, N.C. 28711

R. J. Blackley ADATC,  
919-575-7928  
100 H St.  
Butner, N.C. 27509

Walter B. Jones ADATC  
252-830-3426  
2577 W. Fifth Street  
Greenville, N.C. 27834

### DEVELOPMENTAL CENTERS

Caswell Developmental Center  
252-208-4000  
2415 West Vernon Ave.  
Kinston, N.C. 28504

J. Iverson Riddle Developmental Center  
828-433-2731  
300 Enola Road  
Morganton, N.C. 28655

Murdoch Developmental Center  
919-575-1000  
C Street  
Butner, N.C. 27509

### NEURO-MEDICAL TREATMENT CENTERS

Black Mountain Neuro-Medical Center  
828-259-6700  
Old Highway 70  
Black Mountain, N.C. 28711

O'Berry Neuro-Medical Center  
919-581-4000  
400 Old Smithfield Rd.  
Goldsboro, N.C. 27530-8464

Longleaf Neuro-Medical Center  
252-399-2112  
4761 Ward Boulevard  
Wilson, N.C. 27893

### PSYCHIATRIC HOSPITALS

Broughton Hospital  
828-433-2111  
1000 South Sterling Street  
Morganton, North Carolina 28655

Central Regional Hospital  
Butner Campus – 919-764-2000  
300 Veazey Road  
Butner, NC 27509

Cherry Hospital  
919-731-3200  
201 Stevens Mill Rd  
Goldsboro, N.C. 27530

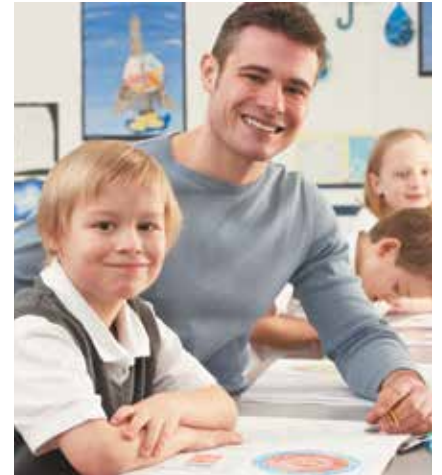
### RESIDENTIAL PROGRAMS FOR CHILDREN

Whitaker School  
919-575-7048  
L Street Butner, N.C. 27509

Wright School  
919-560-5790  
3132 Roxboro Road  
Durham, N.C. 27704



### DIVISION OF SERVICES FOR THE DEAF AND THE HARD OF HEARING

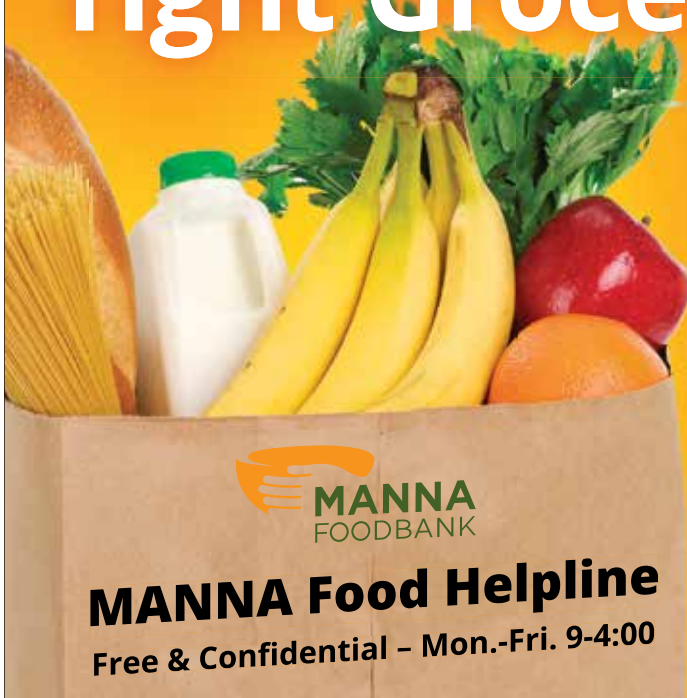


The Division of Services for the Deaf and the Hard of Hearing serves individuals who are Deaf, Hard of Hearing, Deaf-Blind, their families and the communities in North Carolina by enabling them to achieve equal access, effective communication and a better quality of life.

Established in 1977 as the North Carolina Council for the Hearing Impaired, the North Carolina Division of Services for the Deaf and the Hard of Hearing has developed into a statewide network of programs providing a wide variety of services to Deaf, Hard of Hearing and Deaf-Blind people.

**DSDHH Administration Office**  
2301 Mail Service Center  
Raleigh, NC 27699-2301  
919-874-2212 V/TTY  
800-851-6099 V/TTY  
919-890-0859 VPW  
[www.ncdhhs.gov/dsdhh](http://www.ncdhhs.gov/dsdhh)

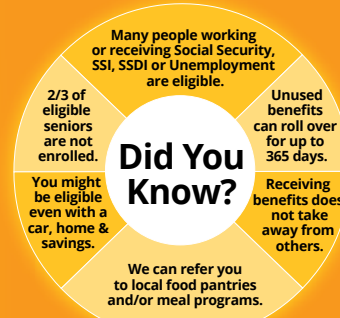
# Tight Grocery Budget?



## MANNA Food Helpline

Proudly serving 16 Western  
North Carolina Counties

**MANNA Food Helpline**  
Free & Confidential - Mon.-Fri. 9-4:00



# CALL TODAY! (800) 820-1109



**MMIA**  
MILITARY  
MISSIONS  
IN ACTION

Dedicated to assisting veterans with disabilities, members of the Armed Forces and their families.

93 cents of every dollar goes toward programs and services.  
With your help, we can make a difference.

[www.facebook.com/MilitaryMissionsInAction](http://www.facebook.com/MilitaryMissionsInAction)

[www.militarymissionsinaction.org](http://www.militarymissionsinaction.org)

# YOU SERVED YOUR COUNTRY NOW LET US SERVE YOU

Skilled Nursing Care



NC State Veterans Homes



SEE PAGE 76

**FAYETTEVILLE**



SEE PAGE 77

**SALISBURY**



SEE PAGE 78

**BLACK MOUNTAIN**



SEE PAGE 79

**KINSTON**

# NORTH CAROLINA VETERANS HOMES

## DID YOU KNOW?

THE NC DEPT OF MILITARY & VETERANS AFFAIRS RUNS 4 NC STATE VETERANS HOMES WITH 449 SKILLED CARE BEDS, EMPLOYING OVER 750 NORTH CAROLINIANS.

### MISSION

**"To provide quality health care services in a professional and ethical manner, ensuring the trust, confidence and respect of our veteran residents, their families, employees, and the communities we serve"**

The NC State Veterans Homes provide skilled nursing care to all eligible veterans. All of the NC State Veterans Homes are certified by VA Medical Centers of jurisdiction,

The State of North Carolina is proud to offer four, full-service, State Veterans Homes. They are located adjacent to the VA Medical Center in Fayetteville, on the W.G. Hefner Medical Center campus in Salisbury, Kinston, and in Black Mountain.

Please call our office at **844-NC4-VETS** for further information. Our primary mission is to provide high quality care to veterans, which will improve their quality of life. At the North Carolina State Veterans Homes, we know how to meet the special needs of our veterans.



Medicaid, Medicare, and the Joint Commission.

Our professional staff and volunteers are committed to providing quality, comprehensive, short term or long term care with an extra warm and personal touch. It is important each veteran feels we are not just a skilled nursing facility, but an actual "home" in every sense of the word. Every individual is of vital interest to us and we ensure that our focus is the total needs of the resident. Through quality care and

constant companionship, we strive to make every day not a "living experience," but "an experience worth living."

We encourage veterans and family members to arrange a pre-admission tour and meeting at your convenience. This will let you see first-hand the care and warmth of our homes as well as give you the opportunity to ask questions about the facility, or visit **www.NC4VETS.com** for a link to a virtual tour.



# LONG-TERM CARE ELIGIBILITY



We serve all qualified North Carolina Veterans. The rate of payment is based on a daily per diem rates established by the NC Veterans Commission.

## TO BE ELIGIBLE, A VETERAN MUST:

- **Have served** in the Armed Forces for other than training purposes.
- **Have been** discharged under honorable conditions from the United States Armed Forces.
- **Have resided** in North Carolina at least 24 months prior to the date of application.
- **Be referred** by a licensed physician and be in need of skilled nursing care.
- **Be disabled** by reason of age, disease, or other reasons determined through a physical exam. Our facility must be able to meet the need of the resident.

## DEDICATED TO EXCELLENCE

Our highly skilled professional staff provides exceptional care and activities to enrich individuals.

- Comfort and security which encourages independence, meets individual needs and emphasizes personal choice.
- Comfortable, spacious accommodations in an attractive environment.
- Care provided by registered nurses, licensed practical nurses and certified nursing assistants under the direction of licensed physicians.
- Registered dietician on staff.
- Experienced social workers to assist veterans and families.
- Veterans Service Officer to assist veterans and families in applying for VA Benefits.
- Licensed by the State of North Carolina and approved for Medicare, Medicaid and third party insurance.
- Complete team of therapists provide physical, occupational and speech therapy within the facility.
- Specially designed therapeutic recreational programs directed by activity personnel on each unit.
- Full range of in-house activities, community outings and programs involving local volunteer groups.
- Special programs throughout the year honoring veterans.
- Our first two homes are 5 star rated and we expect our two newest homes to earn that distinction as well.

Hospital care provided by either the VA Medical Centers or local hospitals.

# FAYETTEVILLE

150-bed home for Veterans



**Location:**

214 Cochran Ave.  
Fayetteville, NC  
28301

**Phone:**

(910) 482-4131

**Visiting hours:**

8AM to 8PM

**Certifications:**

Medicaid  
Medicare  
Joint Commission

**SERVICES OFFERED:**

Semi-private rooms/private rooms (additional cost) 24-hour nursing, IV therapy, oxygen therapy, physical therapy, occupational therapy, speech therapy, wound care and pain management, full-time dietician, nourishment care, activity programming, hospice, counseling services, family group meetings, laundry, pharmacy, volunteer medication management, psychiatry, MSW socialworker, barber/beauty shop services.





# SALISBURY

99-bed home for Veterans

**Location:**

1601 Brenner Ave.  
Building #10  
Salisbury, NC 28144

**Phone:**

(704) 638-4200

**Visiting hours:**

8AM to 8PM

**Certifications:**

Medicaid  
Medicare  
Joint Commission

**SERVICES OFFERED:**

Semi-private rooms/private rooms (additional cost) 24-hour nursing, IV therapy, oxygen therapy, physical therapy, occupational therapy, speech therapy, wound care and pain management, full-time dietician, nourishment care, activity programming, hospice, counseling services, family group meetings, laundry, volunteer services, management, psychiatry, MSW social worker, barber/beauty shop services.



# BLACK MOUNTAIN

100-bed home for Veterans



**Location:**

62 Lake Eden Road  
Black Mountain, NC  
28711

**Phone:**

(828) 257-6800

**Visiting hours:**

8AM to 8PM

**Certifications:**

Medicaid  
Medicare  
Joint Commission

**SERVICES OFFERED:**

Private rooms, 24-hour nursing, IV therapy, oxygen therapy, physical therapy, occupational therapy, speech therapy, wound care and pain management, full-time dietician, nourishment care, activity programming, hospice, private chapel, counseling services, family support group meetings, laundry, volunteer services, medication management, psychiatry, MSW social worker, aquatic therapy, barber/beauty shop services.





# KINSTON

100-bed home for Veterans



**Location:**

2150 Hull Road  
Kinston, NC 28504

**Phone:**

(252) 939-8000

**Visiting hours:**

8AM to 8PM

**Certifications:**

Medicaid  
Medicare  
Joint Commission

**SERVICES OFFERED:**

Private rooms, 24-hour nursing, IV therapy, oxygen therapy, physical therapy, occupational therapy, speech therapy, wound care and pain management, full-time dietician, nourishment care, activity programming, hospice, private chapel, counseling services, family support group meetings, laundry, volunteer services, medication management, psychiatry, MSW social worker, aquatic therapy, barber/beauty shop services.



# Concussion/Mild Traumatic Brain Injury and Posttraumatic Stress Disorder



## WHAT IS A TRAUMATIC BRAIN INJURY (TBI)?

- A TBI is the disruption of normal brain function caused by an external force including a jolt or blow to the head.
- Not all blows or jolts to the head cause a TBI.
- A TBI may be classified as mild, moderate or severe. A mild TBI, also called a concussion, is the most common form.
- You may or may not lose consciousness, remember the event (amnesia), feel confused or “see stars” immediately after the injury.

## WHAT IS POSTTRAUMATIC STRESS DISORDER (PTSD)?

- PTSD describes a group of symptoms that may develop after you are exposed to actual or threatened death, serious injury or sexual violence.
- These events can include combat exposure; domestic violence; sexual, mental or physical abuse; a motor vehicle crash; a terrorist attack; or a natural disaster.

## IS THERE A CONNECTION BETWEEN CONCUSSION AND PTSD? CAN I HAVE BOTH?

- Yes. Concussion and PTSD involve physical changes and psychological symptoms.
- Yes, you can have both. Concussion and PTSD can be caused by the same traumatic event.
- Some people with a concussion may also have PTSD, but not everyone does.
- The symptoms of PTSD and concussion may be similar and make it hard to tell which condition you have

### Overlapping Symptoms

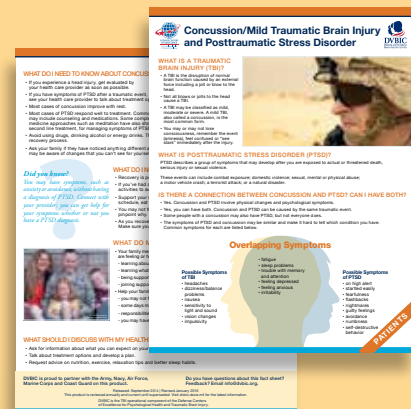
#### Possible Symptoms of TBI

- headaches
- dizziness/balance problems
- nausea
- sensitivity to light and sound
- vision changes
- impulsivity

- fatigue
- sleep problems
- trouble with memory and attention
- feeling depressed
- feeling anxious
- irritability

#### Possible Symptoms of PTSD

- on high alert
- startled easily
- fearfulness
- flashbacks
- nightmares
- guilty feelings
- avoidance
- numbness
- self-destructive behavior



For more information about the overlap and differences between TBI and PTSD, order or download Defense and Veterans Brain Injury Center Concussion/Mild Traumatic Brain Injury and Posttraumatic Stress Disorder Fact Sheet: <https://dvbic.dcoe.mil/material/concussionmild-traumatic-brain-injury-and-posttraumatic-stress-disorder-fact-sheet>

# EDUCATION



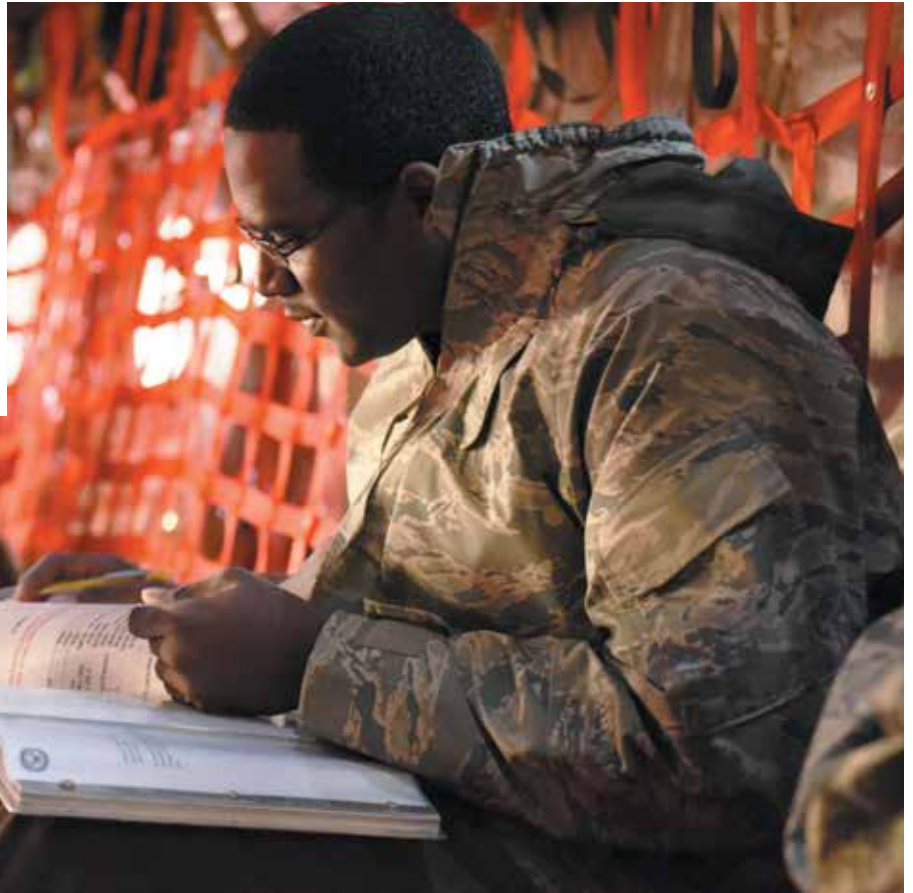
**VA EDUCATION BENEFITS**

**SCHOLARSHIP PROGRAMS**

**STUDENT VETERAN PROGRAMS**

As a veteran, there are education benefits available which you may use for a wide variety of approved education and training programs, including: apprenticeship and on-the-job training, college degree and certificate programs, flight training, and correspondence courses.

# EDUCATION TUITION ASSISTANCE



## POST 9/11 GI BILL

The Post-9/11 GI Bill provides financial support for education and housing to honorably discharged veterans with at least 90 days of aggregate service on Title 10 Active Duty or Title 32 Active Guard Reserve Duty after Sept. 10, 2001, or individuals discharged with a service-connected disability after 30 days. The Post 9/11 GI Bill will pay eligible individuals full tuition and fees directly to the school for all public school in-state students, attending classes at a greater than part-time rate.

A Monthly Housing Allowance (MHA) based on the Basic Allowance for Housing (BAH) for an E-5 with dependents is also provided. Distance learning enrollee's housing allowance is equal to half the national average BAH for an E-5 with dependents. An annual books and supplies stipend is paid proportionately based on years of active duty service. ([GIBill.va.gov](http://GIBill.va.gov))

## RESERVE EDUCATIONAL ASSISTANCE PROGRAM [REAP]

REAP is a Department of Defense (DoD) education benefit program designed to provide education assistance to members of the Reserve components called or ordered to active duty. Some individuals will remain eligible for REAP benefits until November 25, 2019, while others are no longer eligible for REAP benefits. Eligible veterans must be a member of a Ready Reserve component (Selected Reserve, Individual Ready Reserve, or Inactive National Guard) to pay into the "buy-up" program. Guard members are eligible if they were serving under Title 32 orders for 90 consecutive days as authorized by the President or Secretary of Defense for a national emergency which is supported by federal funds.

To determine eligibility please visit [www.benefits.va.gov/gibill/reap.asp](http://www.benefits.va.gov/gibill/reap.asp)

## MONTGOMERY GI BILL

Montgomery GI Bill (MGIB) benefits are available for service members and veterans to help with education and training costs.

MGIB can be used to pay for many different programs including the following degrees; business, technical or vocational courses, distance learning including correspondence courses, apprenticeship/job training, flight training, licensing and certification exams.

VA educational benefits may be used while the service member is on active duty or after the service member's separation from active duty with a fully honorable military discharge. Discharges "under honorable conditions" and "general" discharges do not establish eligibility.

Eligibility generally expires 10 years after the service member's discharge. However, there are exceptions for disability, re-entering active duty, and upgraded discharges. ([GIBill.va.gov](http://GIBill.va.gov))



## FOLDS OF HONOR (PRIVATE)

Folds of Honor proudly stands in the gap, providing scholarships and assistance to the spouses and children of those killed or disabled in service to America.

Of the one million-plus dependents adversely affected by deployments to Iraq and Afghanistan, over 87% do not qualify for federal scholarship assistance. We can honor those who fought for our freedom by serving the families they leave behind.

FOR MORE INFORMATION, GO TO:  
[www.foldsofhonor.org](http://www.foldsofhonor.org)

## TILLMAN MILITARY SCHOLARSHIP (PRIVATE)

The Pat Tillman Foundation's Tillman Military Scholars program supports our nation's active and veteran service members and their families by removing financial barriers to completing a degree or certification program of their choice. Study-related expenses such as tuition and fees, but also other needs, including housing and child care. To apply, go to

[www.patillmanfoundation.org](http://www.patillmanfoundation.org)

## POST-9/11 GI BILL TRANSFER OF ENTITLEMENT

The post-9/11 GI Bill also offers some service members the opportunity to transfer their GI Bill to dependents. An individual approved to transfer an entitlement to educational assistance under this section may transfer the individual's entitlement to the individual's spouse, or one or more of the individual's children or any combination of spouse and child. A family member must be enrolled in the Defense Eligibility Enrollment Reporting System (DEERS) and be eligible for benefits, at the time of transfer to receive transferred educational benefits.

Visit [www.benefits.va.gov/gibill/post911\\_transfer.asp](http://www.benefits.va.gov/gibill/post911_transfer.asp)

## TUITION ASSISTANCE - [TOP-UP]

TOP-UP allows the VA to reimburse an individual for all or a portion of the charges for courses that are not reimbursed under certain military education programs. The amount of this benefit can be equal to the differences between the total cost of a college course and the amount of Tuition

Assistance that is paid by the military for the course.

To be eligible for the TOP-UP benefit, the person must be approved for federal tuition assistance by a military department and be eligible for Montgomery GI Bill (MGIB)-Active Duty benefits or the Post-9/11 GI Bill.

## YELLOW RIBBON GI EDUCATION ENHANCEMENT PROGRAM

This program was enacted to assist eligible individuals with payment of their tuition and fees in instances where costs exceed the most expensive in-state undergraduate tuition at a public institution of higher education.

To be eligible, the student must be a veteran receiving benefits at the 100 percent benefit rate payable, a transfer-of-entitlement-eligible dependent child or spouse of a veteran.

VA will match the school's percentage (up to 50 percent) to reduce or eliminate out-of-pocket costs for eligible participants.

To receive this benefit, your school must agree to participate in the Yellow Ribbon Program.

## VETERANS EDUCATIONAL ASSISTANCE PROGRAM [VEAP]

Benefit entitlement is for one to 36 months depending on the number of monthly contributions. You have 10 years from your release from active duty to use VEAP benefits. If the entitlement is not used after the 10-year period, your portion remaining in the fund will be automatically refunded.

You must meet the following requirements to qualify:

- Entered service for the first time between Jan. 1, 1977, and June 30, 1985
- Opened a contribution account before April 1, 1987
- Voluntarily contributed from \$25 to \$2,700;
- Completed your period of service and were discharged or released from service under conditions other than dishonorable.

If you are currently on active duty and wish to receive VEAP benefits, you must have at least three months of contributions available [www.benefits.va.gov/gibill/veap.asp](http://www.benefits.va.gov/gibill/veap.asp)



## NC IN-STATE TUITION

Gov. Pat McCrory proposed, and the General Assembly approved \$5.8 million for public colleges and universities, including community colleges, to participate in the federal Yellow Ribbon Program, which provides schools matching federal funds to cover part of the gap between in-state tuition and out-of-state tuition or tuition at a private institution.

## DEPENDENTS' EDUCATIONAL ASSISTANCE [DEA]

DEA is a federal VA benefit that provides education and training opportunities to eligible dependents, spouses and survivors of certain veterans.

To be eligible, you must be the dependent or spouse of a veteran who died or is permanently and totally disabled as the result of a service-connected disability, a veteran who died from any service-connected disability, a service member missing in action or captured in line of duty, a service member forcibly detained or interned in line of duty, or a service member who is hospitalized or receiving outpatient treatment for a service-connected permanent and total disability.

## FRY SCHOLARSHIP (PRIVATE)

Children of an active duty member of the Armed Forces who has died in the line of duty on or after September 11, 2001, are eligible for the Marine Gunnery Sergeant John David Fry Scholarship. Eligible children attending school may receive up to their full tuition and fees for a public school or a statutory annual maximum amount for a public school, plus a monthly living stipend and book allowance under this program.

Website: <http://gibill.va.gov>

## EDUCATIONAL FUNDING PROGRAMS FOR MILITARY AND THEIR DEPENDENTS

### DEPARTMENT OF DEFENSE VOLUNTARY EDUCATION PROGRAM

Each of the four military services, the Coast Guard and the Selected Reserve Service Components operates its own voluntary education program.

### INCREASED TITLE IV STUDENT ASSISTANCE TO CHILDREN OF CERTAIN DECEASED MEMBERS OF THE U.S. MILITARY

The Higher Education Opportunity Act (HEOA) established certain conditions for an otherwise eligible student whose parent or guardian died as a result of U.S. military service in Iraq or Afghanistan after September 11, 2001, to receive increased amounts of Title IV student financial assistance.

### IRAQ/AFGHANISTAN SERVICE GRANT (IASG)

This program provides assistance to undergraduate students whose parents or guardians died as a result of U.S. military service in Iraq or Afghanistan after September 11, 2001, and do not have a Pell-eligible expected family contribution.

### NORTH CAROLINA NATIONAL GUARD TUITION ASSISTANCE PROGRAM (NCTAP)

NCTAP provides assistance for tuition and required fees to qualified members of the NC National Guard.

### NORTH CAROLINA VIETNAM VETERANS, INC. SCHOLARSHIP PROGRAM (NCVVI)

Eligibility: applicant must meet the following eligibility requirements:

- Be a current resident of Wake, Durham, Harnett, Johnston, Franklin, Nash, Chatham, or Granville counties in North Carolina.
- Have been awarded the Vietnam Service Medal (VSM) for service in the Vietnam War, or
- Be a spouse, child, foster child, adopted child, grandchild, etc. of a Vietnam veteran (a recipient of the VSM).

### NORTH CAROLINA SCHOLARSHIP FOR CHILDREN OF WAR TIME VETERANS

Since July 2002, the North Carolina Division of Veterans Affairs has awarded over 5,000 scholarships to the children of North Carolina veterans.

North Carolina's Scholarship Program was created to show its appreciation for the services and sacrifices of its war veterans. The scholarship program is only valid at North Carolina schools. Scholarship recipients attending North Carolina approved private schools shall be granted a monetary allowance.

The scholarship is for 8 academic semesters; in which the applicant will have six years to utilize the eight academic semesters.

The Scholarship program has been established for the qualifying natural or adopted (before age 15) children of certain class categories of deceased, disabled, combat or POW/MIA veterans.

Applicant must be under age 25 at the time of application. The veteran's qualifying criteria must have occurred during a period of war. At time of application, applicant must be domiciled and a resident of North Carolina. In addition:

A. Veteran parent was a legal resident of North Carolina at time of said veteran's entrance into that period of service in the Armed Forces during which eligibility is established

OR

B. The applicant, of an eligible veteran, is the natural child or adopted child prior to age 15, who was born in North Carolina and has been a resident of North Carolina continuously since birth.

### RESERVE OFFICERS TRAINING CORPS SCHOLARSHIPS (ROTC) – INCLUDES ARMY, AIR FORCE, NAVY & MARINE

Repetitive four-year scholarships are available on a competitive, merit basis to high school students who plan to enroll in the Army, Air Force, Navy, or Marine Corps, Reserve Officers Training Corps at a postsecondary institution.

### COAST GUARD COLLEGE STUDENT PRE-COMMISSIONING INITIATIVE PROGRAM (CSPI)

The Coast Guard College Student Pre-commissioning Initiative (CSPI) provides up to two academic years of college tuition, required textbook costs, required fees, monthly salary of approximately \$2,900, medical and life insurance, 30 days paid vacation per year and leadership training.

### SELECTED RESERVE/NATIONAL GUARD STUDENT LOAN REPAYMENT PROGRAM

The SLRP repays 15% or \$500, whichever is greater, on any outstanding balance on eligible loans. Payments are made once a year, on the anniversary of the enlistment, on loans at least one year old. Some limitations apply. Total repayment cannot exceed \$50,000. Only pre-existing loans can qualify. Value is subject to the availability of funds.





**NC INSTITUTIONS WHICH CURRENTLY PARTICIPATE IN THE STATE'S SCHOLARSHIP PROGRAM ADMINISTERED BY THE DEPARTMENT OF VETERANS AFFAIRS**

Appalachian State University  
 East Carolina University  
 Elizabeth City State University  
 Fayetteville State University  
 N.C. A & T State University  
 N.C. Central University  
 N.C. School of the Arts  
 N.C. State University  
 University of North Carolina, Asheville  
 University of North Carolina, Chapel Hill  
 University of North Carolina, Charlotte  
 University of North Carolina, Greensboro  
 University of North Carolina, Pembroke  
 University of North Carolina, Wilmington  
 Western Carolina University, Cullowhee  
 Winston-Salem State University

**COMMUNITY COLLEGES AND TECHNICAL INSTITUTIONS**

Alamance Community College  
 Asheville-Buncombe Tech. Comm. College  
 Beaufort County Community College  
 Bladen Community College  
 Blue Ridge Community College  
 Brunswick Community College  
 Caldwell Community & Tech. College  
 Cape Fear Community College  
 Carteret Community College  
 Catawba Valley Community College  
 Central Carolina Community College  
 Central Piedmont Community College  
 Cleveland Community College  
 Coastal Carolina Community College  
 College of the Albemarle  
 Craven Community College  
 Davidson County Community College  
 Durham Technical Community College  
 Edgecombe Community College  
 Fayetteville Technical Community College  
 Forsyth Technical Community College  
 Gaston College  
 Guilford Technical Community College  
 Halifax Community College  
 Haywood Community College  
 Isothermal Community College  
 James Sprunt Community College  
 Johnston Community College  
 Lenoir Community College  
 Martin Community College  
 Mayland Community College  
 McDowell Technical Community College  
 Mitchell Community College

Montgomery Community College  
 Nash Community College  
 Pamlico Community College  
 Piedmont Community College  
 Pitt Community College  
 Randolph Community College  
 Richmond Community College  
 Roanoke-Chowan Community College  
 Robeson Community College  
 Rockingham Community College  
 Rowan-Cabarrus Community College  
 Sampson Community College  
 Sandhills Community College  
 South Piedmont Community College  
 Southeastern Community College  
 Southwestern Community College  
 Stanly Community College  
 Surry Community College  
 Tri-County Community College  
 Vance-Granville Community College  
 Wake Technical Community College  
 Wayne Community College  
 Western Piedmont Community College  
 Wilkes Community College  
 Wilson Technical Community College

**PRIVATE COLLEGES AND UNIVERSITIES**

Barton College  
 Barber-Scotia College  
 Belmont Abbey College  
 Bennett College  
 Wake Forest School of Medicine  
 Brevard College  
 Cabarrus College of Health Sciences  
 Campbell University  
 Carolinas College of Health Sciences  
 Catawba College  
 Chowan University  
 Davidson College  
 Duke University  
 Elon University  
 Gardner-Webb University  
 Greensboro College  
 Guilford College  
 Heritage Bible College  
 High Point University  
 John Wesley Bible College  
 Johnson C. Smith University  
 Lees-McRae College  
 Lenoir Rhyne University  
 Livingstone College  
 Louisburg Junior College

Mars Hill College  
 Meredith College  
 Methodist University  
 Mid-Atlantic Christian University  
 Montreat College  
 Mount Olive University  
 Wesleyan College  
 Pfeiffer University  
 Piedmont International University  
 Queens University of Charlotte  
 St. Andrews Presbyterian College  
 St. Augustine's College  
 Salem College  
 Shaw University  
 Southeastern Baptist Theological Seminary  
 Southeastern Free Will Baptist College  
 Wake Forest University  
 Warren Wilson College  
 Watts School of Nursing  
 William Peace University  
 Wingate University

**\*Go to NC4VETS.COM for eligibility information and to apply**



# HOW TO REGISTER YOUR APPRENTICESHIP PROGRAM

## REGISTERED APPRENTICESHIP SPONSORS

Industries today are constantly on the lookout for talent, and North Carolina's Veterans are a proven talent pool. The Departments of Veterans Affairs (VA) and Labor (DOL) are working together to make GI Bill approval for registered apprenticeship programs a seamless process.

As a Registered Apprenticeship program, your program may be "Approved for GI Bill". To determine whether your program is eligible, it is best to first contact your State Approving Agency (SAA) for advice and guidance. Find your state's contact information: [nccommerce.com/workforce/job-seekers/apprenticeship](http://nccommerce.com/workforce/job-seekers/apprenticeship)

## VETERANS EDUCATIONAL ASSISTANCE PROGRAM [VEAP]

The Post-Vietnam Era Veterans Education Assistance Program (VEAP) is available if you elected to make contributions from your military pay to participate in this education benefit program. You can use this benefit for degree, certification, correspondence, apprenticeship/job training programs, and vocational flight training programs. [www.benefits.va.gov/gibill/veap.asp](http://www.benefits.va.gov/gibill/veap.asp)

## VOCATIONAL REHABILITATION AND EMPLOYMENT [VR&E]

The Vocational Rehabilitation and Employment (VR&E) VetSuccess Program assists veterans with service-connected disabilities to prepare for, find, and keep suitable jobs. For veterans with service-connected disabilities so severe that they cannot immediately consider work, VetSuccess offers services to improve their ability to live as independently as possible.

Eligibility and entitlement for VR&E are two different things. You may meet eligibility criteria, yet not be entitled to services. The first step in the VR&E process is to be evaluated upon application to your local VA Regional Office, to determine if you qualify for services. Please contact your local service officer for further assistance. See pages 4-11 for contact information.

[www.benefits.va.gov/gibill/reap.asp](http://www.benefits.va.gov/gibill/reap.asp)

## TUITION ASSISTANCE WHILE ON ACTIVE DUTY

This DoD program is administered by the individual branches of the Armed Forces. Tuition Assistance (TA) can be used to pay up to 100 percent of a service member's tuition while taking eligible courses during off-duty hours. Tuition Assistance benefits are capped at \$250 per semester credit hour, with a \$4,500 yearly cap.

**NCWorks**  
Connecting Talent to Jobs

## NCWORKS APPRENTICESHIP

NCWorks Apprenticeship helps workers learn new specialized skills needed in today's workforce through its apprenticeship programs. The program combines on-the-job training with classroom instruction so participants can become fully competent in the professional knowledge, skills, and proficiency of an occupation.

### HOW IT WORKS

Apprentices choose from a variety of occupations in which to pursue an apprenticeship and receive a combination of classroom instruction and on-the-job training. Participants are paid for their work, and their wages will increase as they progress in the program.

Apprentices work as they complete their classes; their work schedule will be determined by their respective employers. When they graduate, apprentices will receive a Certificate of Completion and will have earned the highly skilled "journeyman worker" designation. The program can last one to five years depending on the occupation.

Employers work with the Apprenticeship and Training Bureau to create a written agreement that specifies the length of a participant's training, the related technical instruction, an outline of the skills that person will need to learn, and the wages he or she will earn. The N.C. Department of Commerce must approve this agreement before apprentices can start their training.

To join an apprenticeship program, participants are required to pay an annual fee of \$50. Many employers, however, choose to pay this fee on behalf of their apprentices (although they are not required to do so).

### HOW TO APPLY

Call 919-814-0303, or e-mail [apprenticeshipmail@nccommerce.com](mailto:apprenticeshipmail@nccommerce.com).

# Enroll today

take the next step toward your future career!

Wake Tech provides a variety of services for veterans and their families pursuing education, training, and professional development.

- Assistance with financial aid and VA benefits
- Priority registration
- Accelerated career training
- Options for translating military training into workforce credentials



Lead the way.

waketech.edu | 919.866.5500



## NEED A HAND WITH THAT?

College Tuition Can Be a Hardship  
The Marine Corps Scholarship Foundation Can Help



Since 1962, the Marine Corps Scholarship Foundation has provided need-based scholarships to the children of Marines.

Learn more at  
**MCSF.ORG**



Facebook: [MarineScholar](#) | YouTube: [mcsf1962](#) | Twitter: [@MarineScholars](#)

*Honoring Marines by Educating Their Children™*



**UNIVERSITIES THAT ...**

	Appalachian State	Elizabeth City State	East Carolina	Fayetteville State	NC A&T State	NC Central	NC State	UNC Asheville	UNC Chapel Hill	UNC Charlotte	UNC Greensboro	UNC Pembroke
Grant PE Credit to Service Members	•	•	•	•	•	•	•	•	•	•	•	•
Has Clearly Articulated Military to Campus Credit Equivalencies	•	•	•	•	•	•	•	•	•	•	•	•
Offer Priority Enrollment for Active Duty Military Students	•	•	•	•	•							
Has Call to Duty Student Policy	•	•	•	•	•	•	•	•	•	•	•	•
Classify Military Students as Transfer Students	•	•	•	•	•	•	•	•	•	•	•	•
Has One Admissions Counselor for Military Affiliated Students	•	•	•	•	•	•	•	•	•	•	•	•
Offer Conditional Admission Contracts	•		•	•				•		•		
Has one Financial Aid Counselor for Military Affiliated Students	•	•		•	•		•	•		•	•	
Accept Tuition Assistance	•	•	•	•	•	•	•	•	•	•	•	•
Accept Veterans Education Benefit	•	•	•	•	•	•	•	•	•	•	•	•
Offer Payment Plan for Students with VA Payment Delay	•	•	•	•		•	•		•	•	•	
Has Scholarship or Grant for Military Veterans or Dependents	•			•	•	•		•			•	
Has Military/Veteran Specific Housing or Assistance w/ Off Campus Housing			•					•	•	•		
Has one Student Affairs Person for Military Affiliated Students	•	•	•	•	•		•	•	•	•	•	•
Has Student Veteran Organization or other Military Student Organizations	•	•	•	•	•	•	•	•	•	•	•	•
Has Veteran or Military Student Space on Campus		•	•	•	•		•	•	•	•		
Has Military or Veteran Orientation	•		•	•	•		•	•	•	•	•	•
Track Active Duty Military and Veteran Student Populations	•	•	•	•	•	•	•	•	•	•	•	•
Identify Military Affiliated Students on the Student Data File	•	•	•	•	•	•	•	•	•	•	•	•
Has PTSD,TBI and Military Stress Trained Support Staff	•		•	•		•	•		•		•	
Has Yellow Ribbon Program Participation			•		•		•	•	•	•		
Has Military Affairs Liaison Appointed	•	•	•	•	•	•	•	•	•	•	•	•
Has Targeted Collateral Material for Military Students	•	•		•	•		•		•	•	•	
Has Military Affairs Committee	•	•	•	•		•	•	•	•	•	•	•
Offer Core Education Curriculum Online	•		•	•	•			•		•		
Designate Military Ombudsman to Advocate on Behalf of Students	•	•	•	•	•		•	•	•	•	•	•
Offer Targeted Online Programs to the Military	•	•	•	•	•		•	•			•	
Affiliate with the Servicemembers Opportunity College Network (SOC)		•	•	•	•	•	•		•	•	•	•
Employ VA Work Study Students	•	•	•	•	•	•			•	•	•	•
Has Dedicated Web Presence for Military Affiliated Students	•	•	•	•	•	•	•	•	•	•	•	•
Conduct for Faculty,Staff,and Student Military Student Awareness Training	•		•	•	•	•	•	•	•	•	•	•
Has Military or Veteran "Seminar" Classes			•	•	•		•		•	•	•	•
Deliver Classes on Military Base with approval from Military Installation				•		•					•	
Has Army ROTC	•	•	•	•	•	•		•	•	•	•	•
Has Air Force ROTC			•	•	•	•		•	•	•	•	•
Has Navy/Marine Corps ROTC						•		•				

Source: <http://old.northcarolina.edu/frc/uncserves/serves.html>



**COMMUNITY COLLEGE  
PARTIAL LISTING**

		Number of Student Veterans Receiving VA Assistance	Counseling Center	Office of Student Veteran Services	Veteran Coordinator	Full Time Student advisor who is a Veteran	Counseling Services by a Vet	Counseling Services by a Vet by Counselor Trained on Military Issues	Building Dedicated for Use by Student
Asheville Buncombe Technical Community College	382	•	•	•			•		
Beaufort County Community College	61	•		•					
Brunswick Community College	52			•					
Caldwell Community College & Technical Institute	109	•		•					
Cape Fear Community College	540	•	•	•	•	•			
Catawba Valley Community College	168			•					
Central Carolina Community College	290			•					
Central Piedmont Community College	569	•	•	•	•	•	•	•	
Cleveland Community College	131	•	•	•					
Coastal Carolina Community College	1211	•	•	•	•	•	•	•	
College of The Albemarle	193			•					
Craven Community College	274		•	•	•				
Davidson County Community College	96	•		•					
Durham Technical Community College	216	•							
Edgecombe Community College	115		•	•					
Fayetteville Technical Community College	2126	•	•	•				•	
Haywood Community College	75	•		•					
Isothermal Community College	64	•	•	•			•		
James Sprunt Community College	50								
McDowell Technical Community College	26			•					
Mitchell Community College	101	•		•			•		
Montgomery Community College	34	•		•					
Nash Community College	97			•					
Piedmont Community College	35	•		•					
Pitt Community College	433	•	•	•					
Randolph Community College	102	•	•	•					
Roanoke-Chowan Community College	23	•	•	•					
Rowan-Cabarrus Community College	270								
Sampson Community College	45	•	•						
Sandhills Community College	252	•					•		
South Piedmont Community College	68	•							
Southeastern Community College	45			•					
Southwestern Community College	67		•	•					
Stanly Community College	92	•		•		•	•		
Wake Technical Community College	1,200	•	•	•	•				
Western Piedmont Community College	72	•		•	•		•		
Wilkes Community College	69	•		•					
Wilson Community College	52	•	•	•					
<b>TOTAL</b>	<b>9404</b>	<b>24</b>	<b>16</b>	<b>32</b>	<b>6</b>	<b>4</b>	<b>8</b>	<b>3</b>	



Activity Space Dedicated for Use by Student Veterans

Academic Programs for Student Veterans

Writing Workshops

Veterans Club

**NOTES**

					•	Educational benefits, academic advising, tutoring
						Financial aid services
						Academic advising, academic adjustment
					•	
					•	Financial aid services, disability services, tutoring, referral to community resources
					•	Academic advising; once a semester veteran "meet and greet"
						• Upward Bound, financial aid services
					•	• Career services, group counseling, couples counseling, satellite location for Veteran Service Office
						Tutoring, TRIO
					•	• Educational benefits, disability services, academic advising, flexible payment agreements, group counseling
						Financial aid services
						Financial aid services, disability services
					•	Financial aid services, disability services
						Weekly meet and greet; Veterans Day, Pearl Harbor Day, & Memorial Day; academic advising; financial aid
					•	Career counseling, disabilities services
					•	Disability services, financial aid services
					•	• Academic advising, disability services, tutoring, civilian re-entry and academic adjustment
						Relationship with Greenville Vet Center to provide counseling; educational benefits; academic adjustment
					•	
						Group counseling, referral to internal & external support services
					•	Financial aid services, veterans benefits fair where community agencies help student veterans
						Educational benefits, financial aid services
						Civilian & college adjustment; referral to community services
					•	• Academic advising, disability services, relationship with Charlotte Vet Center to provide counseling, monthly
					•	• Financial Aid Services, Disability Services, Career Services, Tutoring
						Career counseling, SA prevention program, information from VA Clinic on available services
						Crisis intervention
						Tutoring
					<b>4</b>	<b>2</b>
					<b>5</b>	<b>8</b>

Source: Fang, WL. *Services and Supports Offered to Student Veterans at Community Colleges in North Carolina*. Raleigh: Governor's Institute on Substance Abuse, August 29, 2013.

caring for those who cared for us  
**day services for homeless veterans @ the IRC**



showers, laundry, mail services, case management, counseling, jobs program, GED classes, educational opportunities, barber shop, medical clinic, shelter referral, computer lab, edible gardens, resume help, disability claims assistance, Veteran Support Group, VetCorps member on location, more.

407 E. Washington Street, downtown GSO

[www.gsodaycenter.org](http://www.gsodaycenter.org)



# INSPIRE NEW BEGINNINGS



**NORTH CAROLINA  
OUTWARD BOUND SCHOOL**

Outward Bound offers fully funded wilderness expeditions for veterans. These programs put veterans back in touch with their strengths and aptitudes, the camaraderie of working with fellow veterans, new challenges and adventure. Find out how these programs change lives at [www.ncobs.org](http://www.ncobs.org).

# HOMELESS TO HOUSING

HOMELESS PROGRAMS  
VA HOUSING PROGRAMS  
NC HOUSING AGENCIES


**NC4VETS**  
nc4vets.com / 844-NC4-VETS

- EMPLOYMENT
- HEALTHCARE
- VA BENEFITS
- HOUSING
- PERSONAL SERVICES
- EDUCATION

VETERANS PROGRAMS,  
BENEFITS & SERVICES;  
FEDERAL, STATE, COUNTY,  
NON-PROFIT AND MORE!

Through partnerships with Federal, State and Local providers, NC4VETS is your one-stop-shop to ensure that all veterans and their families are aware of the many options available to fulfill all of their emergency or home ownership needs.

# EMERGENCY SUPPORT AND RESOURCES

If you are a homeless veteran we are here to support you and to help you get back on your feet. 



## NATIONAL CALL CENTER FOR HOMELESS VETERANS



**1-877-4AID-VET**  
[1-877-424-3838]

Contact VA's National Call Center for Homeless Veterans at **877-4AIDVET (877-424-3838)** to speak to a trained VA responder. The hotline and online chat are free and neither VA registration nor enrollment in VA healthcare is required to use these services.

Expert responders staff the hotline for homeless veterans 24 hours a day, seven days a week. The responders can provide emergency support and resources to homeless veterans, family members, as well as community agencies and non-VA providers.

When you call or join the online chat, you will be connected to a trained VA responder. The responder will ask a few questions and assess your needs.

If you're a veteran, you may be connected with the Homeless Program point of contact and the nearest VA facility.

According to the National Coalition for Homeless Veterans (NCHV), about 23 percent of America's homeless population are veterans. This equates to between 529,000 and 840,000 veterans who are homeless at some time each year. Because of this, the Department of Veterans Affairs and other non-profit organizations have devised a number of initiatives to help our homeless veterans.

See next page for some of the initiatives provided by VA for our Veterans -->



# HOMELESS? CALL OR GO TO THESE LOCATIONS NOW!

## VA GRANT & PER DIEM (GPD) HOMELESS PROGRAMS

NAME & LOCATION OF GPD PROGRAM	PHONE NUMBER	COMMENTS
Veteran's Restoration Quarters & Transitional Housing (ABCCM) 1329 Tunnel Rd. Asheville, NC 28805	828.299.8701	24 month program. Converted motel. <a href="http://www.abccm.org/ministries/veterans">www.abccm.org/ministries/veterans</a> Men's Program.
Steadfast House (ABCCM) 30 Cumberland Ave. Asheville, NC 28801	828.259.5365	Women's Program. Women with young children welcome. <a href="http://www.abccm.org/ministries/women">http://www.abccm.org/ministries/women</a>
First at Blue Ridge (Vets First) PO Box 40 Ridgecrest, NC 28770	828.669.0011	For those in recovery from substance use disorders. <a href="http://www.firstinc.org">www.firstinc.org</a> Men's program and Women's Program. Near Asheville
Family Forum (Independence Place) 3501 E Independence Blvd. Charlotte, NC 28805	704.817.8049	Call for information.
Faith Farm (Lutheran Family Services) 842 Dallas-Stanley Highway Dallas, NC 28034	800.435.7464	Women's Program. <a href="http://www.lfscarolinas.org">www.lfscarolinas.org</a> Near Charlotte.
Healing with CAARE 214 Broadway St. Durham, NC 27701	919.687.0793	24 month program. Shared living space, single rooms in several houses. <a href="http://www.caare-inc.org">www.caare-inc.org</a>
Maple Court (Volunteers of America) 207 Commons Blvd. Durham, NC 27704	919.477.0571	Apartments. 24 month program.
Triangle Residential Options for Substance Abusers (TROSA) 1820 James St. Durham, NC 27707	919.419.1059	For those in recovery from substance use disorders (alcohol and other drugs). Must be able to work. 24 month program. <a href="http://www.trosainc.org">www.trosainc.org</a>
Servant Center 1312 Lexington Ave. Greensboro, NC 27403	336.275.8585	For those with medical issues and receiving or applying for benefits. Men's program. <a href="http://www.theservantcenter.org">www.theservantcenter.org</a>
Caring Services Vet Safety Net 102 Chestnut Drive High Point, NC 27262	336.886.5594	For those in recovery from substance use disorders (alcohol and other drugs). Men's Program. <a href="http://www.caring-services.org">www.caring-services.org</a>
Arthur Cassell Transitional House 1022 True Lane High Point, NC 27260	336.885.2166	For those in recovery from substance use disorders (alcohol and other drugs). 24 month men's program. <a href="http://www.odm-hp.org/ch.htm">www.odm-hp.org/ch.htm</a>
Healing Place of Wake County 1251 Goode St. Raleigh, NC 27603	919.838.9800	For those in recovery from substance use disorders (alcohol and other drugs). 24 month program. <a href="http://www.hpowc.org">www.hpowc.org</a>
Veterans Helping Veterans Heal 3614 N Glenn Ave. Winston-Salem, NC 27105	336.744.1313	For those in recovery from substance use disorders (alcohol and other drugs). Men's program.
Good Shepherd Ministries 811 Martin St. Wilmington, NC 28401	910.763.4424	For those in recovery from substance use disorders. 18 month program. <a href="http://www.goodshepherdwilmington.org">www.goodshepherdwilmington.org</a>

# VETERANS RESTORATION QUARTERS

1329 TUNNEL RD  
ASHEVILLE, NC 28805  
(828) 259-5300

## ADDITIONAL MINISTRIES SUPPORTING HOMELESS VETERANS

Steadfast House  
(828) 259-5365  
Veterans Services of the Carolinas  
(828) 259-5314



In 2014, the Veterans Restoration Quarters served 424 homeless male Veterans with their 148 VA program beds and 50 Permanent Supportive Housing units.

In 2014 the Steadfast House served 34 homeless female Veterans with their 10 VA program beds.

In 2014 through the US Department of Labor Veteran Employment & Training Services (VETS):

- Veterans Workforce Investment Program (VWIP) employed 167 Veterans at an average hourly rate of \$13.50/hr compared to the DOL wage goal of \$9.50
- Supportive Services for Veteran Families (SSVF) program: Screened 168, Enrolled 80, Housed 71 or 89% successfully housed and stabilized .

### PROGRAMS:

- Programs (both Male and Female Veterans):
- Homeless Prevention and Rapid Re-Housing Shelter: Transitional Housing
- Homeless Education, Training and Employment Jail Ministry:
- Buncombe County Detention Center Supportive Services for Veterans and Families (SSVF)

## DISABLED VETERAN HOMESTEAD EXEMPTION

To qualify as a disabled veteran and be eligible for a homestead property tax exemption under North Carolina law, a person must meet certain criteria. The property owner must be a veteran of any branch of the US Armed Forces with an honorable discharge and must have a permanent & total service connected disability of 100% from the US Department of Veteran Affairs. If in receipt of DIC, a surviving spouse of a disabled veteran may also qualify for a tax exemption.

The disabled veteran homestead exemption is the first \$45,000 of your assessed real property value is exempt from tax abatement.

Find more information about eligibility and qualifications at [www.dornc.com](http://www.dornc.com)

## NEED HELP WITH HOUSING OR HOMELESSNESS?

TRY THESE LOCAL HOUSING & CERTIFIED VETERAN PEER SUPPORT ASSISTANCE CENTERS

LME/MCO	REGION	24/7 ACCESS NUMBER	WEBSITE
Alliance Behavioral Healthcare	Central/Eastern	1-800-510-9132	<a href="http://www.alliancebhc.org">www.alliancebhc.org</a>
Cardinal Innovations Healthcare Solutions	Mountain	1-800-939-5911	<a href="http://www.cardinalinnovations.org">www.cardinalinnovations.org</a>
Centerpoint Human Services	Central	1-888-581-9988	<a href="http://www.cphs.org">www.cphs.org</a>
East Carolina Behavioral Health	Northeast Coastal	1-877-685-2415	<a href="http://www.ecbhme.org">www.ecbhme.org</a>
Eastpointe	Sandhills	1-800-913-6109	<a href="http://www.eastpointe.net">www.eastpointe.net</a>
Partners Behavioral Health Management	Foothills	1-888-235-4673	<a href="http://www.partnersbhm.org">www.partnersbhm.org</a>
Sandhills Center	Central	1-800-256-2452	<a href="http://www.sandhillscenter.org">www.sandhillscenter.org</a>
Smoky Mountain LME/MCO	Mountain	1-800-849-6127	<a href="http://www.smokymountaincenter.com">www.smokymountaincenter.com</a>
Trillium Healthcare	Coastal	1-877-685-2415	<a href="http://www.trilliumhealthresources.org">www.trilliumhealthresources.org</a>



## VA'S COMPENSATED WORK THERAPY

VA's Compensated Work Therapy (CWT) is comprised of three unique programs which assist homeless veterans in returning to competitive employment: Sheltered Workshop, Transitional Work, and Supported Employment. Veterans in CWT are paid at least the federal or state minimum wage, whichever is the higher.

The Homeless Veteran Support Employment Program (HVSEP) provides vocational assistance, job development and placement, and ongoing supports to improve employment outcomes among homeless veterans and veterans who have been trained as Vocational Rehabilitation Specialists (VSRs).

CWT veterans have been successfully employed over the years in various competitive positions including, but not limited to, health care, information technology, manufacturing, warehousing construction trades, clerical and office support, retail and services delivery. CWT programs develop an individual rehabilitation plan for each veteran and provide a wide range of support services to the veteran at the CWT locations. Benefits including service-connected compensation, and non-service-connected pensions cannot be reduced, denied, or discontinued based on participation in CWT.

The CWT program's mission is to provide realistic and meaningful vocational opportunities to the veteran, and encouraging successful reintegration into the community at the veteran's highest functional level.

Contact your local VA Medical Center on page 55

## TRANSITIONAL RESIDENCE PROGRAM

The Transitional Residence (TR) program is a work-based Psychosocial Residential Rehabilitation Treatment Program offering a therapeutic residential setting for veterans involved in Compensated Work Therapy. The TR program provides a rehabilitation-focused residential setting for veterans recovering from chronic mental illness, chemical dependency and/

or homelessness. TR provides a bridge between hospitalization or intensive outpatient treatment in a successful community of peer and professional support, with a strong emphasis on increasing personal responsibility and achievement of individualized rehabilitation goals.

This program differs from other VA-operated residential bed programs in that participants contribute (using their CWT earnings) to the cost of operating and maintaining their residence and are responsible for planning, purchasing and preparing their own meals.

Contact your local VA Medical Center on page 56.

## HUD-VASH

This joint Supportive Housing Program with the US Department of Housing and Urban Development (HUD) provides permanent housing and ongoing case management treatment services for homeless veterans who would not be able to live independently without the support of case management. HUD's Section 8 Voucher Program has designated more than 10,000 Vouchers to Public Housing Authorities (PHAs) throughout the country for veterans who are homeless. This program allows veterans to live in veteran selected apartment units with a Housing Choice voucher.

These vouchers are portable so that veterans can live in communities served by their VA medical facility where case management services can be provided. See your local county social services office for more information.

## DROP-IN CENTERS

These programs provide a daytime sanctuary where homeless veterans can clean up, wash their clothing, and participate in a variety of therapeutic and rehabilitative activities. Linkages with longer-term assistance are also available. Locations vary.

Contact your local Vet Center or VA Community Based Outpatient Clinic for locations and services in your area. See page 55

## STAND DOWNS

Stand Downs are one-to three-day events that provide homeless veterans a variety of services and allow VA and community-based service providers to reach more homeless veterans in a temporary refuge where they obtain food, shelter, clothing and a range of community and VA assistance. In many locations, Stand Downs provide health screenings, referral and access to long-term treatment, benefits counseling, ID cards and access to other programs to meet their immediate needs. For more information on Stand Down dates and locations, please contact the Homeless Veterans Programs Office at 1-877-4AID-VET or visit [www.va.gov/HOMELESS](http://www.va.gov/HOMELESS), or go to our Facebook page for real-time updates.

## VETERANS EMERGENCY RELIEF PROGRAMS

Many military and service organizations have emergency relief programs specifically designated to help veterans and military members and their families. Inquire within local organizations about programs such as the Air Force Aid Society, American Legion Temporary Financial Assistance, Army Emergency Relief, Disabled American Veterans Disaster Relief Grants, Navy-Marine Corps Relief Society, Salvation Army Home Front War Relief Program, and VFW Unmet Needs. For a list of VSO's see pages 4 - 11.

## VAMC HOMELESS VETERAN COORDINATORS

### Asheville VAMC

Alison Bond  
(828) 298-7911  
ext. 5506

### Durham VAMC

Bob Williamson  
(919) 286-0411  
ext. 7065

### Fayetteville VAMC

Emmitt Bryant  
(910) 488-2120  
ext. 5796

### Salisbury VAMC

(704) 638-9000  
ext. 3466





## NORTH CAROLINA HOUSING FINANCE AGENCY

### ONE-OF-A KIND MORTGAGE IS PRODUCING RESULTS FOR MILITARY VETERANS. YOU MAY ALSO BENEFIT FROM HOME BUYER TAX CREDITS

The N.C. Home Advantage Mortgage™ was created by the North Carolina Housing Finance Agency with a feature that helps overcome the No. 1 obstacle for first-time buyers -- lack of funds for the down payment. Offered through more than 85 banks and mortgage companies statewide, this unique mortgage product is a 30-year, fixed rate loan with competitive interest rates – PLUS down payment assistance in the form of a zero-interest, second mortgage for up to 5 percent of the loan amount.

The down payment help can be used to cover closing costs and pre-paid expenses. Even better – the down payment loan is forgivable in years 11-15 and repaid ONLY if the borrower sells, refinances or moves out of the home before year 15!

The N.C. Home Advantage Mortgage™ can be combined with a tax-saving Mortgage Credit Certificate (MCC) to reduce your federal income tax liability. If you qualify (there are income limits for the MCC that vary by county and household size), you may be able to claim up to 50 percent of the interest you pay on your mortgage – up to \$2,000 a year – as a tax credit on your federal income taxes every year you live in your home.

You may be eligible for an N.C. Home Advantage Mortgage™ if:

- you are buying a new or existing home
- you are a first-time or move-up buyer
- you buy a home in North Carolina and occupy it within 60 days of closing
- your annual income does not exceed \$85,000
- you are applying for a FHA, USDA, VA or conventional loan through a Participating Lender and meet the sales price limits of the loan type
- you are a legal resident of the United States, and
- your credit score is 640 or higher.

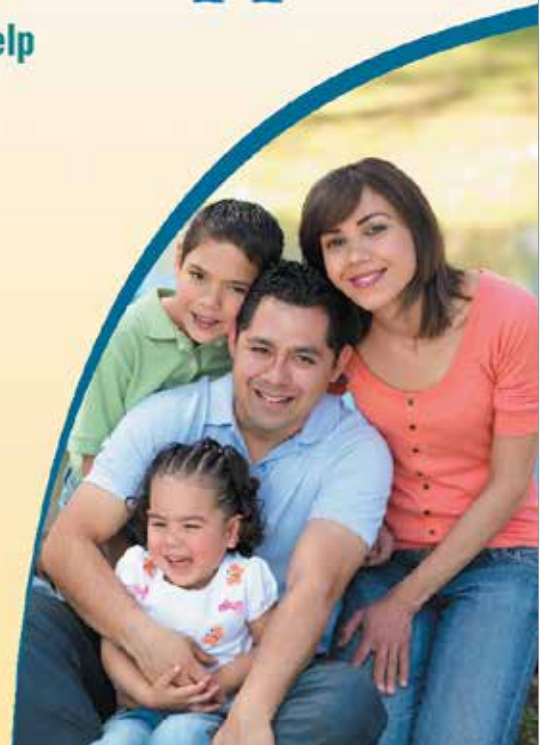
You can learn more about the N.C. Home Advantage Mortgage™ and MCC by visiting the NCHFA's website [www.nchfa.com](http://www.nchfa.com) or by calling 1-800-393-0988

# Let's Make Home Happen

## N.C. Home Advantage Offers Down Payment Help Up to 5% of the Loan Amount

- 0% interest, forgiven after year 15
- Incomes up to \$85,000
- 100% financing available
- FHA, USDA, VA & Conventional loan types

First-time buyers and veterans may also qualify for a Mortgage Credit Certificate that will reduce their federal income tax by up to \$2,000 a year.



A self-supporting public agency  
Minimum credit scores required

Details at [www.nchfa.com](http://www.nchfa.com)  
or call 1-800-393-0988.



# AVOIDING DEBT-TRAP LOANS

## High-cost, debt-trap loans can create long-term problems for North Carolina Veterans

Across North Carolina, military, veteran, faith and community leaders are increasingly focused on the harm predatory lending inflicts on our communities. Some lenders violate our state law and extend loans designed to trap borrowers in a cycle of debt. Veterans and active duty service members should be aware of which loans are legal and which are illegal in North Carolina, how to avoid a long-term financial headache, and where to turn for help if you need it.

Installment, payday and car-title loans are misleadingly marketed to veterans across the country as a quick fix when they are in a financial bind. However, once vets take out these loans, they find that they cannot pay them off and cover their living expenses. They end up taking out loan after loan after loan, paying new fees each time. This is the “debt trap,” and for some it’s a cycle they remain caught in for months or even years.

Fortunately, payday and car title loans are illegal in North Carolina, including loans made over the internet. However, some lenders still make illegal internet loans to North Carolina residents. If you are caught in one, you should report the lender to the North Carolina Attorney General’s office.

Installment loans, however, are legal in North Carolina as long as the loan does not exceed our state’s interest rate and fee cap. North Carolina law has a complicated formula for determining the maximum annual percentage rate (APR) of interest. Lenders may charge up to 30% on loans up to \$4000, and lower rates (24% and 18%) on amounts above \$4000, as well as small origination fees. Installment lenders are not required by state law to determine whether a borrower actually has the ability to repay a loan. This is significant because a borrower who falls behind on their loan, and refinances to avoid a default, is the ideal customer for these

lenders. Data from the NC Commissioner of Banks office show that, on average, two-thirds of these installment loans made each year in North Carolina are to renew existing accounts.

North Carolina veterans are better off considering other options before taking out one of these loans. Credit counselors can help you make a plan to manage your finances, or can help if you are having trouble repaying an installment loan. Many banks and credit unions offer alternatives to installment loans at a fraction of the interest rates other lenders charge. While most people are hesitant to ask friends or family for money, borrowers caught in the debt trap often turn to them for help to escape it anyway.

We are making progress ending the debt trap, but there is still work to do. The Consumer Financial Protection Bureau is writing new rules for payday, car-title, and high-cost installment loans that will, among other protections, require lenders to ensure that the borrower can effectively repay the loan. In July 2015, the Department of Defense amended an existing rule to close loopholes in the Military Lending Act (MLA), a critical protection designed to prevent abusive lenders from targeting service members and their families. The MLA caps interest rates charged to service members at 36%. Most lenders must comply with these new protections by October 2016. These protections only cover active duty members.

Going forward, it is important that our North Carolina legislature maintain the ban on car-title and payday lending. And it’s important that installment loans not be made even more expensive.

If you would like learn more about this issue, contact **Susan Lupton at the Center for Responsible Lending at [susan.lupton@responsiblelending.org](mailto:susan.lupton@responsiblelending.org) or 919-313-8521.**

## RESOURCES FOR NORTH CAROLINA VETERANS

If you think a company is making illegal loans in North Carolina, please:

- File a complaint with the NC Attorney General’s Office at 877-566-7226 or at [www.ncdoj.gov](http://www.ncdoj.gov)
- File a complaint with the Consumer Finance Protection Bureau at: [www.consumerfinance.gov](http://www.consumerfinance.gov)
- If an active duty service member, military retiree, or dependent of either, or otherwise eligible for military legal assistance, contact the legal assistance office at the nearest military installation
- Contact the Center for Responsible Lending at 919-313-8521
- Contact a credit counselor for free advice at: 1-800-388-2229 or [www.debtadvice.org](http://www.debtadvice.org)

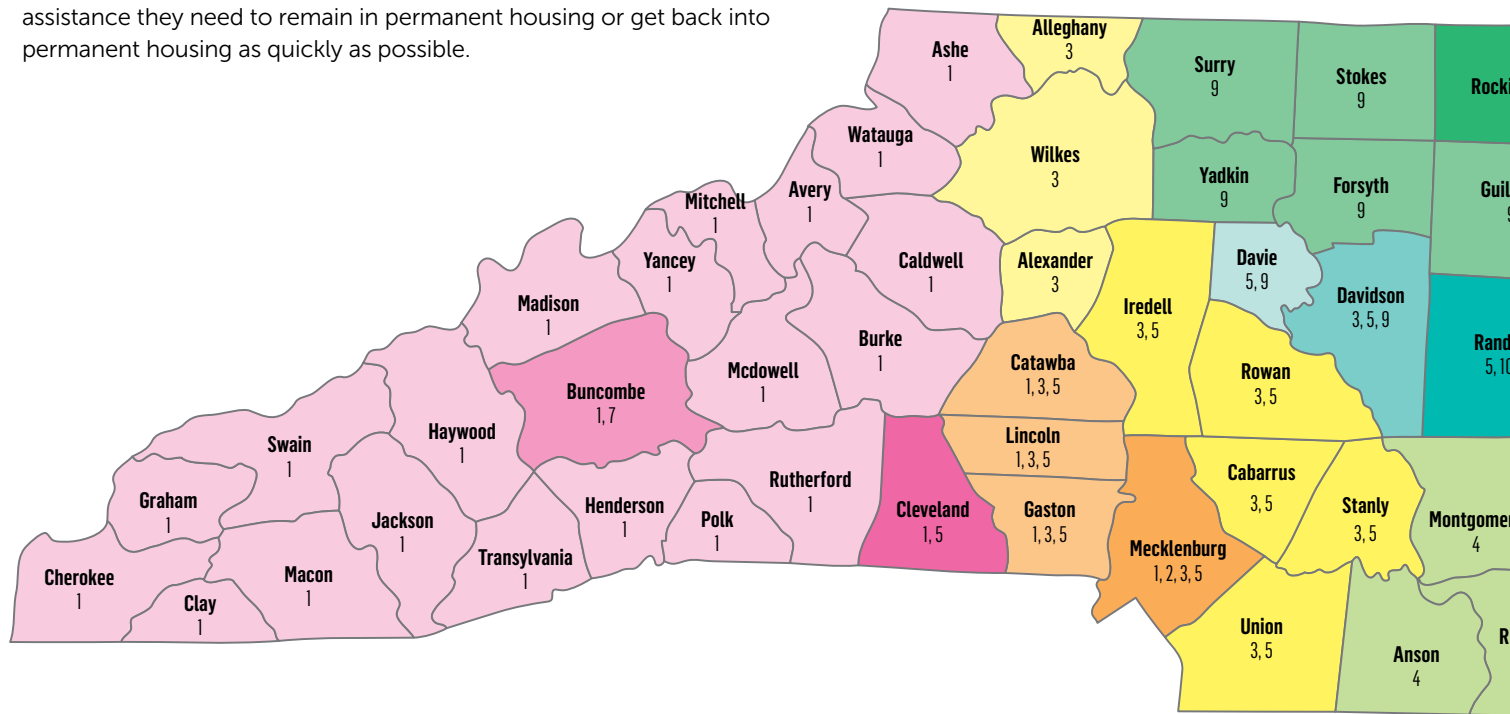
To learn more about debt trap lending, visit: [www.responsiblelending.org](http://www.responsiblelending.org)

# HOMELESS? HERE ARE SOME GREAT LOCAL RESOURCES

## SUPPORTIVE SERVICES FOR VETERAN FAMILIES (SSVF) GRANTS IN NORTH CAROLINA

FOR GRANT YEAR OCTOBER 1, 2015 - SEPTEMBER 30, 2016

Under the SSVF program, VA is awarding grants to private non-profit organizations and consumer cooperatives that provide services to very low-income Veteran families living in – or transitioning to – permanent housing. The SSVF program gives Veterans and their families the rapid assistance they need to remain in permanent housing or get back into permanent housing as quickly as possible.



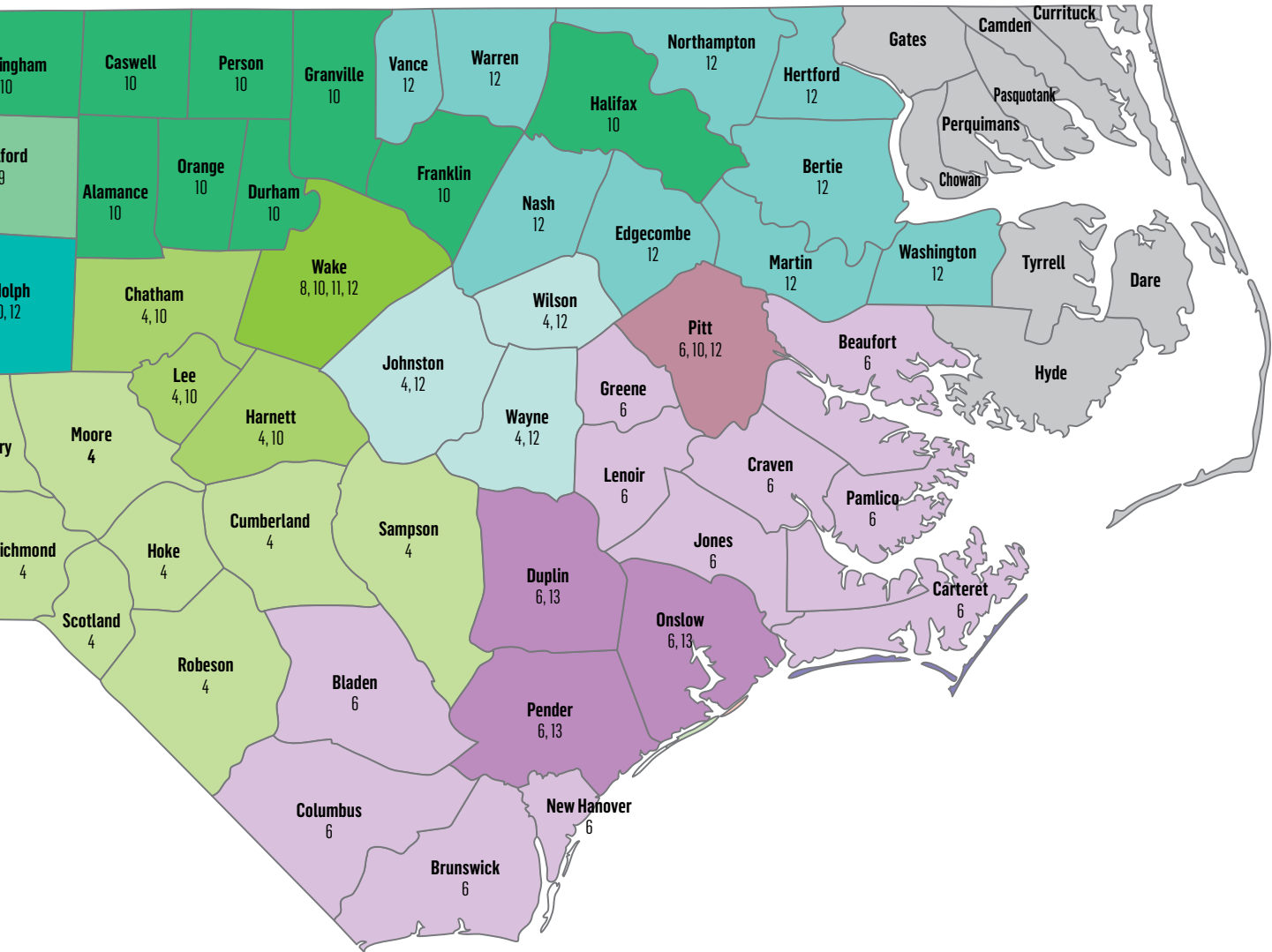
### SSVF CONTACT INFORMATION

1. Asheville Buncombe Community Christian Ministry: 828-259-5314 or vsc@abccm.org
2. Alston Wilkes Society: 704-375-0159 or bettyrosa@aws1962.org
3. Community Link: 704-943-9490/1-800-977-1969 or intake@communitylink-nc.org
4. Family Endeavors-Fayetteville Region: 910-672-6166 or lwitt@familyendeavors.org
5. Family Endeavors-Charlotte Region: 704-780-4950 or ssenbel@familyendeavors.org
6. Family Endeavors-Jacksonville Region: 910-459-4320 or scovington@familyendeavors.org
7. Homeward Bound of Western NC: 828-772-9144 or leigh@homewardboundwnc.org
8. Passage Home: 919-834-0666 ext. 236 or oroyster@passagehome.org
9. United Way of Forsyth County: 336-723-3601 or rose.fisher@uwforsyth.org
10. Volunteers of America Carolina-Durham Region: 919-530-1100
11. Volunteers of America Carolina-Wake Region: 919-831-9042
12. Volunteers of America Carolina-Rocky Mount Region: 252-985-0230 or trogers@voa.org
13. Eastern Carolina Human Services Agency: 910-347-0060 or tmurrayecha@earthlink.net



► Counties in color are covered by one or more SSVF grants. Use the number(s) in the county to find contact information in the list below.

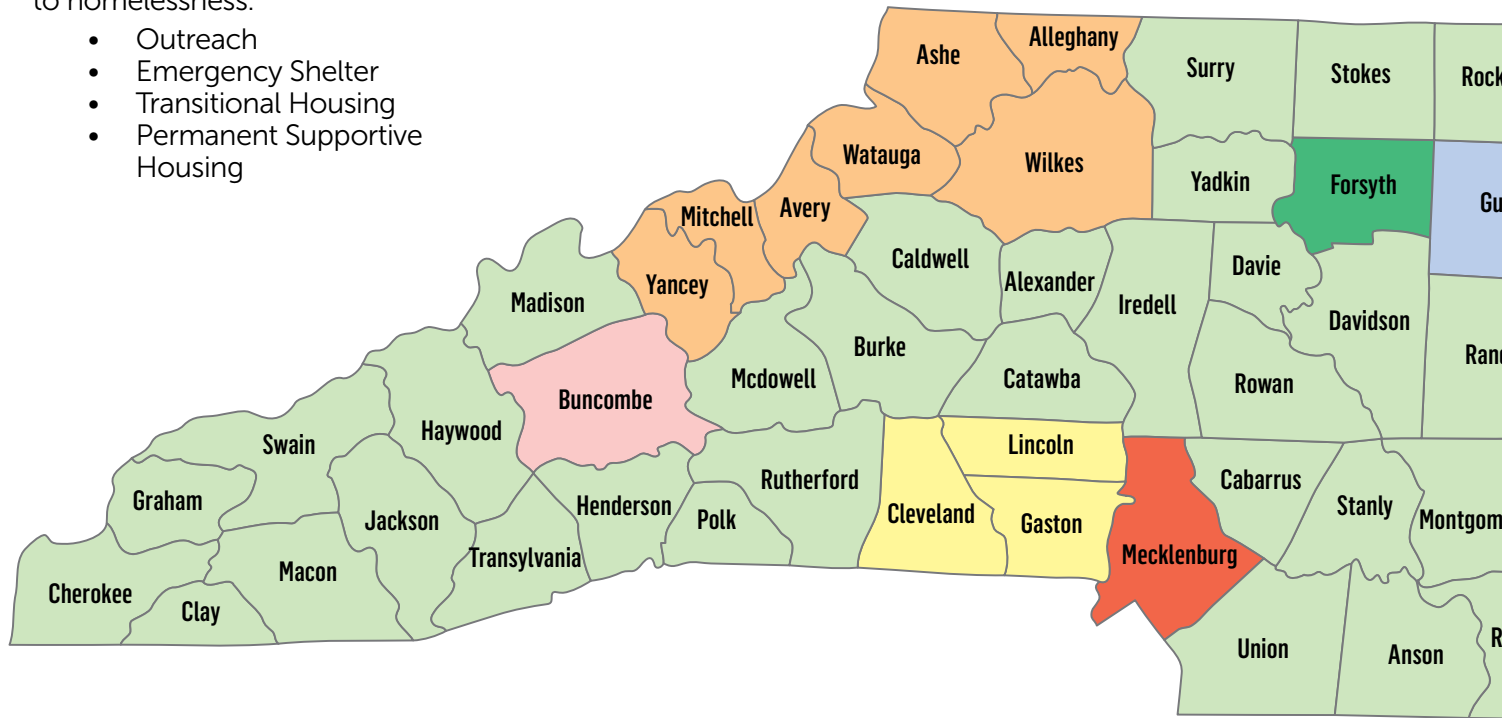
► Counties in gray are not covered by SSVF grants.



# NORTH CAROLINA CONTINUUMS OF CARE (COCS)

CoC's are a community plan to organize and deliver housing and services to meet the specific needs of people who are homeless as they move to stable housing and maximize self-sufficiency. It includes action steps to end homelessness and prevent a return to homelessness.

- Outreach
- Emergency Shelter
- Transitional Housing
- Permanent Supportive Housing



**NC-500 Winston-Salem/Forsyth Co.**  
 Mellin Parker: 336-734-1310  
 Tim West: 336-734-1305  
[mellin@cityofws.org](mailto:mellin@cityofws.org)/[timw@cityofws.org](mailto:timw@cityofws.org)

**NC-501 Asheville/Buncombe Co.**  
 Christiana Glenn Tugman: 828-251-4084  
[ctugman@ashevillenc.gov](mailto:ctugman@ashevillenc.gov)

**NC-502 Durham City/Durham Co.**  
 Lloyd Schmeidler: 919-560-4570 x. 22267  
[lloyd.schmeidler@durhamnc.gov](mailto:lloyd.schmeidler@durhamnc.gov)

**NC-503 NC Balance of State**  
 NC Coalition to End Homelessness: 919-755-4393  
[bos@nceh.org](mailto:bos@nceh.org)

**NC-504 Greensboro/High Point/Guilford Co.**  
 Darryl Kosciak: 336-553-2715  
[darryl@partnersendinghomelessness.org](mailto:darryl@partnersendinghomelessness.org)

**NC-505 Charlotte/Mecklenburg Co.**  
 Rebecca Pfeiffer: 704-336-2266  
[rpfeiffer@ci.charlotte.nc.us](mailto:rpfeiffer@ci.charlotte.nc.us)

**NC-506 Wilmington/Brunswick/  
 New Hanover/Pender Co.**  
 Cecelia Peers: 910-395-4553  
[cpeers@capefearcog.org](mailto:cpeers@capefearcog.org)

**NC-507 Raleigh/Wake Co.**  
 Shana Overdorf: 919-473-6933  
[soverdorf98@gmail.com](mailto:soverdorf98@gmail.com)

**NC-509 Gastonia/Cleveland/Gaston/Lincoln Co.**  
 Steve Crane: 704-866-6766  
[reinvestmentincommunities@gmail.com](mailto:reinvestmentincommunities@gmail.com)

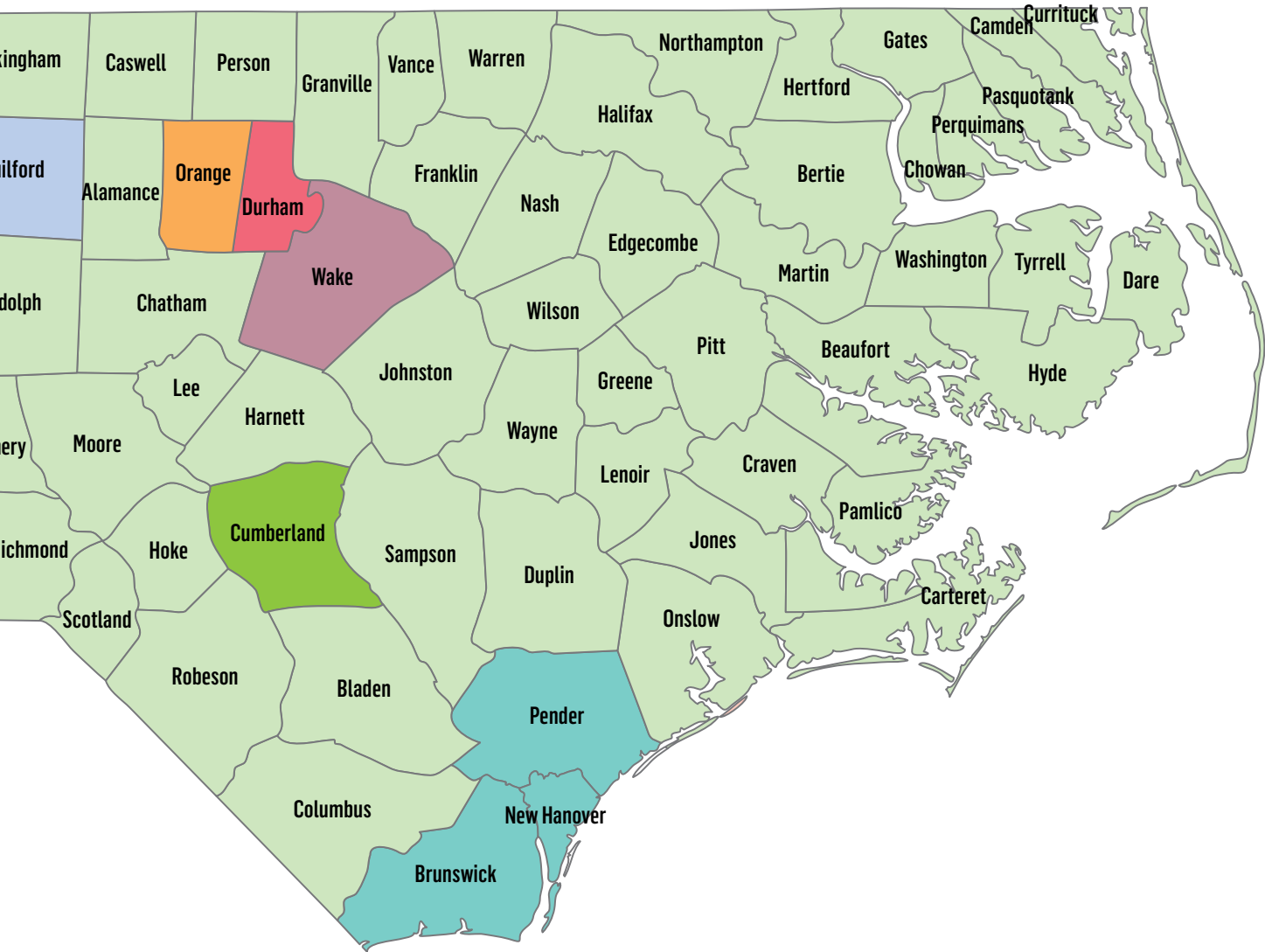
**NC-511 Fayetteville/Cumberland Co.**  
 Sylvia McLean: 910-323-6112  
[smclean@co.cumberland.nc.us](mailto:smclean@co.cumberland.nc.us)/[dtaylor@co.cumberland.nc.us](mailto:dtaylor@co.cumberland.nc.us)

**NC-513 Chapel Hill/Orange Co.**  
 Corey Root: 919-245-2496  
[croot@orangecountync.gov](mailto:croot@orangecountync.gov)

**NC-516 Northwest NC**  
 Tina Krause: 828-264-1237  
[director@hosphouse.org](mailto:director@hosphouse.org)



- ▶ The CoCs are planning groups which develop strategies and coordinate action plans for the homeless in their defined area, including homeless veterans. The North Carolina Coalition to End Homelessness staffs the Balance of State CoC, which includes 79 counties.



- ▶ The organizing structure for coordinated work to end homelessness is called a Continuum of Care (CoC). In North Carolina there are 12 CoCs, which are situated either around larger cities and surrounding counties, or geographical groupings in more rural areas.



We help empower veterans reintegrating into civilian life.



Located in Hendersonville, NC, we foster a thriving micro-community of veterans and civilians who build deep friendships, implement innovative gardening techniques, and help cultivate emotional, physical, and spiritual health.

**Launching Permaculture Boot Camp Program in 2016:** Intensive training in permaculture, sustainable technologies, and holistic health. Permaculture Boot Camps are hosted on site at our Hendersonville Farm.

Visit our website to contact us and learn more:  
[www.VeteransHealingFarm.org](http://www.VeteransHealingFarm.org)



**HEART** of  
HORSE SENSE

*Heart of Horse Sense is a non-profit organization that supports free Equine Assisted Programs to help veterans.*

*We offer half-day, day-long and multi-day retreats for veterans, their spouses, caregivers and children.*

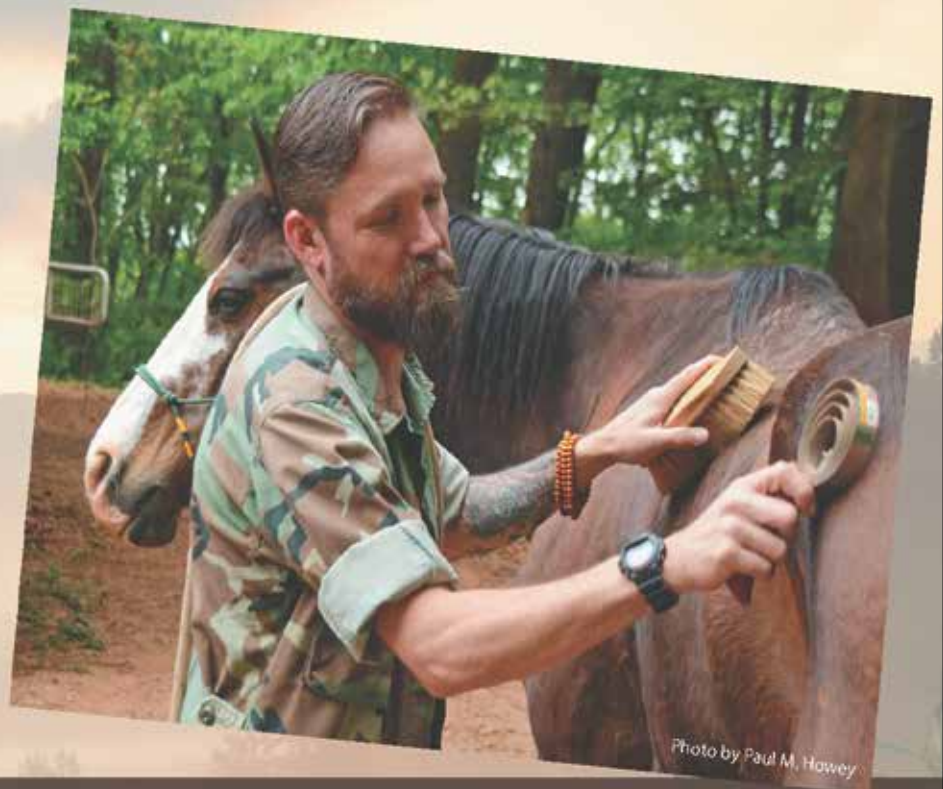


Photo by Paul M. Howey

More Information: (828) 649-7064 | [www.HeartOfHorseSense.org](http://www.HeartOfHorseSense.org)



# PERSONAL SERVICES

Licence Plates  
Legal Services  
Adaptive Equipment  
Hunting & Fishing Licenses  
Military Records  
Non-Profits  
ID Cards

## 2014 MILITARY RETIREMENT BENEFITS DEDUCTION



There is no longer a retirement deduction for military retirement benefits included in adjusted gross income for those who do not qualify for the Bailey retirement deduction. The Tax Simplification and Reduction Act (House Bill 998) was signed into law on July 23, 2013. Under this law, all taxpayers will be taxed at a lower rate and be granted a higher standard deduction. The Act made significant changes to the individual income tax law for tax years beginning on or after January 1, 2014.

- **Before Tax year 2014:** Taxpayers were allowed a deduction on their NC return for government retirement income (up to \$4,000) and private retirement income (up to \$2,000), retirement benefits received by vested NC State government, NC local government, or Federal Government Retirees under the Bailey Settlement, and Taxable Social Security.
- **Tax Year 2014:** The deductions for retirement benefits received pursuant to the Bailey settlement and Taxable Social Security are still allowed.

Although the \$4,000 and \$2,000 deduction will no longer be offered; under the Bailey Settlement, if an individual had five years of creditable service as of August 12, 1989, all of their military retirement income is exempt from N.C. State taxes. In addition, beginning in 2014, N.C. has increased the amount of standard deduction across the board, leaving North Carolinians paying lower taxes.

## GUIDE DOGS AND SERVICE DOGS

VA may provide guide dogs to blind veterans including the expense of training the veteran on how to use them, and the cost of the dog's medical care.

Additionally, VA may also provide service dogs trained for the aid of hearing impaired veterans and veterans with spinal cord injuries, dysfunction and other chronic impairment that substantially limits mobility. Currently there are pilot programs being conducted by the VA to provide service dogs to veterans who have conditions such as PTSD.

There are also many private non-profit organizations that provide service dogs to disabled veterans.

**See a list of non-profits on page 112**

## CLOTHING ALLOWANCE

The VA pays a clothing allowance to veterans who, because of a service-connected disability, wears or uses a prosthetic or orthopedic appliance (including a wheelchair) in which the VA determined tends to wear out or tear the clothing. The VA will also pay an annual clothing allowance to veterans who use medication prescribed

by VA physicians for skin conditions caused by a service-connected disability which the VA determines causes irreparable damage to the veteran's outer garment.

## AUTOMOBILE ASSISTANCE PROGRAM

The VA offers qualified veterans and active duty service members a one-time payment of up to \$20,114 to be used toward the purchase of an automobile or other forms of conveyance. To qualify, a veteran or service member must have one of the following disabilities including loss, or permanent loss of use, of one or both feet, loss, or permanent loss of use, of one or both hands, or permanent impairment of vision in both eyes to a certain degree.

## ADAPTIVE EQUIPMENT

VA will pay for installation of adaptive equipment for automobiles deemed necessary to ensure that eligible veterans will be able to safely operate vehicles, and to satisfy the applicable state standards of licensure. This equipment includes power steering, power brakes, power

windows, lifts, power seats and other special equipment necessary to assist the person into and out of the vehicle or other conveyance.

VA will also repair, replace, or reinstall adaptive equipment determined necessary for the operation of a vehicle acquired under this program, or for the operation of a vehicle an eligible veteran may previously or subsequently have acquired.

**DID YOU KNOW?**  
**NORTH CAROLINA IS THE FASTEST GROWING REGION FOR VA HEALTH CARE IN THE PAST 10 YEARS!**



# VETERAN DESIGNATION ON NC DRIVER LICENSE



The Department of Motor Vehicles (DMV) now offers a veteran designation that can be voluntarily placed on a North Carolina Drivers License. In order to receive the designation, veterans must be a United States veteran, provide proof of veteran status (DD-214, or DD-215), and meet all other North Carolina requirements for driving privilege or identification card including payment of the original, renewal or replacement fee, only if new - not on renewal.

## MILITARY RECORDS AND MEDALS

Veterans or their next of kin who need assistance in obtaining service records, a DD-214, or replacement awards and medals must formally request them through the National Personnel Records Center (NPRC). The NPRC is the records custodian for most discharged and retired members of all branches of service. The fastest way to obtain a copy is through their website.

If you do not have access to the internet, you can order a copy by mailing or faxing a Standard Form 180. The forms are available in any CVSO office or online at [www.archives.gov/veterans](http://www.archives.gov/veterans).

# VETERANS RECOGNITION LICENSE PLATES

The North Carolina DMV offers specialty license plates to veterans and service members who want to display their military service.

You can choose from over 20 specialized license plates which include Purple Heart recipient, Bronze and Silver Star, Combat Theaters and POW plates.

To obtain a specialty license plate, proof of military service (DD-214) and form MVR-33A must be brought to a state veteran service office. You can find the form MVR-33A at your local DMV, State Veterans Office or online at:

[www.ncdot.gov/download/dmv/Plates\\_MVR33A.pdf](http://www.ncdot.gov/download/dmv/Plates_MVR33A.pdf)



## SPECIALTY LICENSE PLATE TYPES:

- Afghanistan Veteran
- Bronze Star Valor Recipient
- Bronze Star Recipient
- Congressional Medal of Honor
- Desert Storm Veteran
- 100% Disabled Veteran
- Distinguished Flying Cross
- Distinguished Service Cross
- Ex-Prisoner of War
- Gold Star Lapel Button
- Iraq Veteran
- Korean Conflict
- Legion of Merit
- Legion of Valor
- Partially Disabled Veteran
- Pearl Harbor Survivor
- Purple Heart Recipient
- Motorcycle
- Purple Heart Recipient
- Silver Star Disabled Veteran
- Silver Star Recipient
- Vietnam Era
- War on Terror
- WW II Veteran



Visit  
ncwildlife.org  
today to learn  
more



### NC HUNTING AND FISHING LICENSES

All North Carolina veterans who are 50% or more disabled may purchase a lifetime hunting-fishing license.

Prices of the licenses range from \$10 to \$110 depending on the type of license the veteran wishes to purchase. To purchase a

license, visit your local wild life commission or [www.ncwildlife.org](http://www.ncwildlife.org) to download a free application.

When returning an application, bring a copy of your VA decision letter awarding a 50% or greater disability rating and a check or money order.

#### OTHER DISCOUNTS AVAILABLE:

The following attractions provide a discount on admission fees for Active Duty Military and Veterans:

- |                           |  |
|---------------------------|--|
| Battleship North Carolina | <a href="http://www.battleshipnc.com">www.battleshipnc.com</a>           |
| NC Museum of Art          | <a href="http://www.ncartmuseum.org">www.ncartmuseum.org</a>             |
| NC Museum of History      | <a href="http://www.ncmuseumofhistory.org">www.ncmuseumofhistory.org</a> |
| NC State Fair             | <a href="http://www.ncstatefair.org">www.ncstatefair.org</a>             |
| Tryon Palace              | <a href="http://www.tryonpalace.org">www.tryonpalace.org</a>             |
| NC Zoological Park        | <a href="http://www.nczoo.org">www.nczoo.org</a>                         |

### NORTH CAROLINA AQUARIUMS

[www.ncaquariums.com](http://www.ncaquariums.com)

#### HOURS & FEES

Daily 9 a.m. – 5 p.m. year-round  
Closed Thanksgiving Day, Christmas Day

Adults: Ages 13-61: \$10.95

Seniors: Ages 62+: \$9.95

Military: \$9.95

Children: Ages 3-12: \$8.95

No charge for children 2 and under, registered NC school groups and NC Aquarium Society Members  
The Aquariums are wheelchair-accessible.

#### ROANOKE ISLAND

374 Airport Road, Manteo, NC, 27954,  
Toll Free: 800-832-3474 ext. 4

#### PINE KNOLL SHORES

1 Roosevelt Blvd., Pine Knoll Shores, NC 28512,  
Toll Free: 800-832-3474 ext. 3

#### FORT FISHER

900 Loggerhead Road, Kure Beach, NC, 28449,  
Toll Free: 800-832-3474 ext. 2

#### JENNETTE'S PIER

7223 South Virginia Dare Trail, Nags Head, NC, 27959,  
Toll Free: 800-832-3474 ext. 6



# MILITARY APPRECIATION DAY

## WEDNESDAY, OCTOBER 19

featuring a military appreciation parade, special exhibits, programs, music and more!

# DAILY DISCOUNT

# JOIN US

Active-duty service members, reservists, retirees, National Guardsmen and their dependents (ages 13-64) pay only \$6 daily at the gate. That's a 44% discount! Additionally, veterans are offered the same discount for themselves, plus one discounted ticket for a guest or dependent, for a total of two tickets at the reduced rate.

This offer is not available online or in advance. You must present proper identification at the ticket window to receive this discount.

**Identification accepted for discount:**

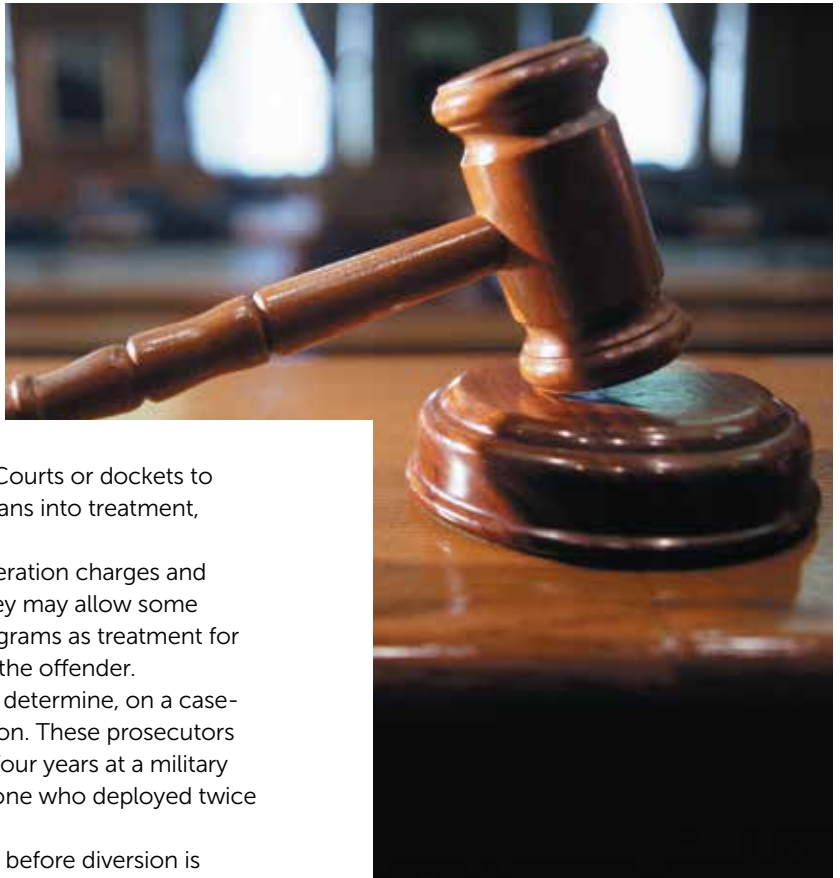
- Valid Uniformed Services ID
- Valid North Carolina Driver's License with Veteran Designation
- Photocopy of valid DD-214 Form

- Valid Common Access Card (CAC)
- Valid Veteran's Affairs Health Identification Card
- Photocopy of valid NGB-22 Form

# OCTOBER 13-23, 2016

[www.ncstatefair.org](http://www.ncstatefair.org)

# INCARCERATED VETERANS BENEFITS



## VETERANS COURTS

There is a growing effort nationally to institute Veterans Courts or dockets to allow district attorneys to send military members and veterans into treatment, rather than jail, when they commit a non-violent offense.

These courts are staffed by people who take into consideration charges and challenges facing veterans who return home from war. They may allow some military members to enter into mental health diversion programs as treatment for non-violent infractions as opposed to automatically jailing the offender.

The law relies on the judgment of a prosecutor, who will determine, on a case-by-case basis, which defendants may be eligible for diversion. These prosecutors must consider, for example, whether a veteran who spent four years at a military base should be offered the same diversion opportunity as one who deployed twice to combat situations in Afghanistan or Iraq.

Prosecutors must decide how serious the crime must be before diversion is taken off the table and must consider the victim of the offense.

## THE VETERANS JUSTICE OUTREACH (VJO) PROGRAM

VJO offers outreach and case management to veterans involved in law enforcement encounters, overseen by treatment courts, and incarcerated in local jails.

## INCARCERATED VETERANS BENEFITS

VA benefits are affected if a beneficiary is convicted of a felony and imprisoned for more than 60 days. Disability compensation paid to an incarcerated veteran rated 20 percent or more disabled is limited to the 10 percent rate.

Payments are not reduced for participants in work-release programs, residing in halfway houses or under community control.

Failure to notify VA of a veteran's incarceration can result in overpayment of benefits and the subsequent loss of all VA financial benefits until the overpay-

ment is recovered. VA benefits will not be provided to any veteran or dependent wanted for an outstanding felony warrant.

VA may be able to take a portion of the amount that an incarcerated veteran is not receiving and pay it to his or her dependents, if they can show need.

When a veteran is released from prison, his or her compensation or pension benefits may be restored.

Depending upon the type of disability, the VA may schedule a medical examination to see if the veteran's disability has improved or worsened.

## THE HEALTH CARE FOR REENTRY VETERANS PROGRAM

This program offers outreach to veterans incarcerated in state and federal prisons, and referrals and short-term case management assistance upon release from prison.

## KNOW A VET IN JAIL?

**Lucas Vrbsky GED, MSW, LCSW**  
Incarcerated Veterans Reentry Specialist

Salisbury VA Medical Center  
1601 Brenner Avenue, Rm: 122  
Salisbury, NC Carolina 28144

Office: 800-469-8262 x5521  
Mobile: 704-267-9565  
Fax: 704-638-3437  
Email: lucas.vrbsky@va.gov

**DID YOU KNOW?**

**NORTH CAROLINA HAS THE 3RD LARGEST ACTIVE DUTY MILITARY PRESENCE IN THE UNITED STATES**



## NORTH CAROLINA CENTRAL UNIVERSITY VETERANS LAW CLINIC

The North Carolina Central University School of Law operates a Veterans Law Clinic that provides legal advice to veterans in the community and throughout the state. Under extensive supervision, law students assist veterans and their families with the complexities and technical aspects of filing their claims with the US Department of Veterans Affairs Regional Offices nationwide, the Board of Veterans Appeals, and the US Court of Appeals for Veterans Claims. This service is provided to veterans throughout North Carolina through partnerships with UNC Campuses located in other regions of the State.

The Veterans Law Clinic is handling all types of claims at all stages of the Veterans Affairs' claims adjudication process including judicial review.

The Veterans Law Clinic is one of the leading advocates for eligible active duty personnel, veterans, or their survivors. The Clinic accepts cases year-round but cannot accept all cases. To determine eligibility, contact the Supervising Attorney, Craig Kabatchnick, 919-530-6605.

## NCVETSLEGAL.ORG

NC Veterans Pro Bono Network is a collaboration of over thirty stakeholders seeking to provide a structure and sharing of information among service providers, law schools, legal aid organizations, public defenders, veterans service organizations, VJOs and others interested in expanding pro bono representation to veterans throughout the state of North Carolina through public-private partnerships and recruitment of private bar members.

## CORRECTION OF ERRORS OR INJUSTICES ON MILITARY RECORDS

Requests to have military records corrected are handled through each branch of service's Boards for Correction of Military Records.

All requests to correct an error to military records must be filed within three years of discovery of the error and contain evidence, such as signed statements from you and other witnesses or copies of records that support your case. It is not enough to provide the names of the witnesses.

Applying for a correction is a simple process; however, it is recommended you use the services of a VSO.

## APPLYING FOR REVIEW OF DISCHARGE

You must make your application for discharge upgrade within 15 years of discharge. If your discharge is older than 15 years, you must apply for a change to your military records using the process detailed above.

Form DD 293 (Application for the Review of Discharge or Dismissal from the Armed Forces) can be obtained from NCDVA or a local VSO. See pages 4-11 for contact information.

## LEGAL AID SOCIETY OF NORTH CAROLINA

Legal Aid of North Carolina is a state-wide, nonprofit law firm that provides free legal services in civil matters to low-income people in order to ensure equal access to justice and to remove barriers to economic opportunity.

[www.legalaidnc.org](http://www.legalaidnc.org)

## VETERANS TREATMENT COURTS

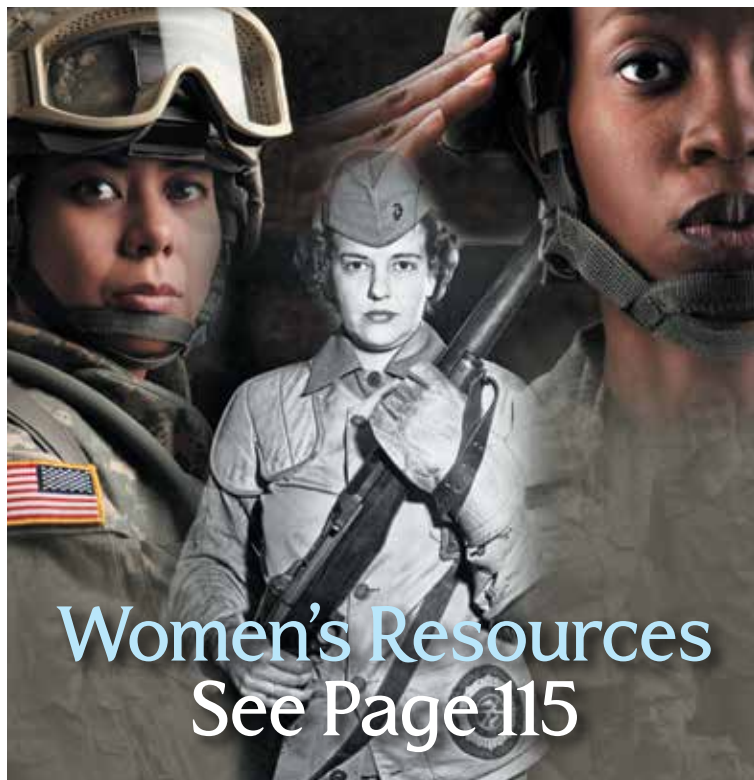
The court provides a means to divert veterans from the traditional criminal justice system and provide them the support they need to lead productive and law-abiding lives through referrals for treatment, education and vocational programs, and community resources, all while being judicially monitored.

**Mark A. Teachey**  
Veterans Court Coordinator  
District 11A  
Harnett County Courthouse  
301 West Cornelius Harnett Blvd., Suite 101  
Lillington, NC 27546  
910-814-4515 (Office)

**Craig V. Shore**  
Veterans Court Coordinator  
District 12  
Cumberland County  
117 Dick St  
Fayetteville, NC 28301  
910-475-3243

**Ricky L. Haralson**  
Veterans Court Coordinator  
District 28  
Buncombe County  
60 Court Plaza  
Asheville, NC 28801  
828-259-6601

Joan R. Kammer Horton with rifle, 1956; Joan R. Kammer Horton Papers (WV0155.6.004); Betty H. Carter Women Veterans Historical Project, Martha Hodges Special Collections and University Archives, University Libraries, University of North Carolina at Greensboro.





# ARE YOU A NON-PROFIT OR GOVERNMENT AGENCY THAT WORKS WITH VETERANS? JOIN US.

## MISSION

Determined to expand and improve services for the state's 800,000 Veterans, Governor McCrory has built an unprecedented intra-governmental Working Group focused on Job Creation, Workforce Enrichment, Health and Wellness, Legal and Financial Services and Benefits for Veterans. This real-time referral and collaboration network cuts red tape.

## JOIN US:

[ncveteransworkinggroup.org](http://ncveteransworkinggroup.org)



## JOIN THE GROUP

"Do you currently work in Veterans Affairs, or in a service area that supports veterans? The Governor's Working Group on Veterans, Service Members and their Families is a unique and valuable resource for those that care for our heroes. Great articles and informative monthly calls allow best practices to be shared across our state. Please visit our website, [ncveteransworkinggroup.org](http://ncveteransworkinggroup.org), for more information that can help you better help those who've served!"

– Secretary Cornell Wilson, Jr.  
Major General (R), USMC  
NC Dept. of Military & Veterans Affairs



## NON PROFITS HELPING VETS:

Looking for an opportunity to volunteer? Below is a partial list of area non-profits that are looking for a few good people! Seek out those programs in your communities, and make a difference today!

**Alcohol and Drug Council of NC**  
(800) 688-4232

**Alliance of Disability Advocates**  
(919) 833-1117

**BIANC** (Brain Injury Association of NC)  
(800) 377-1464

**Blue Star Families**  
(202) 630-2583

**Canine Angels'**  
(917) 575-6235

**Care Share Health Alliance**  
(919) 861-8353

**Carolina Veterans Support Group**  
(919) 424-6346

**Charlotte Bridge Home**  
(704) 332-8802

**Community Blueprint** (Fayetteville/Cumberland County)

**Concerned Veterans for America**  
(703) 678 4664

**Easter Seals UCP**  
(800) 662-7119

**Family Endeavors**  
(910) 672-6166

**Giving Women Wings**  
[www.givingwings.org](http://www.givingwings.org)

**Gold Star Mothers**  
(202) 265-0991

**Governor's Working Group**  
[www.ncveteransworkinggroup.org](http://www.ncveteransworkinggroup.org)

**Green Beret Foundation**  
[www.greenberetfoundation.org](http://www.greenberetfoundation.org)

**Hope for the Homefront**  
(719) 440-1000

**Iraq and Afghanistan Veterans of America**  
(202) 544-7692

**Joint Veterans Crisis Response Team**  
(919) 907-0577

**Legal Aid of NC**  
(866) 219-LANC (5262)

**Lucy Daniels Center**  
(919) 677-1400

**Military and Veterans Resource Coalition** (Wake County)  
(919) 267-3690

**National Alliance for Mental Illness - NAMI** (NC chapter)  
(800) 451-9682

**Navy Marine Corps Relief Society**  
(800) 654-8364

**NC Equal Access to Justice**  
(336) 688-5329

**North Carolina Heroes**  
[www.ncheroes.org](http://www.ncheroes.org)

**NC Justice Center**  
(919) 856-2570

**NC VetsLegal**  
[www.ncvetslegal.org](http://www.ncvetslegal.org)

**Old North State Medical Society**  
(919) 696.0206

**Onslow County Partnership for Children**  
(888) 378-2470

**Outside the Wire Group**  
[www.otwgroup.org](http://www.otwgroup.org)

**Outward Bound for Veterans**  
(866) 467.7651

**Oxford House**  
(800) 689-6411

**Project Lazarus**  
(336) 667-8100

**Purple Heart Homes**  
(704) 838-4044

**The American Red Cross**  
(800) 733-2767

**Semper Fi Fund**  
(703) 640-0181

**Step Up for Soldiers**  
(910) 383.3220

**Stop Soldier Suicide**  
[www.stopsoldiersuicide.org](http://www.stopsoldiersuicide.org)

**TAPS** (Tragedy Assistance Program for Survivors)  
(800) 959-TAPS

**TROSA** (Durham)  
(919) 419.1059

**USO**  
(919) 840-3000

**US Veterans Corps**  
(919) 818-9609

**Veterans Restoration Quarters** (ABCCM)  
(828) 259-5300

**VLCNC Cares** (Veterans Life Center)  
(919) 803-5516

**Wags 4 Tags**  
(919) 475-2076

**MORE NONPROFITS YOU SHOULD KNOW, OR THAT MIGHT BE ABLE TO HELP YOU!**



[www.mymvrc.org](http://www.mymvrc.org)

A community collaborative of organizations supporting military service members, veterans and their families in Wake County and the Triangle area.

Email: [contact@mymvrc.org](mailto:contact@mymvrc.org)  
 Military and Veterans Resource Coalition on Facebook



[www.greenberetfoundation.org](http://www.greenberetfoundation.org)

The Green Beret Foundation provides unconventional resources to facilitate the special needs of our wounded, ill and injured and imparts unique support to the Special Forces community

in order to strengthen readiness and uphold Green Beret traditions and values. Learn more about who we are and what we do or support our cause by donating today.



1.800.FRA.1924  
[www.fra.org](http://www.fra.org)

Fleet Reserve Association is a non-profit organization representing the interests of U.S. Navy, Marine Corps, and Coast Guard personnel with regard to pay, health care, benefits, and other quality of life programs.



[www.stepupforsoldiers.org](http://www.stepupforsoldiers.org)

Step Up For Soldiers: An All-Volunteer Group Providing Renovations, Recreation, and Recognition for Recently Disabled Veterans.

**Mission Statement:** To provide disabled veterans who experienced loss of limb and mobility problems with the resources necessary to adjust in a post-war environment. As a result of the events and fundraisers, sponsored by Step Up For Soldiers, we strive to not only enhance their lives and those of their families but also help to restore their confidence and positive self-image.



[www.familyendeavors.org](http://www.familyendeavors.org)

<b>Fayetteville</b> (910) 672-6166 2125 Valleygate Dr. Ste. 101 Fayetteville, NC 28304	<b>Charlotte</b> (704) 780-4950 5700 Executive Center Dr. Ste. 105 Charlotte, NC 28212	<b>Jacksonville</b> (910) 459-4320 120 Henderson Dr. Ste. B Jacksonville, NC 28540
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[www.semperfund.org](http://www.semperfund.org)

The Semper Fi Fund, and its program America's Fund, provide immediate financial assistance and lifetime support to post 9/11 wounded, critically ill and injured members,

and their families of all branches of the U.S. Armed Forces, ensuring that they have the resources they need during their recovery and transition back to their communities. Since establishing the Semper Fi Fund in 2004, we have issued more than 76,500 grants, totaling more than \$94 million in assistance to over 12,000 of our heroes and their families.



[www.ncheroes.org](http://www.ncheroes.org)

The mission of the North Carolina Heroes' Fund is to improve the quality of life for

the military men and women of North Carolina and their families who are experiencing financial hardships as a result of their service, often times from overseas deployment.



[www.ncobs.org/veterans](http://www.ncobs.org/veterans)

Outward Bound for Veterans helps thousands of returning service members and recent veterans readjust to life at home through powerful wilderness courses that draw on the healing

benefit of teamwork and challenge through use of the natural world.



**CHARLOTTE BRIDGE HOME**

2200 E. 7th Street, Charlotte NC 28205  
 704-332-8802 [www.charlottebridgehome.org](http://www.charlottebridgehome.org)

**Our Mission:**

Charlotte Bridge Home helps Charlotte veterans successfully transition home after military service by identifying their education, employment and healthcare needs and connecting them to available community, state and federal resources.

# MILITARY & VETERAN ID CARDS

If you are an Active Duty, Reserve or National Guard service member, dependent, or retiree, you can get a Military ID at any DEERS location within North Carolina. Veterans receiving VA benefits may be able to get an ID card (medical benefits card) at VA Medical Centers or Community Based Outpatient Clinics (CBOC). If you are not receiving benefits, you can choose to place your veteran status on your North Carolina Drivers License.



## MILITARY ID (DEERS) LOCATIONS

### ASHEVILLE VA MEDICAL CENTER

*Appointments Only*

Monday – Friday 8:00-4:00

Asheville, NC

828-271-5000 ext. 14319/14331

### MARINE CORPS AIR STATION- NEW RIVER

*Appointments & Walk-ins*

Monday – Friday 7:30-11:30;

12:30-4:30

Jacksonville, NC

910-449-6354

### NC AIR NATIONAL GUARD

*Appointments Only*

Monday - Friday 8:00 – 3:00

Charlotte, NC

704-398-4782

### NAVY – MARINE CORPS RECRUITING CENTER

*Appointments Only*

Thursday Only 9-11; 1-3

Charlotte, NC

704-598-0447

### NC NATIONAL GUARD HQ, RALEIGH

*Appointments & Walk-ins*

Monday – Friday 8:00 - 4:00

Raleigh, NC

919-664-6250

### ELIZABETH CITY US COAST GUARD STATION

*Appointments: M/T/Th/F 8:00-3:00*

*Walk-ins: Wednesday 8:00 - 11:15*

Elizabeth City, NC

252-335-6228

### DEPT. HOMELAND SECURITY

*Appointments: M/T/Th/F 8:00-3:00*

*Walk-ins: Wednesday Only 8:00-11:15*

Elizabeth City, NC

252-335-6228

### POPE AIR FORCE BASE

*Walk-ins: Mon-Wed & Fri 8:00-4:00*

Thurs 9:00-3:00

Spring Lake, NC

910-394-2276

### FORT BRAGG, ID Card Facility

*Appointments & Walk-ins:*

Mon-Fri: 9-5 Thursdays 9-7:

Extended hours and weekends

available for groups with

Commander's Request and

appointment

Fayetteville, NC

910-396-9339

### SUNNY POINT, MILITARY OPERATION TERMINAL

*Appointments Only*

Thursdays Only 8:30 – 3:00

Southport, NC

910-457-8000 ext. 230

### SEYMOUR JOHNSON AIR FORCE BASE

*Walk-ins Monday – Friday*

8:30 – 4:00

Goldsboro, NC

919-722-8702

### US NAVAL RESERVE CENTER

*Appointments Only*

Thursday's Only

Wilmington, NC

910-762-9676

### ARMED FORCES RESERVE CENTER

*Appointments Only*

Wednesday & Thursday 8:00 – 11:30;

1:00 – 3:30

Greensboro, NC

336-668-0053 Ext 26



# WOMEN'S SERVICES

Women Veterans are a vital part of  
the veteran community nationally,  
and more than 84,000 women  
vets have chosen to make North  
Carolina their home

Official United States Army Signal Corps photograph of two WAACs servicing an army truck, 1942; Irma Jackson Cayton Wertz Papers (WV0523.6.008); Betty H. Carter Women Veterans Historical Project, Martha Hodges Special Collections and University Archives, University Libraries, University of North Carolina at Greensboro.

*Drivers on the Job*

# NORTH CAROLINA WOMEN VETERANS

In 2014, North Carolina ranked 6th in the United States in its population of women veterans while ranking 8th in veterans population overall. The women veterans population is the fastest growing segment of vets nationally and in North Carolina.



According to the National Center for Veterans Analysis and Statistics, while the overall veteran population of the United States is expected to decrease significantly in the future, the percentage of women veterans is projected to nearly double in the next 30 years. In 2015, North Carolina ranked 5th in the nation in the number of veteran women-owned employer firms by numbers employed.

## NATIONAL GROWTH IN WOMEN VETERAN-OWNED BUSINESSES SINCE 2012:

- 35.9 percent of U.S. business owners are women
- 383,302 veteran women-owned businesses exist – an increase of 294.7% over the 2007 Census data
- Veteran women-owned businesses and firms with no employees generated a total of \$17.9 billion in receipts (businesses with employees generated \$10.9 billion)

Women veterans are a vital part of the veteran community nationally and more than 84,000 women vets have chosen to make North Carolina their home.

A study released by Disabled American Veterans in November 2014 found that women veterans continue to experience “stubbornly high” unemployment rates, a known precursor to poverty. Women veterans are the fastest growing segment of the homeless veteran population, and are at higher risk for homelessness than their male counterparts and female nonveterans.

A 2010 study conducted by the United States Department of Veterans Affairs found that 31 percent of female veterans did not believe they were eligible for VA benefits, mainly due to a perception that they were not a veteran unless

they had served in combat. We here in North Carolina are working to change that misperception, and we need your help to spread the word. Under Federal law, a veteran is any person who has served honorably on active duty in the armed forces of the United States and was discharged or released under conditions other than dishonorable.

The North Carolina Department of Military and Veterans Affairs (NCDMVA) is committed to providing information, advocacy, outreach and support to all women veterans and their families in the state. The NCDMVA also seeks to ensure that women veterans are aware of their federal and state benefits so they can obtain the unique care and assistance that is available to them.

Outreach efforts are expanding every year to aid women veterans in improving access to support and services from public and private organizations that specifically address the needs of women veterans, but we are not content to stop there, we want to do more! Let us know how by visiting [NC4VETS.com](http://NC4VETS.com)

Diane Kay Corcoran, Vietnam; Diane Kay Corcoran Papers (WV0526.6.008); Betty H. Carter Women Veterans Historical Project, Martha Hodges Special Collections and University Archives, University Libraries, University of North Carolina at Greensboro.



**THE NCDMVA** wants all women veterans to know about their available veteran benefits, services and resources. Many women veterans are not aware of all the benefits and programs they qualify for or are eligible to receive.

Women Veterans seeking assistance may call the NC Department of Veterans Affairs at any time by dialing 844-NC4-VETS (1-844-624-8387) or can visit the website at **NC4VETS.com**.

## NORTH CAROLINA WOMEN VETERANS SUMMIT AND EXPO

The North Carolina Women Veterans Summit and Expo is a biennial event whose purpose is to empower women veterans to live healthy, happy lives, become successful leaders in their communities, and to advocate on behalf of other women veterans. Women veterans throughout the state participate in this event to share their stories and exchange ideas about business, entrepreneurship, educational and career opportunities, and health and wellness. The event features state, local and federal exhibitors, a speaking program, and a series of networking and breakout sessions. NC WVSE ([women.nc4vets.com](http://women.nc4vets.com))

## NORTH CAROLINA WOMEN VETERANS DAY

Every other year, the Governor may proclaim a day in the year as Women Veterans Day. NCDMVA recognizes the achievements of women veterans who have served in the Armed Forces in defense of their country and is committed to improving veteran opportunities throughout the state for women veterans in particular.

## NORTH CAROLINA DEPARTMENT OF COMMERCE

The NC Division of Workforce Solutions provides job seeker services for veterans, transitioning service members, and eligible spouses. Women veterans can visit their local NCWorks Career Center and take advantage of no-cost services, including career assessments, job interview preparation, resume and cover letter assistance, access to computers and free internet service, and help with applying to local and federal employment and training opportunities. Some veterans face significant barriers

that make it difficult for them to find suitable employment. Most offices have specialized staff—all of whom are veterans—who work closely with employers to create more opportunities for these veterans and provide them with referrals to supportive services including vocational rehabilitation, transportation, elder care, food and nutrition services, and non-profit organizations that address homelessness.

NCWorks Veteran Services ([www.nccommerce.com/workforce/job-seekers/veterans](http://www.nccommerce.com/workforce/job-seekers/veterans)) and NCDWS Veterans Services Facebook ([www.facebook.com/NCvets](http://www.facebook.com/NCvets))

## UNITED STATES DEPARTMENT OF VETERANS AFFAIRS (VA)

The Women Veterans Call Center (WVCC) answers questions and responds to concerns from women veterans, their families, and caregivers across the nation about VA services and resources. The call is free, and women veterans can call as often as they need until they have the answers to their questions. Hours of operation are Monday through Friday 8:00 a.m. to 10:00 p.m. ET and Saturday, 8:00 a.m. to 6:30 p.m. ET. WVCC: 1-855-VA-WOMEN (1-855-829-6636)

The VA is taking steps to improve and expand services for women veterans who are homeless or at risk of becoming homeless. Many women veterans face challenges when returning to civilian life that are different from those of their male counterparts, including raising children on their own or dealing with the psychological after effects of events such as military sexual trauma. These issues, without intervention, can put women veterans at greater risk of becoming homeless.

VA Homeless Women Veteran Resources ([www.va.gov/homeless\\_for\\_women\\_veterans.asp](http://www.va.gov/homeless_for_women_veterans.asp))



## VA VETERANS HEALTH ADMINISTRATION (VHA)

The Veterans Health Care Act of 1992 authorized new and expanded services for women veterans. These services include: counseling for trauma related to sexual assault; specific health care services such as Pap smears, mammography, and general reproductive health care at VA facilities; and mental health services that include substance abuse counseling, evaluation and treatment of Military Sexual Trauma (MST) and post-traumatic stress disorder (PTSD).

The VHA encourages all women between ages 50 and 75 to get mammograms every two years. If your health care provider recommends a mammogram outside of this age range, the VA will still provide it.

The Department of Veterans Affairs Mobile Mammography Unit provides access to mammography screening at selected VA Health Care Centers in North Carolina, and is one of only two regional mobile radiology units in the US. The Mobile Mammography Unit features digital mammography technology; all-female technologists; a private changing room with separate clinical exam room; and the privacy and comfort of a traditional screening center with the convenience of a fully functioning mobile unit.

The Women Veterans Health Program promotes the health, welfare, and dignity of women veterans and their families by ensuring equitable access to timely, sensitive, and quality healthcare. There is a full-time Women Veteran Program Manager at every VA Medical Center, a Women's Liaison at every community-based outpatient clinic, and a Women Veterans Coordinator at every regional office. VA Women Veterans Health Care ([www.womenshealth.va.gov](http://www.womenshealth.va.gov))



#### North Carolina Council for Women

[ncadmin.nc.gov/about-doa/divisions/council-for-women](http://ncadmin.nc.gov/about-doa/divisions/council-for-women)

#### North Carolina Coalition Against Sexual Assault (NCCASA)

[www.nccasa.org](http://www.nccasa.org)

#### Dress for Success Triangle

[trianglenc.dressforsuccess.org](http://trianglenc.dressforsuccess.org)

#### Dress for Success Charlotte

[charlotte.dressforsuccess.org](http://charlotte.dressforsuccess.org)

#### Dress for Success Winston-Salem

[winstonsalem.dressforsuccess.org](http://winstonsalem.dressforsuccess.org)

#### Women Veterans Support Services

[wvss-nc.org](http://wvss-nc.org)

#### The Aura Home for Homeless Women

[VeteransAsheville.aurahomewomenvets.org](http://VeteransAsheville.aurahomewomenvets.org)

#### University of North Carolina at Greensboro Women Veterans Historical Project

[libcdm1.uncg.edu/cdm/landingpage/collection/WVHP](http://libcdm1.uncg.edu/cdm/landingpage/collection/WVHP)

#### Steadfast House Women's Shelter and Support Program Asheville

[www.abccm.org/steadfast-house](http://www.abccm.org/steadfast-house)



#### Dress for Success

[www.dressforsuccess.org](http://www.dressforsuccess.org)

#### VA Office of Diversity and Inclusion (ODI)

[www.diversity.va.gov](http://www.diversity.va.gov)

#### Women in Military Service for America (WIMSA) Memorial

[www.womensmemorial.org](http://www.womensmemorial.org)

#### American Women Veterans

[americanwomenveterans.org](http://americanwomenveterans.org)

#### National Association of Black Military Women

[www.nabmw.com](http://www.nabmw.com)

#### U.S Army Women's Foundation

[armywomensfoundation.org](http://armywomensfoundation.org)

#### The Vietnam Women's Memorial Foundation

[vietnamwomensmemorial.org](http://vietnamwomensmemorial.org)

#### Women Marines Association

[www.womenmarines.org](http://www.womenmarines.org)

#### Women's Army Corps Veterans Association

[www.armywomen.org](http://www.armywomen.org)

#### Women of the WAVES

[womenofthewaves.com](http://womenofthewaves.com)

#### Service Women's Action Network

[www.servicewomen.org](http://www.servicewomen.org)

#### Department of Defense Sexual Assault Prevention and Response with Safe Helpline

[www.sapr.mil](http://www.sapr.mil)

#### Alliance for National Defense

[www.4militarywomen.org](http://www.4militarywomen.org)

## VETERANS BENEFITS ADMINISTRATION (VBA)

The VA's Women Veterans Coordinators can assist women veterans with the development and handling of claims for gender-specific conditions, including trauma from sexual harassment and assault. A PDF document has been created that addresses women veterans' 25 most frequently asked questions about their benefits, and it can be found along with many other resources on the VA's Center for Women Veterans (CWV) website. VA CWV Resources ([www.va.gov/womenvet](http://www.va.gov/womenvet))

## UNITED STATES SMALL BUSINESS ADMINISTRATION (SBA)

In March 2016, the SBA's Office of Veterans Business Development (OVBD) and Office of Women's Business Ownership (OWBO) submitted a report to Congress increasing attention on women veteran-owned small businesses. The report compiles and disseminates information on women veterans, and makes recommendations to improve outreach to women veterans, providing them with greater access to procurement, lending, and affordable capital.

SBA Women Veterans Business Resources ([www.sba.gov/offices/headquarters/ovbd/spotlight](http://www.sba.gov/offices/headquarters/ovbd/spotlight))

Veteran Women Igniting the Spirit of Entrepreneurship (VWISE) is an entrepreneurial training program for female veterans of all service eras and branches with a passion for and interest in either starting a new small business or growing an existing one. VWISE enables female veterans to learn business-savvy skills in order to turn their ideas or businesses into growth ventures while recognizing entrepreneurship as an important part of economic growth nationwide. This unique training program was designed specifically by Syracuse University with the Office of Veterans Business Development, SBA, to encourage and support female veterans with an interest in exploring career opportunities in small business ownership.

SBA and Syracuse University VWISE ([whitman.syr.edu/vwise](http://whitman.syr.edu/vwise))

## UNITED STATES CHAMBER OF COMMERCE

The US Chamber of Commerce is working with the Business and Professional Women's (BPW) Foundation and Military Spouse Employment Partnership in an effort to help women veterans and military spouses find meaningful employment in the private sector. The US Chamber of Commerce hosts tailored events and champions specific forums to address some of the unique challenges these two groups have in obtaining employment.

Hiring our Heroes ([www.uschamberfoundation.org/hiring-our-heroes](http://www.uschamberfoundation.org/hiring-our-heroes)) and the Center for Women in Business ([www.uschamberfoundation.org/center-women-business](http://www.uschamberfoundation.org/center-women-business))

## UNITED STATES DEPT. OF LABOR (DOL)

Women veterans, who comprise 10 percent of the veteran population, but only 2 percent of all working women in America, are a critical segment of today's workforce. Job-hunting can be difficult for anyone, and transitioning veterans may experience culture shock, difficulty translating skills, unfamiliarity with the civilian job search process, and more. Unlike their male veteran peers, women veterans may also experience unique challenges common among nonveteran working women.

Free employment services are available to women veterans nationwide from the DOL Veterans' Employment and Training Service (VETS) Women Veteran Program – these services are targeted to be particularly helpful to women veterans.

As a part of the VETS program, the DOL also funds The Homeless Female Veterans' and Homeless Veterans with Families Program. The program provides supportive services to eligible homeless female veterans and female veterans who are at risk of becoming homeless. The program provides direct services through a case management approach that leverages Federal, State and local resources. Eligible veterans are connected with appropriate employment and life skills support to ensure a successful integration into the workforce.

DOL VETS Women Veteran Program ([www.dol.gov/vets/womenveterans](http://www.dol.gov/vets/womenveterans))



## INDIGO *Consortium*

We advocate for and walk with women veterans. We engage with them in the process of obtaining the services and benefits they seek. Services offered are based on individual needs, and customized solutions are sought. Through our partnerships and programs, we are committed to supporting women as they transition back into family life. We help to identify employment opportunities and focus on personal goals. We are here to listen, guide, and support as women veterans establish plans and set out to achieve them.

e-mail: [contact@indigoconsortium.org](mailto:contact@indigoconsortium.org)  
Phone: (919) 808-1814



## DRESS FOR SUCCESS® TRIANGLE NC

THE MISSION OF DRESS FOR SUCCESS  
IS TO EMPOWER WOMEN TO ACHIEVE  
ECONOMIC INDEPENDENCE BY  
PROVIDING A NETWORK OF SUPPORT,  
PROFESSIONAL ATTIRE AND THE  
DEVELOPMENT TOOLS TO HELP  
WOMEN THRIVE IN WORK AND IN LIFE.

[TRIANGLENC.DRESSFORSUCCESS.ORG](http://TRIANGLENC.DRESSFORSUCCESS.ORG)

# Women Veterans Support Services

Women Veterans Support Services, Inc. provides compassionate care to women veterans in the Triangle in times of crises, ensuring they receive the benefits to which they and their families are entitled, while connecting them to community support services.

Existing local agencies alone cannot address the unique needs of women veterans and their families, WVSS understands these challenges, assisting women veterans in:

- Finding short-term emergency housing, with or without children.
- Post Traumatic Stress Disorder (PTSD) claims, helping them through the process.
- Receiving support services for Military Sexual Trauma & Domestic Violence.
- Providing referral services for federal, state and local programs that assist women veteran, including rehabilitation and jobs.

Contact Us

[www.wvss-nc.org](http://www.wvss-nc.org)

(919) 894-1012

**NORTH CAROLINA HOSPITALS AND VA MEDICAL CENTERS**



**ASHEVILLE VAMC**

1100 Tunnel Road  
Asheville, NC 28805  
828-298-7911



**DURHAM VAMC**

508 Fulton Street  
Durham, NC 27705  
919-286-0411  
888-878-6890



**FAYETTEVILLE VAMC**

2300 Ramsey Street  
Fayetteville, NC 28301  
910-488-2120  
800-771-6106



**SALISBURY VAMC**

1601 Brenner Avenue  
Salisbury, NC 28144  
704-638-9000  
800-469-8262



# MILITARY SEXUAL TRAUMA

Military Sexual Trauma (MST) is the term that the Department of Veterans Affairs uses to refer to sexual harassment that occurred while the veteran was in the military. It includes any sexual activity where someone is involved against his or her will—he or she may have been pressured into sexual activities (for example, with threats of negative consequences for refusing to be sexually cooperative, implied faster promotions, or better treatment in exchange for sex), and may have been unable to consent to sexual activities (for example, when intoxicated), or may have been physically forced into sexual activities.

Other experiences that fall into the category of MST include unwanted sexual touching or grabbing; threatening, offensive remarks about a person's body or sexual activities; and/or threatening or unwelcome sexual advances.

Both women and men can experience MST during their service. All veterans seen at

Veterans Health Administrations facilities are asked about experiences of sexual trauma because they know that any type of trauma can affect a person's physical and mental health, even many years later. People can recover from trauma and the VA has free services to help veterans do this.

You do not need to have a VA disability (service connected) rating to receive these services and may be able to receive services even if you are not eligible for other VA care. You do not need to have reported the incident(s) when they happened or have other documentation that they occurred.

For more information, veterans can speak with a VA healthcare provider, contact the MST Coordinator at their nearest VA Medical Center, or contact their local Vet Center. More MST information can be found at [mentalhealth.va.gov](http://mentalhealth.va.gov).

## WOMEN VETERANS HEALTH CARE 1-855-VA-WOMEN [1-855-829-6636]



Women veterans are eligible for the same VA benefits as male veterans. Comprehensive health services are available to women veterans including primary care, mental health care and reproductive health care services. VA provides management of acute and chronic illnesses, preventive care, contraceptive services, menopause management, and cancer screenings, including pap smear, and mammograms, and gynecology.

- Maternity care is covered in the medical benefits package to include care for newborn children of women veterans for up to 7 days after birth. VA is also mandated to implement pilot programs to provide child care to women veterans receiving medical care, and to provide readjustment services to women veterans. Infertility evaluation and limited treatments also are available.
- Women Veterans Program Managers are available at all VA facilities to help veterans seeking treatment and benefits.

# ACTIVE MILITARY



Fort Bragg  
Camp Lejeune  
Cherry Point  
Seymour Johnson  
Elizabeth City  
Family Resources

# NORTH CAROLINA ACTIVE MILITARY



## **NORTH CAROLINA IS HOME TO THE 4TH LARGEST MILITARY POPULATION IN THE UNITED STATES.**

Six major installations and several critical defense support activities are located within the state. Our installations, missions, assets, and personnel are some of the finest in the Department of Defense. Its

superb ranges, amphibious landing sites, and dedicated airspace provide unique training opportunities for all services. Nothing Compares with North Carolina's air, land, and sea resources.

There are nearly 600,000 defense-related jobs in North Carolina. Our DoD and Homeland Security sectors

have a \$66 Billion impact on our economy, representing 15% of North Carolina's gross state product. Defense is the 2nd largest economic engine in the state, just behind agriculture. Each installation in North Carolina provides critical capabilities that contribute to our state's livelihood and our nation's security.



# CAMP LEJEUNE / NEW RIVER

Learn more: [www.nc4vets.com/active-military/camplejeune](http://www.nc4vets.com/active-military/camplejeune)

Camp Lejeune is home to the largest concentration of Marines in the Marine Corps and also the largest amphibious base on the East Coast. II Marine Expeditionary Force, Marine Special Operations Command, and Marine Corps Installations East provide the Nation's Rapid Response Team.

Camp Lejeune includes a 156,000-acre training base, with 11 miles of beach capable for supporting amphibious operations, and 50 tactical landing zones. The Base community is home to over 45,000 Servicemembers and civilian employees.

## RELOCATION:

**Distribution Management Office (TMO)**  
Bldg 1011, Camp Lejeune (910) 451-2377

**Inns of the Corps Lejeune**  
[www.mccslejeune.com/inns](http://www.mccslejeune.com/inns)  
910-451-3041

**Atlantic Marine Corps Communities**  
[www.atlanticmcc.com](http://www.atlanticmcc.com) 866-509-2424

**Military Installations**  
[www.militaryinstallations.dod.mil](http://www.militaryinstallations.dod.mil)

**Per Diem, Travel & Transportation Allowance Committee**  
[www.defensetravel.dod.mil](http://www.defensetravel.dod.mil)

**Navy Housing:** [www.housing.navy.mil](http://www.housing.navy.mil)

**Home Rentals/Sales**  
**Jacksonville Board of Realtors**  
[www.jbornc.com](http://www.jbornc.com)

**Carteret County Assoc. of Realtors**  
[www.ccrealtors.org](http://www.ccrealtors.org)

**Duplin-Sampson Assoc. of REALTORS**  
[www.duplinsampsonrealtors.com](http://www.duplinsampsonrealtors.com)

**Neuse River Region Assoc. of REALTORS**  
[www.nrrar.com](http://www.nrrar.com)

## EDUCATION:

**Onslow County Public Schools**  
[www.onslow.k12.nc.us](http://www.onslow.k12.nc.us)  
(910) 455-2211

**Camp Lejeune DoDea Schools**  
[www.am.dodea.edu/lejeune/clds/](http://www.am.dodea.edu/lejeune/clds/)  
(910) 451-2461

**About.com: Private Schools**  
[www.privateschool.about.com](http://www.privateschool.about.com)

**GreatSchools:** [www.greatschools.net](http://www.greatschools.net)

**Military Child Education Coalition**  
[www.militarychild.org](http://www.militarychild.org)

**Home School Legal Defense Association**  
[www.hslda.org](http://www.hslda.org)

## EMPLOYMENT:

**Army:** [cpol.army.mil](http://cpol.army.mil)  
**USAJOBS:** [www.usajobs.gov](http://www.usajobs.gov)  
**MCCS:** [www.mccslejeune-newriver.com/jobs](http://www.mccslejeune-newriver.com/jobs)  
**Navy:** [www.navy.mil](http://www.navy.mil)

**Employment Security Commission**  
[www.ncesc.com](http://www.ncesc.com) - (910) 347-2121

**NCWorks Online**  
[www.ncworks.gov](http://www.ncworks.gov)

**North Carolina for Military Employment**  
[www.nc4me.org](http://www.nc4me.org)

**Family Member Employment Assistance Program (FMEAP)**  
[www.mccslejeune-newriver.com/fmeap](http://www.mccslejeune-newriver.com/fmeap)

## EMERGENCY:

**Red Cross Office**  
[www.redcross.org](http://www.redcross.org) (910) 451-2182/5159  
(after hours 877-272-7337)

**Navy Marine Corps Relief Society**  
[www.nmcrs.org](http://www.nmcrs.org)  
(910) 451-5346/5584

**Military One Source**  
[www.militaryonesource.mil](http://www.militaryonesource.mil)

**Family Preparedness**  
[www.ready.gov](http://www.ready.gov)

**The National Weather Service**  
[www.weather.gov](http://www.weather.gov)

**North Carolina Road Conditions**  
[www.ncdot.org/traffictravel](http://www.ncdot.org/traffictravel)

**NC Dept of Insurance**  
[www.ncdoi.com](http://www.ncdoi.com)

**NC Crime Control and Public Safety**  
[www.nccrimecontrol.org](http://www.nccrimecontrol.org)

**Travel Warnings**  
[www.travel.state.gov](http://www.travel.state.gov)

## FAMILY RESOURCES:

**Marine Corps Community Services**  
[www.mccslejeune-newriver.com](http://www.mccslejeune-newriver.com)

**Department of Social Services**  
[www.onslowcountync.gov/DSS](http://www.onslowcountync.gov/DSS)  
Food Stamps, etc., (910) 455-4145

**Women, Infants, and Children Program**  
[www.fns.usda.gov/wic](http://www.fns.usda.gov/wic) (910) 353-0022

**Military Youth on the Move**  
[www.defenselink.mil/mtom](http://www.defenselink.mil/mtom)

**DStress Line:** [www.dstressline.com/](http://www.dstressline.com/)

**Child and Youth Program**  
[www.mccslejeune-newriver.com/cytp](http://www.mccslejeune-newriver.com/cytp)

**Onslow County Partnership for Children**  
[www.onslowkids.org](http://www.onslowkids.org) (910) 938-0336

**Tragedy Assistance Program**  
[www.taps.org](http://www.taps.org)

**National Military Family Association**  
[www.militaryfamily.org](http://www.militaryfamily.org)

**New Parent Support Program**  
[www.mccslejeune-newriver.com/npsp](http://www.mccslejeune-newriver.com/npsp)

**Exceptional Family Member Program**  
[www.mccslejeune-newriver.com/efmp](http://www.mccslejeune-newriver.com/efmp)

**Counseling Services**  
[www.mccslejeune-newriver.com/counseling](http://www.mccslejeune-newriver.com/counseling)

**Military & Family Life Counselors**  
[www.mccslejeune-newriver.com/mflc](http://www.mccslejeune-newriver.com/mflc)

**Marine Corps Family Team Building**  
[www.mccslejeune-newriver.com/mcftb](http://www.mccslejeune-newriver.com/mcftb)

**Behavioral Health Info Network (BHIN)**  
[www.bhin.usmc-mccs.org](http://www.bhin.usmc-mccs.org)

# CHERRY POINT

Learn more: [www.nc4vets.com/active-military/cherrypoint](http://www.nc4vets.com/active-military/cherrypoint)

Cherry Point is the largest Marine Corps Air Station in the world. It is the headquarters of the 2nd Marine Aircraft Wing, the aviation component of II Marine Expeditionary Force. Cherry Point is home to the AV-8B Harrier, and will eventually be the largest F-35B Joint Strike Fighter base in the Nation.

Cherry Point has 4 runways over 8,000 feet and over 29,000 acres of land! Bombing ranges and outlying fields are used by Marine Corps, Navy, and Air Force aviators for training. Nearly 14,000 Servicemembers and civilians work at Cherry Point.

## RELOCATION:

**Relocation Services:** 252-466-4201

### Traffic Management Office (TMO)

Bldg 298 E St  
MCAS Cherry Point NC 28533  
(252) 466-2345  
252-466-4455/3883 (Inbound Shipments)

### Transient Officer Quarters (TOQ)

(252) 466-5169 / 3359

### Transient Enlisted Quarters (TEQ)

(252) 466-3060

### Atlantic Marine Corps Communities

[cp.atlanticmcc.com](http://cp.atlanticmcc.com) 888-883-0980

### Military Installations

[www.militaryinstallations.dod.mil](http://www.militaryinstallations.dod.mil)

### Per Diem, Travel & Transportation Allowance Committee

[www.defensetravel.dod.mil](http://www.defensetravel.dod.mil)

**Navy Housing:** [www.housing.navy.mil](http://www.housing.navy.mil)

### Home Rentals/Sales:

**Neuse River Region Association of**

**REALTORS:** [www.nrrar.com](http://www.nrrar.com)

### Carteret County Association of Realtors

[www.ccrealtors.org](http://www.ccrealtors.org)

## EDUCATION:

### Craven County Schools

[www.craven.k12.nc.us](http://www.craven.k12.nc.us)  
252-514-6300

### Carteret County Schools

[www.carteretcountyschools.org](http://www.carteretcountyschools.org)  
(252) 728-4583

### About.com: Private Schools

[www.privateschool.about.com](http://www.privateschool.about.com)

**GreatSchools:** [www.greatschools.net](http://www.greatschools.net)

### Military Child Education Coalition

[www.militarychild.org](http://www.militarychild.org)

### Home School Legal Defense Association

[www.hsllda.org](http://www.hsllda.org)

## EMPLOYMENT:

**Army:** [cpol.army.mil](http://cpol.army.mil)

**USAJOBS:** <https://www.usajobs.gov>

**MCCS:** [mccscherrypoint.com/employment](http://mccscherrypoint.com/employment)

**Navy:** [www.navy.mil](http://www.navy.mil)

### Employment Security Commission

[www.ncesc.com](http://www.ncesc.com) (910) 347-2121

**NCWorks Online:** [www.ncworks.gov](http://www.ncworks.gov)

### North Carolina for Military Employment

[www.nc4me.org](http://www.nc4me.org)

### Family Member Employment Assistance Program (FMEAP)

[usmc-mccs.org/employ/benefits/employee/eap.html](http://usmc-mccs.org/employ/benefits/employee/eap.html)

## EMERGENCY:

**Red Cross Office:** [www.redcross.org](http://www.redcross.org)

(910) 451-2182/5159

(after hours 877-272-7337)

### Navy Marine Corps Relief Society

[www.nmcrs.org](http://www.nmcrs.org) (910) 451-5346/5584

### Military One Source

[www.militaryonesource.mil](http://www.militaryonesource.mil)

**Family Preparedness:** [www.ready.gov](http://www.ready.gov)

### The National Weather Service

[www.weather.gov](http://www.weather.gov)

### North Carolina Road Conditions

[www.ncdot.org/traffictravel](http://www.ncdot.org/traffictravel)

**NC Dept of Insurance:** [www.ncdoi.com](http://www.ncdoi.com)

### NC Crime Control and Public Safety

[www.nccrimecontrol.org](http://www.nccrimecontrol.org)

**Travel Warnings:** [www.travel.state.gov](http://www.travel.state.gov)

## FAMILY RESOURCES:

### Marine Corps Community Services

[mccscherrypoint.com](http://mccscherrypoint.com)

### Dept. of Social Services – Craven County

[www.cravencountync.gov/departments/dss.cfm](http://www.cravencountync.gov/departments/dss.cfm)  
Food Stamps, etc., 252-636-4900

### Social Services – Carteret County

[www.carteretcountync.gov/144/Social-Services](http://www.carteretcountync.gov/144/Social-Services)  
252-728-8485

### Women, Infants, and Children Program

[mccscherrypoint.com/programs/family-care/wic](http://mccscherrypoint.com/programs/family-care/wic)  
252-447-0123

### Military Youth on the Move

[www.defenselink.mil/mtom](http://www.defenselink.mil/mtom)

**DStress Line:** [www.dstressline.com](http://www.dstressline.com)

### Child and Youth Program

[mccscherrypoint.com/programs/family-care/children-youth](http://mccscherrypoint.com/programs/family-care/children-youth)

### Craven Smart Start, Inc

[www.cravensmartstart.org](http://www.cravensmartstart.org)  
(252) 636-3198

### Carteret County Partnership for Children

[www.carteretkids.org](http://www.carteretkids.org)  
252-727-0440

**Tragedy Assistance Program:** [www.taps.org](http://www.taps.org)

### National Military Family Association

[www.militaryfamily.org](http://www.militaryfamily.org)

### New Parent Support Program:

252-466-3651

### Exceptional Family Member Program

[mccscherrypoint.com/programs/family-care/exceptional-family-member](http://mccscherrypoint.com/programs/family-care/exceptional-family-member)  
252-466-7533

### Marine & Family Programs

[mccscherrypoint.com/programs](http://mccscherrypoint.com/programs)



# ELIZABETH CITY

Learn more: [www.nc4vets.com/active-military/elizabethcity](http://www.nc4vets.com/active-military/elizabethcity)

Located in the heart of Northeastern North Carolina, the U.S. Coast Guard Base at Elizabeth City is a regional command center that provides logistics, engineering, administrative, financial, purchasing, and health care services to Coast Guard units throughout North Carolina.

Comprised of more than 880 acres and nearly 2,000 Servicemembers and civilian employees, the base is the Coast Guard's largest aviation facility, and the largest employer in Northeastern North Carolina. Elizabeth City is the hub for Coast Guard aviation support.

## RELOCATION:

### USCG Elizabeth City Welcome Aboard

[www.uscg.mil/baseElizabethCity/welcomeaboard.asp](http://www.uscg.mil/baseElizabethCity/welcomeaboard.asp)

### Area Housing Office at Base Portsmouth

(757) 686-4044

### Rental Partnership Program, Leased Housing, Housing Releases and Community Housing Referrals/Listings

(757) 686-4047

### Housing Referral Network, Leased Housing, Housing Releases and Community Housing Referrals/Listings

(757) 686-4081

### Military Installations

[www.militaryinstallations.dod.mil](http://www.militaryinstallations.dod.mil)

### Per Diem, Travel & Transportation Allowance Committee

[www.defensetravel.dod.mil](http://www.defensetravel.dod.mil)

### Home Rentals/Sales: Albemarle Area Association of REALTORS

[www.ar-nc.com](http://www.ar-nc.com)

## EDUCATION:

### Elizabeth City-Pasquotank County Schools

[www.ecpps.k12.nc.us/pages/ECPPS](http://www.ecpps.k12.nc.us/pages/ECPPS)  
252.335.2981

### GreatSchools

[www.greatschools.net](http://www.greatschools.net)

### Military Child Education Coalition

[www.militarychild.org](http://www.militarychild.org)

### Home School Legal Defense Association

[www.hsllda.org](http://www.hsllda.org)

### North Carolina Division of Non-Public Education

[www.ncdnpe.org](http://www.ncdnpe.org)

## EMPLOYMENT:

### Coast Guard:

[www.uscg.mil/civilian/careeropps.asp](http://www.uscg.mil/civilian/careeropps.asp)  
[www.uscg.mil/alc/jobs.asp](http://www.uscg.mil/alc/jobs.asp)

### USAJOBS: [www.usajobs.gov](http://www.usajobs.gov)

### Employment Readiness Program

3rd Fl., Bldg. 4-2843  
910-396-2390

### Spouse Employment Assistance

[www.uscg.mil/worklife/spouse\\_employment.asp](http://www.uscg.mil/worklife/spouse_employment.asp)  
202-475-5158

### NCWorks Online: [www.ncworks.gov](http://www.ncworks.gov)

### North Carolina for Military Employment

[www.nc4me.org](http://www.nc4me.org)

## EMERGENCY:

### Red Cross Office: [www.redcross.org](http://www.redcross.org)

(910) 451-2182/5159  
(after hours 877-272-7337)

### Welcome to Coast Guard Mutual Assistance

[www.cgmahq.org](http://www.cgmahq.org) 800-881-2462

### Military One Source

[www.militaryonesource.mil](http://www.militaryonesource.mil)

### Family Preparedness

[www.ready.gov](http://www.ready.gov)

### The National Weather Service

[www.weather.gov](http://www.weather.gov)

### North Carolina Road Conditions

[www.ncdot.org/traffictravel](http://www.ncdot.org/traffictravel)

### NC Crime Control and Public Safety

[www.nccrimecontrol.org](http://www.nccrimecontrol.org)

## FAMILY RESOURCES:

### USCG Elizabeth City MWR

[www.uscg.mil/baseElizabethCity/mwr](http://www.uscg.mil/baseElizabethCity/mwr)  
ECITY-MWR@uscg.mil

### Department of Social Services

[www.co.pasquotank.nc.us/DSS](http://www.co.pasquotank.nc.us/DSS)  
Food Stamps, etc., 252-338-2126

### Women, Infants, and Children Program

[www.fns.usda.gov/wic](http://www.fns.usda.gov/wic) 800-367-2229

### Military Youth on the Move

[www.defenselink.mil/mtom](http://www.defenselink.mil/mtom)

### DStress Line: [www.dstressline.com](http://www.dstressline.com)

### Youth Program Center: 919-722-0502

### Albemarle Smart Start Partnership

[www.albemarlessp.org](http://www.albemarlessp.org) (252) 333-1233

### Tragedy Assistance Program: [www.taps.org](http://www.taps.org)

### National Military Family Association

[www.militaryfamily.org](http://www.militaryfamily.org)

### USCG Special Needs Program

[www.uscg.mil/worklife/special\\_needs.asp](http://www.uscg.mil/worklife/special_needs.asp)  
757-686-4023

## FACEBOOK:

### U. S. Coast Guard Base, Elizabeth City, N.C.

[www.facebook.com/BaseElizabethCity](http://www.facebook.com/BaseElizabethCity)

### U.S. Coast Guard Air Station Elizabeth City

[facebook.com/uscoastguardairstationecity/](http://facebook.com/uscoastguardairstationecity/)

### U.S. Coast Guard Mid-Atlantic

[facebook.com/USCGMidAtlantic](http://facebook.com/USCGMidAtlantic)

## GOVERNMENT:

### City and County Tax Information

[www.co.pasquotank.nc.us/Tax.htm](http://www.co.pasquotank.nc.us/Tax.htm)  
252-338-5169

### Department of Motor Vehicles

1164 US 17 South  
Elizabeth City, 27909  
252-331-4776

# FORT BRAGG

Learn more: [www.nc4vets.com/active-military/fortbragg](http://www.nc4vets.com/active-military/fortbragg)

With over 65,000 Servicemembers and civilian employees, Fort Bragg has the highest population of any U.S. Army installation. The base is home to the Army's Rapid Response Force, consisting of Special Operations and Airborne Soldiers.

On its 161,000 acres, Fort Bragg also houses the U.S. Army Airborne Forces, Joint Special Operations Command, Special Operations Command, Army Forces Command, and the Army Reserve Command.

## RELOCATION:

### Installation Transportation Office (ITO)

1st Floor, Bldg. 4-2843  
Inbound 910-396-2903/6790

### IHG Army Hotels on Fort Bragg

[www.ihg.com/armyhotels/hotels/us/en/reservation](http://www.ihg.com/armyhotels/hotels/us/en/reservation)  
910-396-7700

### Housing Referral Service Office

6th Floor, Bldg. 4-2843 910-396-1022

### Military Installations

[www.militaryinstallations.dod.mil](http://www.militaryinstallations.dod.mil)

### Per Diem, Travel & Transportation Allowance Committee

[www.defensetravel.dod.mil](http://www.defensetravel.dod.mil)

### Home Rentals/Sales:

Fayetteville Regional Association of REALTORS: [www.fayettevillencrealtors.com](http://www.fayettevillencrealtors.com)

Cumberland County Board of REALTORS  
[www.ccbor.com/](http://www.ccbor.com/)

## EDUCATION:

### Cumberland County Public Schools

[ccs.k12.nc.us](http://ccs.k12.nc.us) 910-678-2300

### Fort Bragg DoDea Schools

[www.dodea.edu/Americas/NC-FortBragg](http://www.dodea.edu/Americas/NC-FortBragg)  
910-907-0200

### About.com: Private Schools

[www.privateschool.about.com](http://www.privateschool.about.com)

### GreatSchools: [www.greatschools.net](http://www.greatschools.net)

### Military Child Education Coalition

[www.militarychild.org](http://www.militarychild.org)

### Home School Legal Defense Association

[www.hslda.org](http://www.hslda.org)

## EMPLOYMENT:

**Army:** [cpol.army.mil](http://cpol.army.mil)

**USAJOBS:** [www.usajobs.gov](http://www.usajobs.gov)

### Employment Readiness Program

3rd Fl., Bldg. 4-2843 910-396-2390

### Employment Security Commission

[www.ncesc.com](http://www.ncesc.com) (910) 347-2121

### NCWorks Online: [www.ncworks.gov](http://www.ncworks.gov)

### North Carolina for Military Employment

[www.nc4me.org](http://www.nc4me.org)

## EMERGENCY:

### Red Cross Office: [www.redcross.org](http://www.redcross.org)

(910) 451-2182/5159  
(after hours 877-272-7337)

### Army Emergency Relief

[www.aerhq.org/dnn563](http://www.aerhq.org/dnn563) 866-878-6378

### Military One Source

[www.militaryonesource.mil](http://www.militaryonesource.mil)

### Family Preparedness: [www.ready.gov](http://www.ready.gov)

### The National Weather Service

[www.weather.gov](http://www.weather.gov)

### North Carolina Road Conditions

[www.ncdot.org/traffictravel](http://www.ncdot.org/traffictravel)

### NC Dept of Insurance: [www.ncdoi.com](http://www.ncdoi.com)

### NC Crime Control and Public Safety

[www.nccrimecontrol.org](http://www.nccrimecontrol.org)

### Travel Warnings: [www.travel.state.gov](http://www.travel.state.gov)

## FAMILY RESOURCES:

### Army Community Service (ACS)

[www.fortbraggmwr.com/acs](http://www.fortbraggmwr.com/acs)

### Department of Social Services

[www.dss.co.cumberland.nc.us](http://www.dss.co.cumberland.nc.us)  
Food Stamps, etc., 910-323-1540

### Women, Infants, and Children Program

[www.fns.usda.gov/wic](http://www.fns.usda.gov/wic) 800-367-2229

### Military Youth on the Move

[www.defenselink.mil/mtom](http://www.defenselink.mil/mtom)

### DStress Line: [www.dstressline.com](http://www.dstressline.com)

### Child and Youth Program

[mccscherrypoint.com/programs/family-care/children-youth](http://mccscherrypoint.com/programs/family-care/children-youth)

### Partnership for Children of Cumberland

**County:** [ccpfc.org](http://ccpfc.org); (910) 867-9700

### Tragedy Assistance Program: [www.taps.org](http://www.taps.org)

### National Military Family Association

[www.militaryfamily.org](http://www.militaryfamily.org)

### New Parent Support Program

[www.mccslejeune-newriver.com/npsp](http://www.mccslejeune-newriver.com/npsp)

### Exceptional Family Member Program

[bragg.armymwr.com/us/bragg/programs/efmp](http://bragg.armymwr.com/us/bragg/programs/efmp)

### Counseling Options

[bragg.armymwr.com/us/bragg/programs/counseling-options](http://bragg.armymwr.com/us/bragg/programs/counseling-options)

## FACEBOOK PAGES:

**Fort Bragg:** [facebook.com/fortbraggnc](https://facebook.com/fortbraggnc)

### Bragg Training and Education Center:

[facebook.com/BraggTrainingAndEducationCenter](https://facebook.com/BraggTrainingAndEducationCenter)

### Fort Bragg Family and MWR:

[facebook.com/fortbraggmwr/](https://facebook.com/fortbraggmwr/)

### Ft. Bragg Housing Services Office:

[facebook.com/pages/Ft-Bragg-Housing-Services-Office/217629734944267](https://facebook.com/pages/Ft-Bragg-Housing-Services-Office/217629734944267)

### Fort Bragg Army Wellness Center:

[facebook.com/pages/Fort-Bragg-Army-Wellness-Center/212313675513024](https://facebook.com/pages/Fort-Bragg-Army-Wellness-Center/212313675513024)

### Fort Bragg Community Health Promotion:

[facebook.com/BraggCHP](https://facebook.com/BraggCHP)

### Fort Bragg VETCEN:

[facebook.com/ft.bragg.vetcen](https://facebook.com/ft.bragg.vetcen)

### Fort Bragg Wildlife Branch:

[facebook.com/fortbraggwildlife](https://facebook.com/fortbraggwildlife)

## GOVERNMENT:

### City and County Tax Information

[www.co.cumberland.nc.us/tax.aspx](http://www.co.cumberland.nc.us/tax.aspx)  
910-678-7507

### Department of Motor Vehicles

[www.ncdot.org/DMV](http://www.ncdot.org/DMV)  
910-678-7507



# SEYMOUR JOHNSON

Learn more: [www.nc4vets.com/active-military/seymourjohnson](http://www.nc4vets.com/active-military/seymourjohnson)

Seymour Johnson Air Force Base, with a population of approximately 6,000 Servicemembers and civilian employees, is home to the Air Combat Command's 4th Fighter Wing. With 2 training and 2 operational squadrons.

Seymour Johnson represents the entire U.S. Air Force training capability for the F-15E Strike Eagle. The 916th Air Refueling Wing is the preferred alternative for the first Reserve-led KC-46A Pegasus main operating base.

## RELOCATION:

### Travel Management Office

1280 Humphrey St  
919-722-5458

### Temporary Lodging – Southern Pines Inn

[www.sjfss.com/lodging/lodging.html](http://www.sjfss.com/lodging/lodging.html)  
919-722-0385

### Housing Management Office

1500 Vermont Garrison St, Bldg 3801  
919-722-0363

### Military Installations

[www.militaryinstallations.dod.mil](http://www.militaryinstallations.dod.mil)

### Per Diem, Travel & Transportation Allowance Committee

[www.defensetravel.dod.mil](http://www.defensetravel.dod.mil)

### Home Rentals/Sales:

Goldsboro Wayne County Association of REALTORS

[www.usaml.net/goldsboro](http://www.usaml.net/goldsboro)

## EDUCATION:

### Wayne County Public Schools

[www.waynecountyschools.org](http://www.waynecountyschools.org)  
919-731-5900

### Private Schools:

**Arendell Parrott Academy**, TK-12:

[www.parrottacademy.org](http://www.parrottacademy.org).

**Faith Christian Academy**, PK-12:

[www.fcagoldsboro.com](http://www.fcagoldsboro.com).

**Saint Mary School**, PK- 8:

[www.smsgoldsboro.org](http://www.smsgoldsboro.org).

**Wayne Christian School**, Daycare-12:

[www.waynechristian.org](http://www.waynechristian.org).

**Wayne Country Day School**, K-12:

[www.waynecountryday.com](http://www.waynecountryday.com)

### GreatSchools

[www.greatschools.net](http://www.greatschools.net)

### Military Child Education Coalition

[www.militarychild.org](http://www.militarychild.org)

### Home School Legal Defense Association

[www.hslda.org](http://www.hslda.org)

### North Carolina Division of Non-Public Education

[www.ncdnpe.org](http://www.ncdnpe.org)

## EMPLOYMENT:

**Air Force:** [afciviliancareers.com](http://afciviliancareers.com)

**USAJOBS:** [www.usajobs.gov](http://www.usajobs.gov)

### Employment Readiness Program

3rd Fl., Bldg. 4-2843  
910-396-2390

### Employment Security Commission

[www.ncesc.com](http://www.ncesc.com) (910) 347-2121

### NCWorks Online

[www.ncworks.gov](http://www.ncworks.gov)

### North Carolina for Military Employment

[www.nc4me.org](http://www.nc4me.org)

## EMERGENCY:

**Red Cross Office:** [www.redcross.org](http://www.redcross.org)

(910) 451-2182/5159

(after hours 877-272-7337)

### Air Force Aid Society

[www.afas.org/703-972-2650](http://www.afas.org/703-972-2650)

### Military One Source

[www.militaryonesource.mil](http://www.militaryonesource.mil)

### Family Preparedness

[www.ready.gov](http://www.ready.gov)

### The National Weather Service

[www.weather.gov](http://www.weather.gov)

### North Carolina Road Conditions

[www.ncdot.org/traffictravel](http://www.ncdot.org/traffictravel)

### NC Crime Control and Public Safety

[www.nccrimecontrol.org](http://www.nccrimecontrol.org)

## FAMILY RESOURCES:

### Airman & Family Readiness Center

919-722-1123

### Department of Social Services

[www.waynegov.com/domain/44](http://www.waynegov.com/domain/44)  
Food Stamps, etc., 919-580-4034

### Women, Infants, and Children Program

[www.fns.usda.gov/wic](http://www.fns.usda.gov/wic) 800-367-2229

### Military Youth on the Move

[www.defenselink.mil/mtom](http://www.defenselink.mil/mtom)

### DStress Line: [www.dstressline.com](http://www.dstressline.com)

### Youth Program Center: 919-722-0502

### Partnership for Children of Wayne County

[pfcw.org](http://pfcw.org) 919-735-3371

### Tragedy Assistance Program: [www.taps.org](http://www.taps.org)

### National Military Family Association

[www.militaryfamily.org](http://www.militaryfamily.org)

### Exceptional Family Member Program

919-722-1123

## FACEBOOK PAGES:

### Seymour Johnson AFB

[facebook.com/SeymourJohnsonAirForceBase](https://facebook.com/SeymourJohnsonAirForceBase)

### Seymour Johnson AFB Airman & Family

**Readiness Center:** [facebook.com/sjafrc](https://facebook.com/sjafrc)

### Seymour Johnson AFB Passenger Terminal

[facebook.com/seymourjohnsonpax](https://facebook.com/seymourjohnsonpax)

### Exceptional Family Members Program –

Seymour Johnson AFB: [facebook.com/sjefmp](https://facebook.com/sjefmp)

### Seymour Johnson AFB Military Family Housing

[facebook.com/seymourjohnsonhousing](https://facebook.com/seymourjohnsonhousing)

### Health Promotions Program-Seymour Johnson AFB

[facebook.com/Health-Promotions-Program-Seymour-Johnson-AFB-107513789304823](https://facebook.com/Health-Promotions-Program-Seymour-Johnson-AFB-107513789304823)

## GOVERNMENT

### City and County Tax Information

[www.waynegov.com/463/Tax](http://www.waynegov.com/463/Tax)  
919-731-1461

### Department of Motor Vehicles

701 West Grantham Street  
Goldsboro, 27530  
919-731-7963



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844.NC4.VETS

844.624.8387



[www.nc4vets.com](http://www.nc4vets.com)

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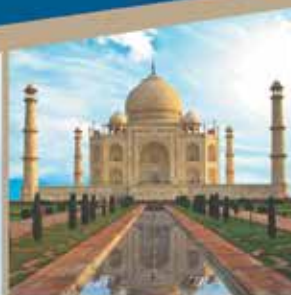


[www.stopsoldiersuicide.org](http://www.stopsoldiersuicide.org)





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### OUR MISSION

Operation Homefront provides emergency financial and other assistance to the families of our service members and wounded warriors.

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Grants to address unforeseen budget shortfalls for basic needs like rent, utilities, and food, with a focus on relieving financial crisis and putting military families on a path to long-term financial sustainability.

★ **FAMILY SUPPORT:**  
Programs designed to provide material and morale support that strengthens and uplifts military families.

★ **HOUSING:**  
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NCForeclosurePrevention.gov*



# MARINE FOR LIFE NETWORK

## ONCE A MARINE, ALWAYS A MARINE

Marine For Life Network connects transitioning Marines and their family members to education resources, employment opportunities, and other Veterans services that aid in their career and life goals outside of military service.



## Making Marines, Winning our Nation's Battles, Returning Quality Citizens

Through the development of robust networks of Marine For Life representatives, Veterans, employers, educators and mentors, Marine For Life Network provides continuity and assistance to those transitioning from active duty to ensure new Veterans successfully reintegrate and add value to our Nation's communities as they pursue their lifelong goals.

### We offer assistance in...



#### Education

We partner with educational resources to build a network of military friendly schools to increase Veteran's assistance in the admissions process and educational pursuits.



#### Employment

We manage a database of employment resources, job fairs, and hiring events, as well as partner with federal agencies, national Veterans Service Organizations and top tier companies.



#### Resources

We offer a collection of valuable, and relevant education, employment, Veteran, and community resources.



### Join Our Network!

Contact us or visit us online to learn how you can join the Marine For Life Network and help connect Marines with opportunities.

[m4flops@usmc.mil](mailto:m4flops@usmc.mil) | [866-645-8762](tel:866-645-8762) | [marineforlife.org](http://marineforlife.org) | [company/marine-for-life-network](https://www.linkedin.com/company/marine-for-life-network)



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